

ANNOUNCEMENTS & ADVERTISEMENT

JANUARY BIRTHDAY CELEBRANTS

Jan 01 Reynald Vital	An. 21 Shaina Mccray
Jan. 9 Iesha Gilchist	Jan. 25 Taurean Arthur
Jan. 10 Naquazha A. Hearn	Jan. 26 Kandace Watkins
Jan. 13 Neda Arnold	Jan. 28 Kathleen Greer
Jan. 15 Ronda West-moreland	Jan. 31 Vivashious Grover
Jan. 18 Mary Crawford	Jan. 31 Madison Morecraft
	Jan. 31 Holly Saucier

Welcome to
New NHC PARTNERS

Deidre Wright	12/11/24	Dietary
Jessica Pohar	12/11/24	Nursing - RN
Brittany Cole	12/11/24	Nursing CNA
Vanessa Mills	12/18	Nursing—CNA
Nikki Tisdale	12/31	Dietary
Jeffrey Hager	12/31	LPN
Renodia Leake	12/31	CNA
De’Asia Williams	12/31	CNA



Jan. 4	Lauren White
Jan. 7	Benjamin Childress
Jan. 10	Bianca Echeverria
Jan. 10	Nykeya Taylor
Jan. 10	Nayirah Vashon
Jan. 19	David Cathcart
Jan. 20	Margaret Boozer
Jan. 22	Yolanda Brockman
Jan. 22	Jennifer Gilstrap
Jan. 23	Lauren Divirgilio
Jan. 24	Erkah Williams
Jan. 26	Vivashious Grover
Jan. 28	Berthie Dorcelus
Jan. 29	Wendy Patrick
Jan. 31	Natalie Brockman



Invitation to All Creative and News Writers, Poem Writers, Trivia’s and Fun Facts Writers or any articles that you would like to contribute for NHC-Mauldin monthly newsletter. Please contact Life Enrichment Director or email an-nie.mead@nhccare.com



OPEN EVERY TUES-
DAYS AND
WEDNESDAYS AT
10:00AM

NHC
HEALTHCARE
MAULDIN

NEWSLETTER

THE GRAPEVINE NHC-MAULDIN

JANUARY, 2025

Santa Cheers the NHC –Mauldin Community

Christmas Season is the most celebrated, and favorite time of the year around the globe. The nostalgic spirit of Christmas music floats into the air of the corridors that brings joy and smiles to everyone.

Santa came to town and cheers the NHC Mauldin community. Residents enjoyed the festive month where Christmas trees were all decorated with twinkling lights and ornaments in sparkling colors of the season -red, green, white, gold and silvers were installed on all units.

The most anticipated event was with Santa Claus and the Elves who paraded the halls chanting the Christmas carols and the familiar sound of Santa ho ho ho inviting everyone to join the day event. The residents, families, staff and children have an exciting hour with Santa Gift giving and photo session.

The community has been favored by volunteers from various congregations who rendered special Christmas Music, caroling door to door. The Dancing Divas and the generous donors for the Santa gift giving have made the event more exciting and magical for our residents, staffs and children.



ADMINISTRATIVE TEAM

GIDEON SELLARS

Administrator

KAREN TROTTER

Assistant Administrator

CARRIE TURNQUIEST

Director of Nursing

LISA BOLLINGER

Business Office Manager

WALEED BERBER

Admission & Social Services

LAUREN DOBSON– WHITE

Rehabilitation Unit

DAVID CATHCART

Dietary

YOLANDA BROCKMAN

Health Information Management

ANNIE REBADULLA - MEAD

Life Enrichment Department

JOEY HANKS

Plant Operation

LAMEL PORTER

Laundry & Housekeeping



MESSAGES FROM RESIDENT'S COUNCIL



Leuann John Hopkinson
Vice-President

New Year 2025 for Great Improvement to all of us!

Learning from the past failures brings us to a "Bienvenue" each month and through out the year to grow together as family of this community and make this place a joyous home.

Give love to our neighbors as we treat them as our new family.

Greetings to all Residents!

Wishing you all the best for year 2025!! Inviting everyone to join us for all our community activities! Also,

we would like everyone to join Resident's Council Meetings every first Thursday of the month at 2:00pm in the Main Dining Hall.

Sincerely,



Pat Hammack Judy Sanders
Council Secretaries



Anne Webb-Pratt
President, Residents Council

Happy New Year to all Residents

I am proud to announce that we closed the year 2024 positively and with a lot of growth.

For the year 2025, may I invite you to come out from your comfort zone to attend activities and socialize with us at Unit 2 Sun Room and in other activities venues. I hope to see you there.

Have a blessed year!

EMPLOYEE OF THE MONTH

MARGARET BOOZER

Happy Retirement Margaret!

You earned it after long years to your dedicated services to NHC Health Care -Mauldin. You made our residents happy. The whole community and FNS Partners will miss you.

Thank you very much.

CONGRATULATIONS!

You are recognized as the Employee of the month.

Lauren spent a significant portion of her nursing career for 15 years working as a nurse in Chicago Illinois. In 2010, her family moved to SC and then transitioned to a role of a Nursing Instructor for 10 years in Greenville Technical School. She joined NHC in 2023 up to present. Now that she found her true purpose of life, serving and dedicating herself to the geriatric population direct care. Presently, she decided to return to her postgraduate school to further her degree to become a Nurse Practitioner.

Lauren, thank you for your compassionate heart, hard work and to your valuable contribution to the NHC Mauldin Nursing Team and to the community.

LAUREN DIVERGILIO



LOOKBACK December Activity Highlights

Local Vocal Group from Spartanburg



SOS Community Chorale



The Gracepoint Church Carolers



Vocal Matrix Chorus



The Dancing Divas



NHC-Mauldin Senior Chorale



Interlude...

Understanding other Culture

17 Asian Proverbs

- 1. Chinese: “ The best time to plant a tree was 20 years ago. The second best time is now.” (emphasizing the importance of taking action without delay.)
- 2. Japanese: “Fall seven times, stand up eight.” (Encouraging perseverance through adversity.)
- 3. Indian: “The tree does not bother about flowers that fall.” (Teaching detachment and letting go.)
- 4. Korean: “Even monkeys fall from trees.” (Acknowledging that everyone makes mistakes.)
- 5. Vietnamese: “Brothers and sisters are as close as hands and feet.” (Highlighting the bond of family)
- 6. Thai: “If you pick up one end of a stick, you also pickup the other” (Actions come with consequences.)
- 7. Persian: “A stone thrown at the right time is better than gold given at the wrong time.” (The importance of timing.)
- 8. Filipino: “He who does not look back at where he came from will never get to his destination.” (Valuing gratitude and humility)
- 9. Mongolian: “The first glass is for the guest, the second for enjoyment, the third for chaos.” (Moderation is key.)
- 10. Tibetan: “A hundred male and a hundred female qualities make a perfect human being (Balance and harmony create perfection.)

RECIPE OF THE MONTH

LOW COUNTRY CHOWDER

Ingredients

2T (1/4 stick) butter
1/2 onion, chopped
1 C sliced mushrooms
2 cloves garlic, minced
1 can milk or half-n-half
1 teaspoon hot sauce
1/4 teaspoon celery salt
1/4 teaspoon Old Bay seasoning salt
freshly ground black pepper to taste
12 bite-size pieces kielbasa or smoked sausage
4 red potatoes, cooked and cut into quarters
4 to 6 crab claws or equivalent meat from body or 1 can (8ounces) claw crabmeat (optional)
12 shrimp, cooked, peeled and deveined
corn kernels from 2 cooked ears and scrapings from cobs

PROCEDURES:

Mel butter in a soup pot over medium heat. Add onions, mushrooms, and garlic. Cook until onions are translucent. Add mushroom soup, milk seasonings (generally go heavier on pepper), sausage, and potatoes. Cook on medium-low until well blended and small bubbles appear. Reduce heat to low and cook for 10 minutes. Add crab (if using), shrimp, and corn. Cook for a few minutes, or until heated through. Remove promptly from heat and serve.

Makes 4 servings.

(Recipe credits to Michele Holloway, August Georgia)

Reference: The Old Farmer's Almanac.com
Boys Town2020)

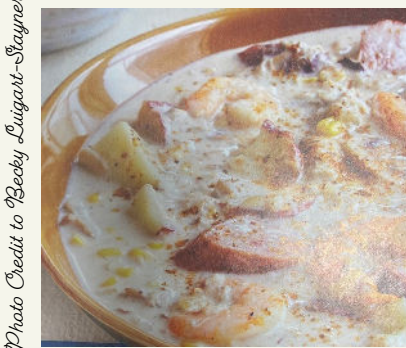


Photo Credit to Becky Eugant-Stayner

RESIDENT OF THE MONTH
MARILYN RUTLAND



Marilyn was born just outside of Gainesville, GA. She was the 3rd of 11 children. She began her career as an operator for Southern Bell in Atlanta. Shortly thereafter, she met George, her husband of 65 years. As the wife of an AirForce officer, Marilyn lived in many states - North Carolina, Arkansas, South Carolina, Texas, Maryland, Alabama, Illinois and finally settled in Tennessee where she and George lived for almost 40 years. When George was deployed to Vietnam for a one-year tour, she had the difficult task of raising their 6 children who ranged in age from a newborn to 12 years old. Marilyn is an accomplished artist who received numerous awards for her work. She loved art even as a child. She began pursuing art seriously while living in Alaska. Marilyn developed her own creative style of art using different forms of mediums including items such as canvas, fabric,



wood shingles, old furniture, gourds, magnolia leaves, bottles, reeds and clay. She continued making and selling her art and crafts until 5 years ago. She enjoys receiving visits and calls from her six children, 13 grandchildren and 25 great-grandchildren. Prior to arriving at NHC this past November, Marilyn was a resident



at The Palmettos for almost 3 years. An interesting fact is that, the room she now occupies at NHC was also occupied two years ago for a short time by her late husband, George. As a young child, Marilyn learned to recite the 23rd Psalm and has quoted this verse throughout her life.

Wednesday, January 8 | Live Entertainment Jim
2:00pm | Venue: U3 Dining Room

Thursday, January 9 | Memory Moments Club
11:00am Library

Thursday, January 16 | Wine & Dine
Theme: Western
Live Concert –Dandy Don Cowboy
at 11:00am | Venue: Main Dining Room

Monday, January 20 | Live Piano Concert | Performer: Brandon
2:30pm | Main Dining Room

Tuesday, January 21 | Live Entertainment | Performer: Rey Jackson
2:30pm | Main Dining Room



Celebrating Life Enrichment Department Month

January 19-25 was declared Life Enrichment Week in recognition of their contribution to the Health Care Industry. This year's Theme is "Shaping the Future".

For decades the department was always known as the Activities/Recreation but because of the culture change happening in all Senior communities, the name was transformed to Life Enrichment Department (LED) which is more relevant to what the department could offer abundantly to the well-being and quality of life of each residents that lives in any long term communities and rehab. As what Ms. Annie Mead, Life Enrichment Director would always says during her orientation to the new hires, that Life Enrichment Department gives a "Dose of Happiness" enriching their lives on a day to day activities depending on their interests and preferences of activities in physical, mental, emotional, social and spiritual. Life Enrichment is an integral part of the organizational structure that follows to the mandates of federal and state Regulations in senior care

F679 and F680.

The department brings happiness like luminous light as what LED bulbs does which was 18 times stronger than regular bulbs . The department goals and purpose is to have the Quality of Life & Purposeful Programming, Building Volunteer Programs, Family/Partners Pro-Support Groups, Voting & Mail Delivery, Fundraising for the Alzheimer's Association and other local charities and many random acts of kindness as quoted from the statement of Ms. Amy Reed during the Conference in October 2024. As what Ms. Reed stated that **Kindness can transform someone's dark moment with a blaze of light..**and that luminous light is the Life Enrichment Department that will transform their day from boredom to happiness. To see our residents active, having a good day interaction and a hug from the Coordinators and other staff will make a difference to each residents.

Life Enrichment Department - the torch bearer in Shaping the future. (amead)

It's MORE FUN here at NHC-Mauldin

