Assistant Admin. Todd Anderson

Payroll/ Bookkeeping Marisa Santacruz

HIM Director Eve Corn

Dietary Director Michelle Rainey

Dietician Maddi Underwood

Director of Rec & Wellness P. Lydia Lee

Director of Nursing Heather Franz

Asst. DON Cheryl Brocious

Director of Social Services Brittney Johnson

Therapy Director Paul Eaton

Nurse Practitioner Lisa Pemberton

Housekeeping/ Laundry Barb Price Maintenance John Durbin

PHONE: 636-227-5070

### NHC Town & Country Needs You!

#### **5 Reasons Why You Should Volunteer**

- 1. Volunteers live longer and are healthier.
- **2.** Volunteering establishes strong relationships.
- 3. Volunteering is good for your career.
- **4**. Volunteering is good for society.
- **5.** Volunteering gives you a sense of purpose.

If you or someone you know are looking for a way to create meaningful memories and moments with sweet senior adults, please give me a call I'd love to chat with you ©

Lydia Lee ~ Recreation & Wellness Director

### March Birthdays

In astrology, those born between March 1–20 are the Fish of Pisces. Fish feel things deeply. These intuitive, creative, and intelligent people have strong feelings of right and wrong. Those born between March 21–31 are the Rams of Aries. As the first sign of the zodiac, Aries are bold, courageous, passionate, and somewhat impulsive. Rams dive headfirst into even the most challenging situations.

Davis, Sherry 3/12
Brantley, Lakisha 3/02
Calloway, Marsha 3/18
Kimani, Anne M. 3/05
Richards, Jazmine 3/24
Williams, Stephanie 3/24
Wyms, Tiffany 3/06
Peals, Deborah 03/30
Berry, David 3/18
Largo, Gaudiosa 3/07
Harper, Diane 03/25
Brocious, Cheryl 03/05

### Partner Anniversaries

Jabaar, Ismail 3/29/06 Helm, Jeremy 3/07/2019 Hutson, Paula 3/27/2019 Kuria, Allan 3/06/2019 Barge, Royalty J. 3/03/2008 McKinney, Mary 3/13/2019 Miller, Shenoroyalty 3/11/2008 Bertagnolli, Angela 3/20/2019



# NHCT&C

SAVE THE DATE SATURDAY APRIL 4<sup>th</sup>

March 2020



Irish American Heritage Month

Women's History Month

World Compliment Day March 1

International Women's Day March 8

St. Patrick's

Day

March 17

Tuskegee Airmen Day March 22



### Are you feeling lucky?

- 1. Each leaf of a four-leaf clover has a specific meaning faith, hope, love and luck.
- 2. A person who finds one will meet a future lover on the same day.
- 3. The clover brings good luck and protects against evil.
- 4. Anyone wearing a clover will be able to see fairies if they are around.
- 5. If you pass your clover on to someone else, your luck will double.

Notable

Quotable

"Discovering the

truth about

ourselves is a

lifetime's work,

but it's worth

the effort."

~ Fred Rogers,

children's television host

## Happy Birthday Grace Maskell 3/01

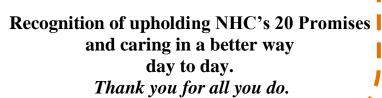
Grace Maskell 3/01 Wendell Craig 3/04 Cynthia Jenkins 3/11 Margaret Paglusch 3/16 Russell Schulte 3/20

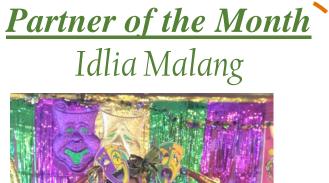




























#### Notable Quotable

"A woman is like a teabag—you can't tell how strong she is until you put her in hot water."

~ Eleanor Roosevelt, former first lady