



JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EB East Bistro IR In Room NB North Bistro SB South Bistro SNC South/North Courtyard WB West Bistro	10:30 Mindfulness Monday (SB) 2:30 Therapeutic Art (SB)	1 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:00 Puzzles & Music (SB)	2 9:30 Beauty Shop Visits (SB) 10:15 Safe Transfer/Balance Group (IR) 11:15 Devotional Group (SB)	3 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:30 Pet Therapy (IR)	4 9:30 Manicures (IR) 10:00 Better Balance (WB) 1:00 Manicures (IR) 2:00 Music Performance-Lightening Charlie (WB)	5 2:30 Movie Matinee (EB)
10:00 Cards, Board Games, Word Puzzles (SB) 10:00 Devotion on TV- Channel 8 (IR)	7 10:30 Mindfulness Monday (SB) 2:30 Therapeutic Art (SB)	8 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:00 Puzzles & Music (SB)	9 9:30 Beauty Shop Visits (SB) 10:15 Safe Transfer/Balance Group (IR) 11:15 Devotional Group (SB) 2:00 Word Puzzle Wednesday (SB)	10 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:30 Pet Therapy (IR)	11 9:30 Manicures (IR) 10:00 Better Balance (WB) 1:00 Manicures (IR)	12 2:30 Movie Matinee (EB)
10:00 Cards, Board Games, Word Puzzles (SB) 10:00 Devotion on TV- Channel 8 (IR)	14 10:30 Mindfulness Monday (SB) 2:30 Therapeutic Art (SB)	15 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:00 Puzzles & Music (SB)	16 9:30 Beauty Shop Visits (SB) 10:15 Safe Transfer/Balance Group (IR) 11:15 Devotional Group (SB) 2:00 Word Puzzle Wednesday (SB)	17 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:30 Pet Therapy (IR)	18 9:30 Manicures (IR) 10:00 Better Balance (WB) 1:00 Manicures (IR)	19 2:30 Movie Matinee (EB)
10:00 Cards, Board Games, Word Puzzles (SB) 10:00 Devotion on TV- Channel 8 (IR)	21 10:30 Mindfulness Monday (SB) 2:30 Therapeutic Art (SB)	22 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:00 Puzzles & Music (SB)	23 9:30 Beauty Shop Visits (SB) 10:15 Safe Transfer/Balance Group (IR) 11:15 Devotional Group (SB) 2:00 Word Puzzle Wednesday (SB)	24 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 11:15 Resident Council Meeting (SB) 2:30 Pet Therapy (IR)	25 9:30 Manicures (IR) 10:00 Better Balance (WB) 1:00 Manicures (IR) 2:00 Music Performance-Jessica Lequieu (WB)	26 10:30 Bingo & Fitness (SB) 2:30 Movie Matinee (EB)
10:00 Cards, Board Games, Word Puzzles (SB) 10:00 Devotion on TV- Channel 8 (IR)	28 10:30 Mindfulness Monday (SB) 2:30 Therapeutic Art (SB)	29 10:30 Bingo & Fitness (SB) 11:00 Chaplain Visits (IR) 2:00 Puzzles & Music (SB)	30 9:30 Beauty Shop Visits (SB) 10:15 Safe Transfer/Balance Group (IR) 11:15 Devotional Group (SB) 2:00 Word Puzzle Wednesday (SB)	31		