

# November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>9:30 Puzzle Club 10:30 Exercise 10:45 Round Up 1:30 Roll it– Play it 2:30 joy Partners</p>	<p>2</p> <p>9:30 Independent brain teasers 10:00 Snack Social (cookies) 10:15 Book Club 1:30 Bingo 2:45 1:1's</p>	<p>3 <b>Stress Awareness Day</b></p> <p>9:30 Puzzle Club 10:30 Stress Relief Chair Chi 10:45 Ways to cope with stress 1:30 Spa Manicures 2:30 Snack Social</p>	<p>4</p> <p>9:30 Puzzle Club 10:30 Snack Social <b>Patient Shopping</b> Independent supplies available</p>	<p>5 <b>National Donut Day</b></p> <p>9:30 Prize Bingo! 10:45 Donut Social 1:30 Brain Teasers 2:45 1:1 Programs</p>	<p>6</p> <p>Independent Supplies Available</p>
<p>7</p> <p>3:30 Church Service</p>	<p>8</p> <p>9:30 Puzzle Club 10:30 Bingo 1:30 <b>Edible Crafts</b> 2:30 Snack Social 2:45 Joy Partners</p>	<p>9</p> <p>9:30 Riddle Me This 10:00 Movement to Music 10:15 Book Club 1:30 Bingo 2:45 1:1's</p>	<p>10 <b>National Vanilla Cupcake Day</b></p> <p>9:30 Puzzle Club 10:30 Church Service 1:30 Cook's Corner Chili 2:30 Snack Social (Vanilla Cupcakes)</p>	<p>11 <b>Veteran's Day</b></p> <p>9:30 Spa Manicures (Independent Supplies) 1:30 <b>Veteran's Day Celebration</b> (Patriotic Sundae desserts) 2:45 1:1 programs</p>	<p>12</p> <p>10:00 Exercise 10:15 Trivia 10:45 Staying Hydrated 1:30 Prize Bingo! 2:30 Ice Cream Social</p>	<p>13</p> <p>Happy Saturday!</p>
<p>14</p> <p>3:30 church Service</p>	<p>15</p> <p>9:30 Puzzle Club 10:30 Exercise 10:45 Bean Bag Toss 2:00 Resident Council 2:45 Joy Partners 2:45 1:1 Programs</p>	<p>16</p> <p>9:30 Board Games 10:00 Cheese and Crackers 10:15 Book Club 1:30 Bingo</p>	<p>17</p> <p>9:30 Puzzle Club 10:30 Church Service 1:30 Movie Mania! Popcorn Social</p>	<p>18</p> <p>9:30 Spa Manicures <b>Patient Shopping</b> Independent supplies available 2:45 1:1 Programs</p>	<p>19</p> <p>10:00 Exercise 10:15 Morning News 10:45 Staying Hydrated 1:30 Prize Bingo! 2:30 Ice Cream Social</p>	<p>20</p> <p>10:30 Bingo!</p>
<p>21</p> <p>3:30 church Service</p>	<p>22</p> <p>9:30 Puzzle Club 10:30 Bingo 1:30 Spa Manicures 2:45 Ice Cream Social 3:00 Joy Partners</p>	<p>23</p> <p>9:30 Riddle Me This 10:30 Exercise 10:15 Book Club 1:30 Bingo</p>	<p>24</p> <p>9:30 Puzzle Club 10:30 Church Service 1:30 Movie Mania! Popcorn Social</p>	<p>25 <b>Thanksgiving Day</b></p> <p><b>AM:</b> Snacks and holiday puzzles Available <b>PM:</b> Charlie Brown Thanksgiving Special</p>	<p>26</p> <p>10:00 Classic T.V. Show <b>PM:</b> Resident runs Bingo! 6:30 movie</p>	<p>27</p> <p>Happy Saturday!</p>
<p>28</p> <p>3:30 church Service</p>	<p>29</p> <p>9:30 Puzzle Club 10:30 Exercise 10:45 Horseshoes 2:00 Jackpot 2:45 Snack Social</p>	<p>30</p> <p>9:30 Board Games 10:00 Cheese and Crackers 10:15 Book Club 1:30 Bingo</p>				
			<p><b>*Calendars are Subject to change*</b></p>	<p><i>Independent Activity Supplies available 24/7 in Activity Room.</i></p>	<p>Individualized Programming to fit the need of the residents.</p>	<p><i>NHC Ice Cream Parlor</i> <i>Open</i> <i>Monday-Friday</i> <i>9AM-4PM</i></p>

# Bootheel Commons November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 Exercise 9:45 Therapeutic Circle 11:00 Independent Supplies 1:30 Joy Partners 2:30 Independent Supplies 3:30 Snack Social Balloon Toss	2 9:30 CST Program 10:00 Pretty Hair 1:30 Classic TV shows 2:345 1:1's 3:30 Conversation Cards	3 <b>Stress Awareness Day</b> 9:30 Therapeutic Circle 10:30 Church Service 1:30 Independent Supplies 2:30 Snack Social 3:30 Bingo!	4 9:30 Spa Manicures Classic TV shows <b>Patient Shopping</b> Independent supplies available	5 <b>National Donut Day</b> 9:30 Donut Social Therapeutic Circle 10:30 Balloon Toss 1:30 Independent supplies 1:1 Programs 3:30 Ice cream social	6  Ice Cream Social
7 3:00 Church Service	8 9:30 Therapeutic Circle 10:15 Ring Toss 1:30 <b>Independent Supplies</b> 2:30 Crafts and a Snack 2:45 Joy Partners	9 9:30 CST Program 10:00 Pretty Hair 1:30 Independent Supplies 2:45 1:1's	10 <b>National Vanilla Cupcake Day</b> 9:30 Therapeutic Circle 10:15 Church Service 1:30 Independent supplies 2:30 Balloon Toss Snack Social (Vanilla Cupcakes)	11 <b>Veteran's Day</b> 9:30 Spa Manicures CST Program 1:30 <b>Veteran's Day Celebration</b> <b>(Patriotic Sundae desserts)</b> 2:45 1:1 programs	12 9:30 Therapeutic Circle 10:15 Exercise 10:45 Staying Hydrated 1:30 Independent Supplies 3:30 Prize Bingo! Snack Social	13  Happy Saturday!
14 3:00 church Service	15 9:30 Exercise 9:45 Therapeutic Circle 1:30 Joy Partners 3:30 Ring Toss 1:1 programs 5:30 Snack Social	16 9:30 CST Program 9:45 Sing Along 10:15 Pretty Hair 1:30 Independent Supplies 3:30 Feed the Pig	17 9:30 Therapeutic Circle 10:15 Church Service 1:30 Independent supplies 3:30 Horseshoes Snack Social	18 9:30 Spa Manicures <b>Patient Shopping</b> Independent supplies available 2:45 1:1 Programs	19 10:00 Exercise 10:15 Therapeutic Circle 11:00 Independent supplies 1:30 Drawing Time 3:30 Bingo! 5:30 Ice Cream Social	20  10:30 Bingo!
21 3:00 church Service	22 9:30 Exercise 9:45 Therapeutic Circle 11:00 Independent Supplies 1:30 Joy Partners 3:30 Balloon Toss 2:45 1:1 Programs 5:30 Snack Social	23 9:30 CST Program 10:00 Pretty Hair 1:30 Independent Supplies 2:30 Westerns 3:30 Bingo	24 9:30 Therapeutic Circle 10:15 Church Service 1:30 Independent supplies 3:30 Bean Bag Toss Snack Social 2:45 1:1 Programs	25 <b>Thanksgiving Day</b> <b>AM:</b> Snacks and holiday puzzles Available <b>PM:</b> Charlie Brown Thanksgiving Special	26 10:00 Classic T.V. Show <b>PM:</b> Resident runs Bingo! 6:30 movie	27  Happy Saturday!
28 3:00 church Service	29 9:30 Exercise 9:45 Therapeutic Circle 1:30 Joy Partners 3:30 Conversation Cards 1:1 programs 5:30 Snack Social	30 9:30 CST Program 10:00 Pretty Hair 1:30 Independent Supplies 2:45 1:1' Program 3:30 Drawing Time				
			<b>*Calendars are Subject to change*</b>	<b>Independent Activity Supplies available 24/7 in Activity Room.</b>	Individualized Programming to fit the need of the residents.	<b>NHC Ice Cream Parlor</b> <b>Open</b> <b>Monday-Friday</b> <b>9AM-4PM</b>

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