



Vol. 17, Issue 1 January 2020

New Year Poem 2020

May Peace fill your world,
May love fill your home
With contentment and
happiness, too-
In wonderful ways
May this year of new days
Be filled with sweet blessing
for you.

HAPPY NEW YEAR!



Join us for National Bird Day on
Sunday, January 5 at 2pm.

Wild Bird Sanctuary will be here to
help us celebrate with live birds!

Family Day, join us!



Thank you, Caris Hospice
for helping us celebrate Christmas.



Good Bye dear friend and trusted doctor

Dr. Nair who has been with NHC St. Charles since it
opened in 1981, has decided to retire. He has served
NHC as our first doctor, house doctor, and most recently
our medical director. He states NHC is close to him for
this reason. He plans on spending his time with family
and traveling, with his first stop being India. Thank you,
Dr. Nair, for your dedication to our residents.

You will be missed by all!



Our planning group meets at the beginning of the month, every month. They plan our
monthly activities; everything from
entertainment wants, dine-in restaurants, games, and more. They did an awesome job
keeping everyone on their toes this year.
Keep those ideas coming, ladies and gentlemen!

All about January Birthday's



January's birth stone is a garnet which promotes balance and peace. The January babies flower is a carnation. People born between Dec 22-Jan19 are a Capricorn and Jan20-Feb 18 are Aquarius. Capricorns are loyal, honest, and fearless. Aquarius are communicative, unique, open minded and logical. You may share a birthday with David Bowie (Jan 8), Muhammad Ali (Jan 17), Betty White (Jan 17, or Oprah Winfrey (Jan 29). Fun January holidays include bubble bath day on January 8 and Chocolate Cake day on January 27th.



Partner Anniversaries

Bill Chick -2018

Sam Emery-2006

Joannah Patrick-2019

Terri Cooksey-2019

Tanesha Jones-2019

Thomas Thuo-2017

Kuldip Kaur-2016

Edward Oketch-2006

Kelvin Watson-2004

Welcome

Yvonne Danson

Donald Post

Catherine Withrow

Concetta George

Irene Degan

Robert Good

Loretta Watson

Josephine Novack

January Birthdays

Lorraine Rothermich 1/04

Lillian Wallut 1/05

James Keithly 1/19

Wanda Trent 1/20

Wanda Percy 1/27

Robert Granzow 1/29

Catherine Kemp 1/30

Amanda Donnelly 1/31

Home

Edward Brands

Janice Kracke

Mary Burton

Penny Peterson

Ora Stokes

In Memory

Nancy Madson

Shirley Oneal

Audrey Orlando

NHC St. Charles HealthCare

35 Sugar Maple Lane

St. Charles, MO 63303

Seth Peimann

Administrator

Stacy Arroyo

Director of Bookkeeping

Health Info Services Director

Marnique Campbell

Dietary Manager

Nichole Bouchard

Director of Recreation

Pam Swihart

Director of Nursing

Kyra Luther

Director of Social Services

Donna Davis

Facility Rehab Coordinator

Karl Schnoor RD

Director of Dietary

Edward Oketch

Director of Maintenance

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Care is our business



Jubilant January

Friday, January 3rd at 10am

Rehka Divina piano music

Sunday, January 5th 2pm

Family Day

Celebrate National Bird Day

With Wild Bird Sanctuary

Friday, January 10th at 10am

Music with David Green

Meal of the Month

Friday, January 17th at 10:30

Music with Queens of Swing

Sunday, January 19th at 2pm

Art of Dance Performance

Friday, January 24th at 10:30

Gateway Harmonica Club

Monday, Jan 6th & 20th @ 10am

Music and Memory With Walter.

Bring a list of your favorite songs

Friday, January 31st at 10:30

Paint Swap

Social Services Shopping Days

7th and 21st