



Dear Families,

We hope this new year will bring you joy, prosperity, and countless memorable moments. As we embark on 2025, please remember to use caution if you are not feeling well and delay your visit until you are better. Thank you for helping us prevent illness and promote a healthy new year.

Special Events: New Year's resolutions 1/1/25, Bingo 1/8/25-1/15/25, 1/29/25 Manicures 1/10/25 Minis In Motion 1/28/25, Monthly Birthday party 1/24/25 All activities to start at 2pm with church services starting at 10:30am each Tuesday and Wednesdays.

Announcements for Families: Please come join in the New Years fun and games with your loved ones and if you find some extra time on your hands after the Holidays ask us about volunteering.

Special Thanks: Thanks to all the families, staff and help from the community for giving our residents a wonderful Christmas. Huge Thank you to the Brunswick Boat Group for adopting many of our residents this year.



Day by Day Podcast

A new year brings fresh opportunities to set intentions and focus on wellness. To help you start the year strong, we're thrilled to introduce our new episode featuring Eric Colette, CEO of A Mind for All Seasons. In this episode, we dive into practical tips for improving brain health—a great way to prioritize yourself while continuing to provide exceptional care to those around you.

Check it out here: <https://nhccare.com/brain-health/>



Partner Shout-Outs

We would like to recognize our Maintenance and Life Enrichment partners. These individuals work hard at our center, and we appreciate their dedication to the environment and our patients! Please help us thank them this month when you visit.

