



DR. CARTER

DR. HESTER

Meet
**DR. FRANK
 CARTER**
 at AdamsPlace!

I AM THANKFUL FOR MANY THINGS, starting with my parents' love and support and the educational opportunities they provided me. Indian Springs High School, a few miles south of my hometown of Birmingham, Alabama, nurtured a love of learning and reflection, inspired by an iconic director, Dr. Louis "Doc" Armstrong. My luck was multiplied many times when I married his daughter, Kay, who remains my best friend and an active volunteer in the community. She has blessed me with two wonderful daughters, Chris and Jenny, and they with five delightful grandchildren.

Kay and I grew fond of the Middle Tennessee area during our years at Vanderbilt and Peabody and Vanderbilt Medical School. We made a two year foray "up north" to Cleveland, Ohio, then returned to Nashville and Vanderbilt for my last two years of internal medicine residency. Kay worked in the Nashville school system and with terminally ill children at University Hospitals of Cleveland and with juvenile offenders at the old Central State Hospital.

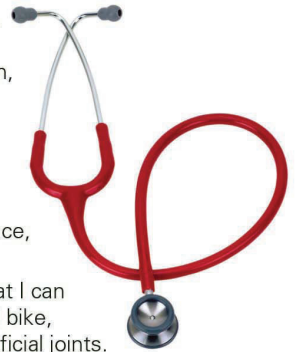
During the next two years at Fort Campbell, Kentucky, I survived a serious automobile accident, and we had our first child. In 1976 we made our final move to Murfreesboro and immediately felt at home. While most of my medical school classmates chose specialties, I was drawn to primary care and

trying to treat the "whole person," with the help of specialists when needed. During 32 years at the Murfreesboro Medical Clinic, I enjoyed especially the long-term relationships with my patients, colleagues, and co-workers.

In 2008, when I could no longer handle a full practice but was not ready to retire completely, Dr. George Hester gave me the opportunity to succeed him as Medical Director at AdamsPlace. There I can work and empathize with people who are just slightly ahead of me in the aging process.

It was my privilege to know Dr. Carl Adams, who co-founded the Murfreesboro Medical Clinic and founded National Health Corporation, and Dr. S.C. Garrison, who co-founded the Medical Clinic with Dr. Adams and started the ambulance service and the coronary care unit. I can see the enduring legacy of these two men at the Medical Clinic and at AdamsPlace in their commitments to excellence, compassion, and teamwork.

Finally, I am grateful for good friends and that I can still play doubles tennis and pseudo swim and bike, thanks to the medical community and two artificial joints.



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 **AdamsPlace Retirement Living**

