

Ask the Life Enrichment Department
for more information about our
weekly recreation groups!

April 2025

NHC HealthCare Kingsport



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>8:00 1:1 Visits 1</div> <div>10:30 Bingo & Fitness</div> <div>2:00 Therapeutic Arts</div> <div>2:30 Activity Cart South</div>	<div>8:00 1:1 Visits 2</div> <div>10:00 Devotional Packets</div> <div>10:30 Chaplain Visits</div> <div>11:00 Devotional Group</div> <div>2:00 Bingo & Fitness</div>	<div>8:00 1:1 Visits 3</div> <div>9:00 Beauty Shop Visits</div> <div>2:00 Word Puzzle Packets</div> <div>2:30 Activity Cart North</div>	<div>8:00 1:1 Visits 4</div> <div>10:00 Better Balance</div> <div>1:00 Manicures</div> <div>2:00 Lightening Charlie Music Performance</div>	<div>Cards, Board Games, Word Puzzles (Bistro Areas) 5</div> <div>Movies Available (Bistro Areas)</div>
<div>10am Devotion on TV- Channel 8 6</div> <div>Cards, Board Games, Word Puzzles (Bistro Areas)</div>	<div>8:00 1:1 Visits 7</div> <div>10:30 Chaplain Visits</div> <div>10:45 Wheelchair Fitness with Therapy</div> <div>1:30 Pet Therapy</div> <div>2:00 Mindfulness Monday</div>	<div>8:00 1:1 Visits 8</div> <div>10:30 Bingo & Fitness</div> <div>2:00 Karaoke Group</div> <div>2:30 Activity Cart West</div>	<div>8:00 1:1 Visits 9</div> <div>10:00 Devotional Packets</div> <div>10:00 Live Music- Pianist</div> <div>10:30 Chaplain Visits</div> <div>2:00 Bingo & Fitness</div>	<div>8:00 1:1 Visits 10</div> <div>9:00 Beauty Shop Visits</div> <div>2:00 Word Puzzle Packets</div> <div>2:30 Activity Cart East</div>	<div>8:00 1:1 Visits 11</div> <div>10:00 Better Balance</div> <div>1:00 Manicures</div> <div>2:00 Bingo & Fitness</div>	<div>Cards, Board Games, Word Puzzles (Bistro Areas) 12</div> <div>Movies Available (Bistro Areas)</div> <div>2:30 Tri-Cities Baptist Church Easter Visits</div>
<div>10am Devotion on TV- Channel 8 13</div> <div>Cards, Board Games, Word Puzzles (Bistro Areas)</div>	<div>8:00 1:1 Visits 14</div> <div>10:30 Chaplain Visits</div> <div>10:45 Wheelchair Fitness with Therapy</div> <div>1:30 Pet Therapy</div> <div>5:30 Monday Movie</div>	<div>8:00 1:1 Visits 15</div> <div>10:30 Bingo & Fitness</div> <div>2:00 Therapeutic Arts</div> <div>2:30 Activity Cart South</div>	<div>8:00 1:1 Visits 16</div> <div>10:00 Devotional Packets</div> <div>10:30 Chaplain Visits</div> <div>11:00 Devotional Group</div> <div>2:00 Bingo & Fitness</div>	<div>8:00 1:1 Visits 17</div> <div>9:00 Beauty Shop Visits</div> <div>2:00 Word Puzzle Packets</div> <div>2:30 Activity Cart North</div>	<div>8:00 1:1 Visits 18</div> <div>10:00 Better Balance</div> <div>1:00 Manicures</div> <div>2:00 Patient Easter Party</div>	<div>Cards, Board Games, Word Puzzles (Bistro Areas) 19</div> <div>Movies Available (Bistro Areas)</div>
<div>10am Devotion on TV- Channel 8 20</div> <div>Cards, Board Games, Word Puzzles (Bistro Areas)</div> <div>Happy Easter!</div>	<div>8:00 1:1 Visits 21</div> <div>10:30 Chaplain Visits</div> <div>10:45 Wheelchair Fitness with Therapy</div> <div>1:30 Pet Therapy</div> <div>2:00 Mindfulness Monday</div>	<div>8:00 1:1 Visits 22</div> <div>10:30 Bingo & Fitness</div> <div>2:00 Karaoke Group</div> <div>2:30 Activity Cart West</div>	<div>8:00 1:1 Visits 23</div> <div>10:00 Devotional Packets</div> <div>10:30 Chaplain Visits</div> <div>11:00 Devotional Group</div> <div>2:00 Bingo & Fitness</div>	<div>8:00 1:1 Visits 24</div> <div>9:00 Beauty Shop Visits</div> <div>2:00 Word Puzzle Packets</div> <div>2:30 Activity Cart East</div>	<div>8:00 1:1 Visits 25</div> <div>10:00 Better Balance</div> <div>1:00 Manicures</div> <div>2:00 Jessica Lequieu Music Performance</div>	<div>Cards, Board Games, Word Puzzles (Bistro Areas) 26</div> <div>Movies Available (Bistro Areas)</div>
<div>10am Devotion on TV- Channel 8 27</div> <div>Cards, Board Games, Word Puzzles (Bistro Areas)</div>	<div>8:00 1:1 Visits 28</div> <div>10:30 Chaplain Visits</div> <div>10:45 Wheelchair Fitness with Therapy</div> <div>1:30 Pet Therapy</div> <div>2:00 Mindfulness Monday</div> <div>5:30 Puzzle Me This</div>	<div>8:00 1:1 Visits 29</div> <div>10:15 Resident Council Meeting</div> <div>10:30 Bingo & Fitness</div> <div>2:00 Therapeutic Arts</div> <div>2:30 Activity Cart South</div>	<div>8:00 1:1 Visits 30</div> <div>10:00 Devotional Packets</div> <div>10:30 Chaplain Visits</div> <div>11:00 Devotional Group</div> <div>2:00 Bingo & Fitness</div>			