



Dear Families,

We hope this new year will bring you joy, prosperity, and countless memorable moments. As we embark on 2025, please remember to use caution if you are not feeling well and delay your visit until you are better. Thank you for helping us prevent illness and promote a healthy new year.

Special Events: Wine & Dine Theme: WESTERN with Live Entertainment "Dandy Don Cowboy" on Thursday, January 16, 2025, starts at 11:30am Venue: NHC-Mauldin Main Dining Hall

Special Announcements: Families are invited to join. Please see the Front Desk Office to sign-up for your meal for \$5.00. Thank you.

Special Thanks: I would like to thank the families, Partners, Life Enrichment Coordinators, The Administrator Mr. Gideon Sellars who made the December Holiday Month events a success!!



Day by Day Podcast

A new year brings fresh opportunities to set intentions and focus on wellness. To help you start the year strong, we're thrilled to introduce our new episode featuring Eric Colette, CEO of A Mind for All Seasons. In this episode, we dive into practical tips for improving brain health—a great way to prioritize yourself while continuing to provide exceptional care to those around you.

Check it out here: <https://nhccare.com/brain-health/>



Partner Shout-Outs

We would like to recognize our Maintenance and Life Enrichment partners. These individuals work hard at our center, and we appreciate their dedication to the environment and our patients! Please help us thank them this month when you visit.

