

Happy Valentines Day!

11:00 Church of Christ
In Room Communion
(on request)

In Room Bible Study
Packet (on request)

10:00 Exercise
10:30 Devotions

2:00 Billy Kitchen R &
R

3:00 Nooka Therapy
Dog

3:30 mail pass

10:00 Valentines Bingo

2:00 Card Sharks

3:30 mail pass

5:00 Movie and a meal

11:00 Church of Christ
In Room Communion
(on request)

In Room Bible Study
Packet (on request)

10:00 Exercise
10:30 Devotions

2:00 Craft with Sara

3:00 Nooka Therapy
Dog

3:30 mail pass

10:00 Exercise
10:30 Devotions

2:00 Mardi Gras King Cake/
Bead Roll

3:30 mail pass

5:00 Movie and a meal

Tulahoma Newspaper
10:00 Exercise
10:30 Devotions

1:30 Glam Nails

2:00 Send a friend a
card Day

3:30 mail pass

Tulahoma Newspaper
10:00 Exercise
10:30 Devotions

1:30 Valentines Party

3:30 mail pass

10:00 Singing Gospel
Pates

2:00 Resident Council
3:30 mail pass

5:00 Movie and a meal

10:00 Singing Gospel
Pates

1:30 Glamor Shots
Day!!

3:30 mail pass

5:00 Movie and a meal

National Wear Red Day

10:00 Well Grounded
Facts & Cup Game

1:00-3:00 Come thrift
with us!

3:30 mail pass

10:00 Exercise
10:30 Devotions

1:30 Crafts with Patty

3:30 mail pass

10:00 Exercise
10:30 Devotions

2:00 Crafts with
Debbie

3:30 mail pass

2:00 Bingo with
Anthony

3:30 mail pass

2:00 Games with
Shannon

3:30 mail pass

2:00 Bingo with
Anthony

3:30 mail pass

11:00 Church of Christ In Room Communion (on request)	10:00 Exercise 10:30 Devotions 2:00 President Fun Facts and Trivia	10:00 Exercise 10:30 Devotions 1:30 Glam Nails 3:30 mail pass	Tullahoma Newspaper 10:00 Exercise 10:30 Devotions 2:00 Birthday Bash	10:00 Singing Gospel Pates 2:00 Penny Toss	10:00 Exercise 10:30 Devotions 1:30 Movie and Popcorn	2:00 Bingo with Debbie
In Room Bible Study Packet (on request)	3:00 Nooka Therapy Dog 3:30 mail pass	5:00 Movie and a meal	3:30 mail pass	3:30 mail pass 5:00 Movie and a meal	3:30 mail pass	3:30 mail pass
11:00 Church of Christ In Room Communion (on request)	10:00 Exercise 10:30 Devotions 2:00 Wheel of Fortune	10:00 Exercise 10:30 Devotions 2:00 Bingo	Tullahoma Newspaper 10:00 Exercise 10:30 Devotions 2:00 Family Feud	10:00 Singing Gospel Pates 2:00 Dice Game		
In Room Bible Study Packet (on request)	3:00 Nooka Therapy Dog 3:30 mail pass	3:30 mail pass 5:00 Movie and a meal	3:30 mail pass	3:30 mail pass 5:00 Movie and a meal		

NHC Tullahoma 1321 Cedar Ln Tullahoma, TN 37388

SUBJECT TO CHANGE!!

Activities Director – Marie Stermin

Activities Assistants – Shannon & Debbie