



December 2024

NHC HealthCare Kingsport



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
8:00 1:1 Visits 1 10:00 10am Devotion on TV- Channel 8 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)	8:00 1:1 Visits 2 10:45 Wheelchair Fitness with Therapy 1:30 Pet Therapy 2:00 Mindfulness Monday	8:00 1:1 Visits 3 10:00 Chaplain Visits 10:30 Bingo & Fitness 2:00 Karaoke	8:00 1:1 Visits 4 10:45 Devotional Group 2:00 Bingo & Fitness	8:00 1:1 Visits 5 9:00 Beauty Shop Visits 10:00 Chaplain Visits 2:00 Word Puzzle Packets	8:00 1:1 Visits 6 10:00 Better Balance 1:00 Manicures	8:00 1:1 Visits 7 12:00 Cards, Board Games, Word Puzzles (Bistro Areas) 4:00 Movies Available (Bistro Areas)		
8:00 1:1 Visits 8 10:00 10am Devotion on TV- Channel 8 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)	8:00 1:1 Visits 9 10:45 Wheelchair Fitness with Therapy 1:30 Pet Therapy 2:00 Mindfulness Monday	8:00 1:1 Visits 10 10:00 Chaplain Visits 10:30 Bingo & Fitness 2:00 Therapeutic Arts	8:00 1:1 Visits 11 10:45 Devotional Group 2:00 Jessica Lequieu-Christmas Performance	8:00 1:1 Visits 12 9:00 Beauty Shop Visits 10:00 Chaplain Visits 2:00 Word Puzzle Packets	8:00 1:1 Visits 13 10:00 Better Balance 1:00 Manicures	8:00 1:1 Visits 14 10:15 Kids Christmas Caroling 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)		
8:00 1:1 Visits 15 10:00 10am Devotion on TV- Channel 8 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)	8:00 1:1 Visits 16 10:45 Wheelchair Fitness with Therapy 1:30 Pet Therapy 2:00 Mindfulness Monday	8:00 1:1 Visits 17 10:00 Chaplain Visits 10:30 Bingo & Fitness 2:00 Karaoke	8:00 1:1 Visits 18 10:45 Devotional Group 10:45 Resident Council Meeting 2:00 Bingo & Fitness	8:00 1:1 Visits 19 9:00 Beauty Shop Visits 10:00 Chaplain Visits 2:00 Word Puzzle Packets	8:00 1:1 Visits 20 10:00 Better Balance 1:00 Manicures 2:00 Patient Holiday Party	8:00 1:1 Visits 21 12:00 Cards, Board Games, Word Puzzles (Bistro Areas) 4:00 Movies Available (Bistro Areas)		
8:00 1:1 Visits 22 10:00 10am Devotion on TV- Channel 8 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)	8:00 1:1 Visits 23 10:45 Wheelchair Fitness with Therapy 1:30 Pet Therapy 2:00 Mindfulness Monday	8:00 1:1 Visits 24 10:00 Chaplain Visits 10:30 Bingo & Fitness 2:00 Therapeutic Arts	8:00 1:1 Visits 25 Merry Christmas! Happy Hanukkah!	8:00 1:1 Visits 26 9:00 Beauty Shop Visits 10:00 Chaplain Visits 2:00 Word Puzzle Packets	8:00 1:1 Visits 27 10:00 Better Balance 1:00 Manicures	8:00 1:1 Visits 28 12:00 Cards, Board Games, Word Puzzles (Bistro Areas) 4:00 Movies Available (Bistro Areas)		
8:00 1:1 Visits 29 10:00 10am Devotion on TV- Channel 8 12:00 Cards, Board Games, Word Puzzles (Bistro Areas)	8:00 1:1 Visits 30 10:45 Wheelchair Fitness with Therapy 1:30 Pet Therapy 2:00 Mindfulness Monday	8:00 1:1 Visits 31 10:00 Chaplain Visits 10:30 Bingo & Fitness 2:00 Karaoke						