A painting of a coastal scene. In the foreground, a rocky cliffside is covered with green vegetation. A row of houses with gabled roofs sits atop the cliff. The ocean is visible in the background, with waves breaking against the shore. The sky is a clear, light blue.

By all these lovely tokens
September days are here,
With summer's best of
weather
And autumn's best of cheer.

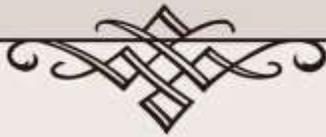
-Helen Hunt Jackson

National Joke Day 8/16

Resident Carolyn led us with her favorite set of jokes.
Laughter is the best medicine
so enjoy a few jokes today!



"The body heals with play,
the mind heals with laughter
and the spirit heals with joy."
Proverb




Instead of the John I call my bathroom the Jim!
That way it sounds better when I say I go to the Jim first thing every morning!!!

How does NASA organize a party?
They planet.



Parade

What does a nut say when it sneezes?
🤪 Cashew.

WHAT DO YOU CALL A PIG THAT DOES KARATE?
A pork chop.

To do list-

- 1- Go to pet store.
- 2- Buy bird seeds.
- 3- Ask how long it will take for the bird to grow.
- 4- wait for the reaction.



I got a new job last week as the top dog at Old MacDonald's farm.
I'm the new C-I-E-I-O.



Parade

National Watermelon Day Celebration



Theme Cart Tuesday's are still a hit. Residents look forward to the outlandish costumes Lauren puts together. We then use requests from residents for the snack ideas to go with the theme carts. Residents would like to keep this activity for 2022

but what are some ways we can enhance it? Shoot us your ideas!



Check out our Facebook page
@NHCStCharles



New Menus begin September 13th. Looking forward to trying new recipes!

Home

Robert Craven
Betty Smith
Nancy Mobley
Georgana Dalton

Partner Anniversary

Venus Cato 2007
Lyndsey Gibbons 2017
Tracy Johnson 2012
Danielle Morrison 2012
Brooke Sagerty 2017
Lauren Schiefelbein 2018
Sherman Stewart 2004

Birthdays

Betty Siefert	9/07
Shirley Granzow	9/23
Audrey Hysore	9/26
Barbara Ledwidge	9/27
Irma Amelung	9/30

Welcome

Thomas Sarnowski
Janet Thomlison
Clifford Pierson
William Cissell
Frances Faherty
Jack Watson
Carol Welge
Carol Franklin

In Loving Memory

Viola Taylor
Loretta Watson
Robert Thorne

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

Seth Peimann	Administrator
Stacy Arroyo	Director of Bookkeeping
Mary Nolting	Health Info Services Director
Marniquce Campbell	Dietary Manager
Nichole Bouchard	Director of Receptions
Pam Swihart	Director of Nursing
Kyra Luther	Director of Social Services
Donna Davis	Facility Rehab Coordinator
Karl Schnoor RD	Director of Dietary
Edward Oketch	Director of Environmental Services

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Care is our business



Hello September!

9/6

National Read a Book Day

9/11

National Pet Bird Day—Learn
about our birds!

9/25

Velociraptor Theme Cart
Strawberry Banana Smoothies
by resident request

