



This Month's News



Dear Families:

It is hard to believe July is already here and summer is really starting to heat up. We hope you are keeping cool and incorporating some fun into your days. Here's some of the latest news from NHC!

Independence Day- July 4th

Happy Independence Day from all of us at NHC! We are blessed to live in a country with freedom. We hope each of you had a safe and wonderful 4th!



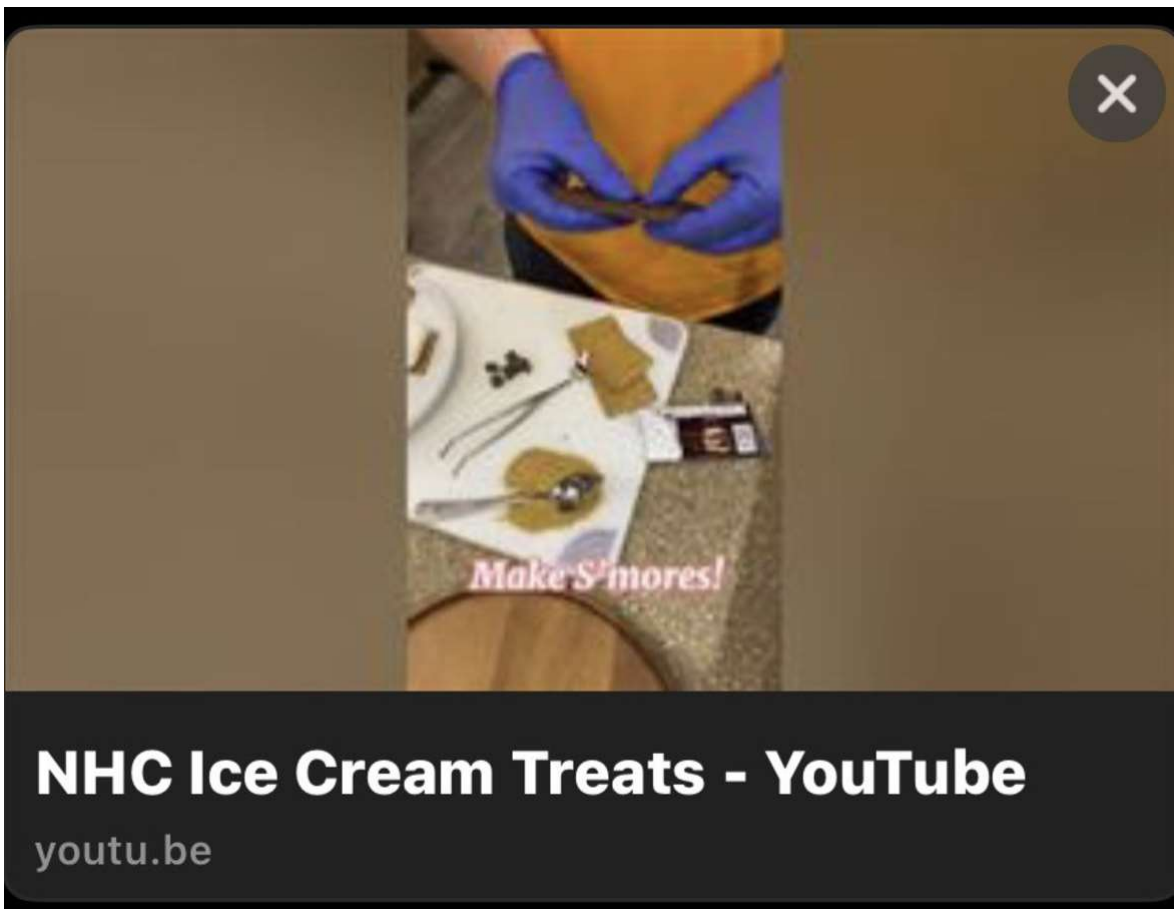
NHC'S 52nd Anniversary- July 23rd

NHC is proud to have served our patients and residents for 52 years this year. We thank you for the opportunity to provide continuous care and for entrusting us with your loved ones. It is truly a privilege to care for our patients.



National Ice Cream Month

Beat the summer heat with a sweet, COLD treat. What better way to celebrate National Ice Cream Month than grabbing a cup, or cone, of your favorite flavor? Check out one of NHC's extremely talented chefs, Chef Alan, as he gives us a delicious recipe for S'Mores Ice Cream Cake [HERE](#).



Thank you,
Zach Hilbers
Administrator, The Meadows

The Meadows
8044 Coley Davis Road
Nashville, TN 37221
615.646.4466

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.
Llame al 615.646.4466 (TTY: 7-1-1). (Spanish)

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis.
Ligue para 615.646.4466 (TTY:7-1-1). (Portugese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 615.646.4466 (TTY: 7-1-1)。(Chinese)

Share this email:



Manage your preferences | **Opt out** using **TrueRemove™**

Got this as a forward? **Sign up** to receive our future emails.

View this email **online**.

100 E Vine St
Murfreesboro, TN | 37130 US

This email was sent to dayne.londre@nhccare.com.
To continue receiving our emails, add us to your address book.

