

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



Springfield Rehab & Healthcare Center

										1 2:00 Bingo			
										1 <small>New Year's Day</small>			
Independent Activities Cart (Day Room) <b>4:00 Devotion's w/ Sunset Church of Christ</b>	2	10:00 Juice & Daily Chronicles 11:00 Tai Chi 2:30 Nickel Jackpot	3	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Popcorn & Soda Social	4	<b>10:00 Lamberts Lunch Outing</b> 2:30 Stronger Longer 3:00 Ice Cream Social	5	<b>10:00 Pet Therapy w/ Haven Healthcare</b> 11:00 Cranium Crunches 12:30 Fancy Nails/C-Hall	6	9:30 Therapeutic Circle 10:00 Coffee & Coloring 11:00 Chair Yoga 2:00 Happy Hour	7	10:00 Bingo  1:30 Movie Matinee	8
Independent Activities Cart (Day Room) <b>4:00 Devotion's w/ Sunset Church of Christ</b>	9	10:00 Juice & Daily Chronicles 11:00 Tai Chi <b>2:00 Music w/ Squeeze Play</b>	10	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Craft-Snowman Charm Bracelet	11	10:00 Stronger Longer <b>11:30 Pizza &amp; Ice Cream Party</b> <b>1:45 Communion w/ Seasons Hospice</b>	12	10:00 Hot Tea & Snacks 11:00 Who/What Am I? 12:30 Fancy Nails/D-Hall	13	9:30 Therapeutic Circle 10:00 Coffee & Trivia 11:00 Chair Yoga 2:00 Dice Race	14	10:00 Bingo  1:30 Movie Matinee	15
<b>10:00 Church</b> <b>w/ Pastor Eutsler</b> Independent Activities Cart (Day Room) <b>4:00 Devotion's w/ Sunset Church of</b>	16	10:00 Juice & Daily Chronicles 11:00 Tai Chi 2:30 Rob the Table	17	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining <b>2:30 Karaoke w/ Chaplain James &amp; Phoenix</b>	18	10:00 Stronger Longer 11:00 Craft-Love Never Melts 2:30 Ice Cream Social	19	<b>10:00 Pet Therapy w/ Haven Healthcare</b> 11:00 Which Happened Last? 12:30 Fancy Nails/Rehab	20	9:30 Therapeutic Circle 10:00 Coffee & Puzzles 11:00 Chair Yoga 2:00 Happy Hour	21	10:00 Bingo  1:30 Movie Matinee	22
<b>10:00 Church</b> <b>w/ Pastor Eutsler</b> Independent Activities Cart (Day Room) <b>4:00 Devotion's w/ Sunset Church of Christ</b>	23	10:00 Juice & Daily Chronicles 11:00 Tai Chi <b>2:30 Snowball Fight &amp; Floats w/ Good Shepherd</b>	24	9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining <b>2:30 Birthday Party w/ Haven Healthcare</b>	25	9:30 Therapeutic Circle 10:00 Stronger Longer 2:30 Ice Cream Social <b>Wal-Mart Shopping Cut Off</b>	26	10:00 Making Fruit Pudding Salad 11:00 A Different Kind of Puzzle 12:30 Fancy Nails/B-hall	27	<b>10:00 Resident Council/Coffee &amp; Donuts</b> 11:00 Chair Yoga 2:00 Painting & Wine	28	10:00 Bingo  1:30 Movie Matinee	29
Independent Activities Cart (Day Room)	30	10:00 Juice & Daily Chronicles 11:00 Tai Chi <b>2:30 Bocchia Ball w/ Good Shepherd</b>	31										

All Activities Are Subject to Change.