

**Locations**  
 (CA)– Common Area  
 (MD)—Main Dining Area  
 (CW)— C Wing  
 (RV)- Room Visits  
 (CY)- Court yard



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 10:30 Bingo ~ MD 1:15 Bingo Store ~ MD 2:00 Yahtzee ~ MD
2 9:45 Hymns & Message ~ MD 10:30 Joel Osteen Service ~ MD 2:00 Super Bowl Tailgate Snack Social ~ MD	3 10:00 Rosary ~ MD 10:00 Music W/ Walter ~ CW 10:45 Music W/Walter ~ MD 1:30 Adult Coloring ~ MD 2:45 Bingo ~ MD	4 10 Music Therapy ~ CW 10:30 Activity Planning ~ MD 1:30 Pretty Nails A/D ~ CA 2:00 Catholic Mass ~ MD 2:45 Movie/ Mama Mia ~ MD <b>Social Services Shopping Day</b>	5 9:45 Exercise W/ Lauren ~ CW 10:30 Bingo ~ MD 1:30 Ice Cream Cart ~ RV 3:15 Mike Roberts Weather Presentation with Harvest Ridge Kids ~ MD	6 <b>Omelets with Karl</b> 10:00 Hymns & Praise ~ MD 2:00 Resident Volunteer ~ MD 3:30 Creative Paintings ~ CW Door to Door Reading Material ~ RV 3:45 Book Club ~ MD 6:30 Evening Bingo ~ MD	7 10:30 Luke Queen ~ MD 1:30 Books to You ~ MD 2:30 Reminisce ~ CW 3:30 Exercise ~ MD	8 9:00 Word Games ~ CW 10:30 Bingo ~ MD 1:00 Bingo Store ~ MD 2:00 Valentines Day Door Decorations ~ MD 6:00 Movie/ The Pajama Game ~ MD
9 9:45 Non-Denominational Hymns & Service ~ MD 10:30 Joel Osteen Service ~ MD 1:00 Landscape Painting W/ Justin ~ MD 3:00 Exercise ~ MD	10 10:00 Rosary ~ MD 10:45 Cheese Tasting Social ~ MD 1:30 Cracked Glass Necklaces ~ CW 2:45 Bingo ~ MD	11 10:00 Music Therapy ~ CW 10:30 Learn About The Heart & Lungs ~ MD 1:30 Pretty Nails B/C ~ CA 2:00 Catholic Mass ~ MD 2:45 Movie/ The Love Bug ~ MD	12 9:45 Exercise W/ Lauren ~ CW 10:30 Bingo ~ MD 2:00 Ice Cream Cart ~ RV 3:00 Precious Memories Choir ~ MD	13 10:00 Hymns & Praise ~ MD 10:45 Resident Council ~ MD 2:00 Resident Volunteer ~ MD 3:30 Creative Watercolors ~ CW Door to Door Reading Material ~ RV 6:00 Pet Visits ~ RV	14 10:00 Music W/ David Green ~ MD Meal Of The Month 2:00 Valentine's Day Photo Shoot ~ MD 3:30 Exercise ~ MD Shopping List Due to Social Service <b>HAPPY VALENTINE'S DAY</b>	15 10:30 Bingo ~ MD 1:15 Bingo Store ~ MD 2:00 Adult Coloring ~ MD
16 9:45 Hymns & Message ~ MD 10:30 Joel Osteen Service ~ MD 2:00 Exercise ~ MD	17 10:00 Rosary ~ MD 10:00 Music W/ Walter ~ CW 10:45 Music W/Walter ~ MD 1:30 President Bingo ~ CW 2:45 Bingo ~ MD <b>President's Day</b>	18 10:00 Ridge Crest Baptist ~ CW 10:15 Ridge Crest Baptist ~ MD 1:30 Pretty Nails A/D ~ CA 2:00 Catholic Mass ~ MD 2:45 Movie/ Old Dogs ~ MD <b>Social Service Shopping Day</b>	19 9:45 Exercise W/ Lauren ~ CW 10:30 Bingo ~ MD <b>Dine In- Lewis &amp; Clark</b> 1:45 Lutheran Service ~ MD 2:00 Love on a Leash ~ RV 3:30 Learn About Mountain Climbing ~ MD	20 10:00 Hymns and Praise ~ MD 10:30 Food Committee ~ MD 2:00 Resident Volunteer ~ MD Door to Door Reading Material ~ RV 3:30 Creative Paintings ~ CW 6:00 Pet Visits ~ CA/RV	21 10:30 Joyful Notes Choir ~ MD 2:00 Watercolors W/ Artfully Aging ~ MD 3:30 Exercise ~ MD	22 9:00 Fireplace Songs W/ Justin ~ CW 10:30 Bingo ~ MD 1:00 Bingo Store ~ MD 3:00 Exercise ~ MD 6:00 Movie/ The Little Mermaid Live ~ MD
23 9:45 Non-Denominational Hymns & Service ~ MD 10:30 Joel Osteen Service ~ MD 1:00 Vintage Toy Day ~ MD <b>Theme Day</b>	24 10:00 Rosary ~ MD 10:45 Red Velvet Cheesecake Cupcakes W/ Lauren ~ MD 1:30 Chit Chat W/ Lauren ~ CW 2:45 Bingo ~ MD	25 10:00 Music Therapy ~ CW 10:30 Mardi Gras Snack Party ~ MD 1:30 Pretty Nails B/C ~ CA 2:00 Catholic Mass ~ MD 2:45 Movie/ Turner & Hooch ~ MD	26 9:30 Ash Wednesday Service ~ MD 10:30 Bingo ~ MD 2:00 Ice Cream Sandwiches ~ RV 3:00 Lets Make Dog Treats ~ CW	27 10:00 Hymns & Praise ~ MD 2:00 Resident Volunteer ~ MD 3:30 Creative Watercolors ~ CW Door to Door Reading Material ~ RV 3:45 Book Club ~ MD 6:30 Evening Bingo ~ MD	28 9:30 Stand Up Games ~ CA 10:30 Guitar music With Gage ~ MD 2:30 Monthly Birthday Party W/ Kati and Kids Sing along~ MD 3:30 Exercise ~ MD	29 10:30 Bingo ~ MD 1:15 Bingo Store ~ MD 2:00 Word Scramble ~ MD
Programs, times, and locations subject to change		Large Print Books and Independent activity supplies are always available in the Common Area.				Individualized programming and Door to Door Visits are offered weekly.



**CARIS**  
healthcare  
*Hospice: Your Life, Our Mission*



## Is Hospice the Answer?

The decision to enter hospice is an important one. We want to make sure you have necessary information to be comfortable with the choice.

Hospice should be considered if:

- The patient is experiencing an ongoing decline. Functional decline occurs when basic tasks related to activities of daily living such as bathing, eating, toileting, and walking become difficult.
- The patient is experiencing recurring infections, frequent hospitalizations, weight loss, pain that is difficult to manage, progressive weakness, or any other symptoms that cannot be managed with curative treatments.
- Aggressive treatments and curative interventions no longer result in improvement.

**10%**

**of hospice patients  
were not enrolled  
until the last 24  
hours of life.**

(NHPCO 2013)

Hospice care can begin much earlier than the last few days of life. Beginning hospice care at the optimal time allows patients and families to take full advantage of our services. This includes physical, emotional, and spiritual comfort for patients and their families through a team physicians, nurse practitioners, nurses, hospice aides, social workers, chaplains, and volunteers.

To learn more, call 636-527-6675 | [carishealthcare.com](http://carishealthcare.com)

## Happiness is Only a Cupcake Away END ALZHEIMER'S

We will be selling individual cupcakes

Friday February 7th @ 8:00am till they are gone  
for \$3 each!

You can also pre-order a 4-pack of cupcakes for \$12  
pick-up will be February 7th, Money due at time of  
order or by February 5th. Order sheets found at front  
desk, break room or see Lauren in Recreation.

## Lauren's Gourmet Cupcakes

**Chocolate Turtle Cupcakes** — Chocolate cake mix with a caramel pecan filling and a caramel buttercream frosting drizzled with chocolate ganache.

**Chocolate Covered Strawberry Cupcakes** — Chocolate cake mix with a fresh strawberry cream cheese frosting and a yummy chocolate covered strawberry on top.

**Lemon Meringue Cupcakes** — Vanilla cake mix with a lemon curd filling topped with a toasted meringue frosting.

**Strawberry Shortcake Cupcakes** — Vanilla cake mix filled with fresh strawberries swirled with a whipped cream frosting.