

NOVEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:30 Exercise & Hydration 10:45 Timeless Trivia 2:00 Bingo for Prizes! 3:15 Little Women Movie & Fruit Pearls Snack	2 Independent Activities Available in the Activity Room, Carl Adams Day Area And Nettie Miles Nurses Desk
3 10:15 Church Service with Reverend Dr. Karla J. Cooper	4 10:30 Exercise & Hydration 10:45 Sentimental Reflections 2:00 November Quiz, Trivia, Coloring, Word Games 2:00 Gospel Music DVD's in the Activity Room 3:00 Healthy Snack & Music Social	5 10:00 Pet Day 10:30 Book Club 2:00 Double Card Bingo for Points! 3:15 National Doughnut Day & Music Social 3:30 CST Program	6 10:30 Church with VNA & Memorial Service 2:30 Thanksgiving Bingo for Points 3:30 Exercise & Hydration 3:45 National Healthy Eating Day- Fresh Veggies, Dip & Match Game	7 9:30 Manicures & Makeup 2:00 Making Jewelry with Mary Jo 3:00 National Peanut Butter Lovers' Month-Peanut Butter Filled Croissants & Card Sharks	8 10:30 Exercise & Hydration 10:45 Card Games 2:00 Bingo for Prizes! 3:15 Italian Meatballs & You've Got Mail Movie	9 10:30 Bingo with Kay!
10 1:00 Church Service with Stacy Rice	11 10:00 Veterans Day Social with Legacy Hospice 10:30 Exercise & Hydration 2:00 Puzzles 2:00 Gospel Music DVD's in the Activity Room 3:00 Healthy Snack & Music Social	12 10:30 Book Club 2:00 Double Card Bingo for Mystery Bag Prizes! 3:15 National Chicken Soup for the Soul Day & Music Social 3:30 CST Program	13 9:30 Manicures & Makeup 10:30 Gaithers & Doughnuts 2:00 Remember the Titans Movie & Movie Snacks	14 2:00 Shopping Spree-- Residents Spend their Points on Shopping	15 10:30 Exercise & Hydration 10:45 Morning News & Coffee 2:00 Bingo for Prizes! 3:15 Fall Ice Cream (Different Fall Flavors) & Addams Family Values Movie	16 10:30 Bingo with Kay!
17 1:00 Church Service with Stacy Rice	18 10:30 Exercise & Hydration 10:45 Color/Paint By Number 2:00 Resident Council 2:45 Gospel Music DVD's in the Activity Room 2:45 Healthy Snack & Board Games	19 10:30 Book Club 2:00 Double Card Bingo for Prizes! 3:15 Georgia Pecan Month (Pie) & Music Social 3:30 CST Program	20 10:30 Bible Study with Alex Palmer 2:00 Thanksgiving Social (Food, Music, Games) 3:00 Exercise & Hydration 3:15 A Charlie Brown Thanksgiving Movie	21 9:30 Manicures & Makeup 11:30 Dine In-Grecian Steak House 2:00 Left, Right, Center 3:00 White Castle Cheeseburgers & The Gold Rush Movie	22 10:30 Exercise & Hydration 10:45 Yahtzee 2:00 Bingo for Prizes! 3:15 Birthday Party-Celebrating All the November Birthday's	23 10:30 Bingo with Kay!
24 2:00 Church Service with First Christian Church	25 10:30 Exercise & Hydration 10:45 Deal or No Deal Game 2:00 Holiday Timeless Trivia 2:00 Gospel Music DVD's in the Activity Room 3:00 Healthy Snack & Music Social	26 10:30 Book Club 2:00 Double Card Bingo for Prizes! 3:15 Pizza Rolls & Music Social 3:30 CST Program	27 10:30 Bible Bingo 2:00 Crafts with VNA 3:00 Exercise & Hydration 3:15 Turkey & Cheese and Free Birds Movie	28 Happy Thanksgiving! Independent Activities Available in the Activity Room, Carl Adams Day Area & Nettie Miles Nurses Desk	29 2:00 Bingo for Prizes! 3:15 Cookies, Ice Cream & Music Social	30 Independent Activities Available in the Activity Room, Carl Adams Day Area And Nettie Miles Nurses Desk
	Exercise & Hydration Consists of Seated Exercises, Tai Chi, Dancing, Kickboxing, and Yoga	*Outdoor Activities Dependent On Weather* *Playing the Wii & Watching Movies in Activity Room Monday-Friday with Reservation*	*Calendars Are Subject to Change*	Independent Activity Supplies Available 24/7 in the Activity Room, Carl Adams Day Area & Nettie Miles Nurses Desk	Individualized Programming to fit the need of the residents.	<i>NHC Ice Cream Parlor Open 24 hours a day, 7 days a week 9AM-4PM</i>

Bootheel Commons November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30 Sing A Long 10:00 Horse Race Game 1:00 Card Games 2:00 Left, Right, Center Game & Fruit Pearls 3:15 Exercise & Hydration-Boxing	2 Independent Coloring & Puzzles
3 11:00 Church Service with Reverend Dr. Karla J. Cooper	4 9:45 November Quiz, Trivia, Coloring & Word Games 1:00 Card Games 2:00 Puzzles 3:00 Healthy Snack & Music Social	5 9:30 Pet Day 9:30 Manicures & Makeup 1:00 Card Games 2:00 Air Hockey, Music Reminiscing & National Doughnut Day 3:15 Therapeutic Circle	6 9:45 Gospel Music, Devotional & Prayer 10:30 Thanksgiving Bingo 1:00 Card Games 2:00 Horseshoes & National Healthy Eating Day-Fresh Veggies & Dip 3:30 Exercise & Hydration	7 9:30 Hair & Makeup 1:00 Card Games 2:00 Cornhole & National Peanut Butter Lovers' Month-Peanut Butter Filled Croissants 3:15 Therapeutic Circle	8 9:45 Hot Potato 10:30 Making Fall Jewelry 1:00 Card Games 2:00 Italian Meatballs & Timeless Trivia 3:15 Exercise & Hydration-Seated	9 Independent Coloring & Puzzles
10 1:45 Church Service with Stacy Rice	11 9:45 Veterans Day Social 1:00 Card Games 2:00 Sentimental Reflections 3:00 Healthy Snack & Music Social	12 9:30 Manicures & Makeup 1:00 Card Games 2:00 National Chicken Soup for the Soul Day & Thanksgiving Painting 3:15 Therapeutic Circle	13 9:45 Gospel Music, Devotional & Prayer 10:30 Color By Numbers 1:00 Card Games 2:00 You've Got Mail Movie & Movie Snacks	14 2:00 Shopping Spree	15 9:45 Feed the Pig 10:30 Memory Game 1:00 Card Games 2:00 Blackjack & Fall Ice Cream (Different Fall Flavors) 3:15 Exercise & Hydration-Dancing	16 Independent Coloring & Puzzles
17 1:45 Church Service with Stacy Rice	18 9:45 Board Games 1:00 Card Games 2:00 Roulette 3:00 Healthy Snack & Music Social	19 9:30 Manicures & Makeup 1:00 Card Games 2:00 Ladder Golf & Georgia Pecan Month (Pie) 3:15 Therapeutic Circle	20 9:45 Gospel Music, Devotional & Prayer 10:30 Bowling 1:00 Thanksgiving Social (Food, Music, Games) 2:00 A Charlie Brown Thanksgiving Movie 3:30 Exercise & Hydration	21 9:30 Hair & Makeup 1:00 Card Games 2:00 Singo & White Castle Cheeseburgers 3:15 Therapeutic Circle	22 9:45 Short Stories 10:30 Thanksgiving Craft 1:00 Card Games 2:00 Gold Rush Movie 3:15 Exercise & Hydration-Tai Chi 3:30 Birthday Party Celebrating All November Birthdays'	23 Independent Coloring & Puzzles
24 1:30 Church Service with First Christian Church	25 9:45 Music Reminiscing 20's-80's 1:00 Card Games 2:00 Matching Game 3:00 Healthy Snack & Bingo	26 9:30 Manicures & Makeup 1:00 Card Games 2:00 Memory Game & Pizza Rolls 3:15 Therapeutic Circle	27 9:45 Gospel Music, Devotional & Prayer 10:30 Timeless Trivia 1:00 Card Games 2:00 Sentimental Reflections Sing A Long, Turkey & Cheese Snack 3:30 Exercise & Hydration	28 Happy Thanksgiving! Independent Coloring & Puzzles	29 1:00 Card Games, Cookies & Ice Cream 2:00 Remember the Titans Movie	30 Independent Coloring & Puzzles
			Calendars Are Subject to Change	Independent Activity Supplies available 24/7 in Activity Room, Carl Adams Day Area (behind sofa) and on Bootheel Commons.	Individualized Programming to fit the need of the residents.	NHC Ice Cream Parlor Open 24 Hours A Day, 7 Days A Week