



• 850 E. Butler Road • Greenville, SC 29607 • p: (864) 675-6421 • f: (864) 675-9122 •



Administrative Team

Gideon Sellars	Administrator
Lisa Bollinger	Business Office
Waleed Berber	Admissions
Dustin Boggs	Nursing
Karen Trotter	Social Services
Evan Hammett	Rehab
Carrie Hawkins	Dietary
David Cathcart	Dietary Manager
Yolanda Brockman	Medical Records
Joey Hanks	Plant Operations
Heather Wiegand	Activities
Linda Knight	Human Resources
Kimberly Elliott	Marketing

Note From the Administrator

No one shows they care more than the Certified Nursing Assistants with their dedication, time, and love for our residents. Certified Nursing Assistant are "Little Angels" wearing blue uniforms. We will be selecting nominees for CNA of the Year based on their attitude, quality of care, and overall performance throughout the year. The residents, family members, and partners will help us choose the CNA of the Year. Please help us select our CNA honorees by filling out the nomination form that will be mailed out in April.

Dear Families,

Let my first words on behalf of the residents be of gratitude for remembering them for Mother's Day with special gifts. Please note that all gifts must be mailed to the residents. Thank you for your support during this time

Address:

Resident's First and Last Name
 NHC HealthCare Mauldin
 850 E Butler Rd
 Greenville, SC 29607

Activity Corner

Music Therapy is a unique art form in which music is utilized to enhance the physical, mental, and psychological well being of the patients. Preferred music can make an impersonal environment less intimidating, improve social interaction, and diminish the feeling of isolation. Music can assist in development and maintenance of many skills of older adults. For instance, the use of music can be used to increase strength, mobility, range of motion, improve social interaction, reality orientation, memory recall, self esteem, reduce stress, improve communication, and increase appetite.



Office Hours

Mon. - Fri. 8:30 a.m. - 5 p.m.

Nurses' Station

Unit 1	864-527-9458
Unit 2	864-527-9460
Unit 3	864-527-9467



Resident

of the Month

Dianne Perkinson

Ms. Perkinson was born in Henderson, North Carolina in Vance County. She went to Vance County High School and then attended North Carolina State in Raleigh. She had two sisters who have since passed on. She was a social worker for much of her life. She was married to John Perkinson for 35 years and has two children named John and Julia. In 2017, her husband John passed away with lung cancer. Her favorite color is purple and enjoyed riding horses.

Partners

of the Month

Congratulations to a
job well done!

Leah Allen
Elaine Humphreys

Please Visit Our

Beauty Shop

Shampoo, Rinse or Condition & Set - **\$15**

Perm, Hair Cut & Set - **\$46**

Barber Rinse - **\$1.50**

Shampoo & Female Cut - **\$11.25**

Male Cut (includes trim, eyebrows & ears) - **\$12**

Beard & Mustache Trim - **\$5.75**

Coloring - **\$32.75**

Shampoo - **\$3**

Honoring Nurses

The important role of nurses in health care is recognized during National Nurses Week, beginning May 6. The annual celebration ends May 12, the birthday of Florence Nightingale, founder of the modern nursing profession. Please help us select our Nurse honorees by filling out the nomination form that will be mailed out.





Partner Birthdays

Louise Abrams	5/09
Brenda Allman	5/14
Connie Babb	5/27
Dustin Boggs	5/18
Erica Boyd	5/02
Helen Burns	5/18
Laura Coreas	5/04
Alvin Cox	5/10
Ayana Femenella	5/10
Johnnie Glenn	5/02
Christina Hamilton	5/16
Roselord Harrigan	5/18
Valerie Hendrickson	5/14
Mary McHerring	5/16
Octavia Perry	5/14
Brinigia Phillips	5/05
Lamel Porter	5/16
Tara Richards	5/21
Lavonda Wharton	5/17
John Wingfield	5/04

Partner Anniversaries

Carrie Allen	5/14/2012
Lisa Bollinger	5/15/2000
Lakeya Brown	5/07/2019
Alvin Cox	5/05/2009
Jessie Gentry	5/08/2018
Jessica Hearst	5/09/2000
Elanie Humphreys	5/17/2018
Deborah Lavoie	5/08/2007
Amy Mathis	5/16/2017
Dorothy Norris	5/09/2017
Paulette Robinson	5/29/2014
Brenda Smith	5/25/2010
Felicia Thompson	5/30/2017



Resident Birthdays

Annell Stegall	5/26
Evelyn McEntyre	5/30
Mary Brannon	5/13
Mary Smith	5/15

Birthday Bash

We can hardly believe another year has gone by since we last wished those of you born in May a Happy Birthday. We hope the past year went well for all of you, and we want to send our best wishes for a wonderful birthday full of love and laughter. May the next year be even better than the last. Let us help celebrate this special occasion with our monthly Birthday Bash in May. Join your friends and neighbors for cake and refreshments.





Caris Hospice, an affiliate of National HealthCare, enhances care when an illness no longer responds to aggressive, cure-oriented treatments. Caris Hospice provides pain and symptom relief, as well as emotional and spiritual support for patients and their families.

Call 1-800-HOSPICE Today.

Interested in Volunteering?

Caris Healthcare is a member of the NHC family and a provider of hospice care-- a special way of caring for people in the final stage of life. Hospice provides physical, emotional and spiritual care to terminally-ill patients and their families.

Caris is always looking for compassionate and dedicated volunteers. Our volunteers represent people from all walks of life with varied interests who lend their life experiences to help the patients and families we serve.

Volunteers can...

- Provide emotional support and friendship
- Read to patients
- Share favorite songs
- Participate in crafts and activities
- Make a difference in the lives of people in our community.

Contact Cathy at: ctalman@carishealthcare.com
864.297.7444

Foot Doctor

The Social Service Department would like to remind our residents and their family members that the podiatrist visits our facility once every quarter to treat our patients, and is expected back June. Patients that are going to be seen for the first time will need a consent form filled out and returned prior to being seen. If your loved one has been seen in the past, he/she has an outstanding balance on his/her account with the podiatrist. Questions regarding your loved ones account can be addressed to; The Foot Clinic at 864-281-9170. Consent forms can be obtained from the receptionist, and we ask that you return your completed form to the front desk no later than June 5. Should you have any questions, please contact your loved one's social worker.



DEADLINES!

Don't forget – the deadline for newsletter articles is the 5th of every month. Articles may be submitted to any partner of the Activity Department, and we respectfully reserve the right to review and edit all copies.



Alzheimer's Disease

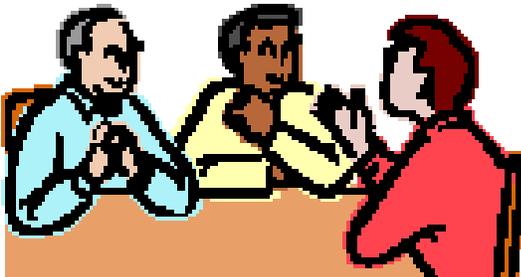
What are the behavioral/psychiatric symptoms of Alzheimer's Disease?

Many of our loved ones in NHC may have a diagnosis of Alzheimer's and we find it very difficult to understand the behaviors and psychiatric side effects.

First of all we need to know that in the early stages we see our loved ones go through personality changes, which could be depression or anxiety. As the disease progresses, they experience sleep, agitation, verbal aggression, and yelling. Some may experience hallucinations or delusions. Then, behavioral/psychiatric symptoms occur that disrupt their memory, language, thinking, and reasoning- we refer to these as "Cognitive Symptoms" of the disease.

Monthly Family Meeting

If you would like more information about Alzheimer's/Dementia or are seeking support from others, we offer a monthly support group. Meetings are held on the first Tuesday of every month. Monthly family meeting change time to 2:00pm – 3:00pm. Light refreshments provided. Please call Heather Wiegand at (864) 527-9457, to reserve a spot.



Laundry Department

Reminder the Laundry Department labeling system. This system will have first and last names labeled on their cloths and will last for over two hundred washes. In the event of missing clothes, ask a staff member to look in our unclaimed laundry section. For more information regarding laundry, please call Joey Hanks at (864) 675-6421 Ext. 1409.



HAPPY MOTHERS DAY!

“Happy Mother’s Day” means more than have a happy day. Within those words lie lots of things we never get to say. It means I love you first of all, then thanks for all you do. It means you mean a lot to me, and that I honor you. But most of all, I guess it means that I am thinking of your happiness on this, your day, with pleasure and with love. Happy Mother’s Day!!

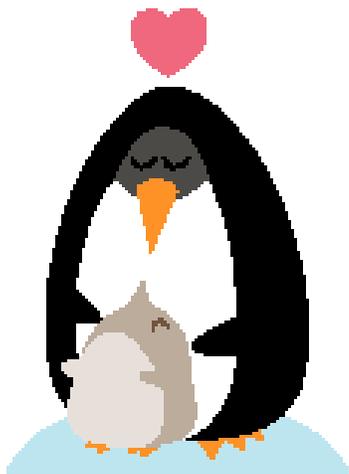


Mother’s Day Corsages

You may purchase corsages for Mother’s Day. The corsages are \$10 and will be delivered on May 12. All proceeds will go towards Resident Activities. Please see the front desk on or before May 6.

Mother’s Day Social

We will be celebrating Mother’s Day Friday, May 10, with a Mother’s Day Tea and pettifours with live harp music in the Main Dining Room from 2:30 pm. - 3:30 pm. Please R.S.V.P to the front desk by May 7, if you plan to attend.





AHIMA & SCHIMA/RHIT & RHIA

Do you know what these abbreviations stand for?

RHIT = Registered Health Information Technician (2 year degree)

RHIA = Registered Health Information Administrator (4 year degree)

AHIMA = American Health Information Management Association

SCHIMA = South Carolina health Information Management Association

In the Health Information Management department (Medical Record department) here at NHC Mauldin there are 2 RHITs. Statistics show there are only 4% of credentialed HIT/HIA(s) in long term care. Most credentialed technicians/administrators go into other fields such as acute care or Cancer registry to name a few. The RHITs here both graduated from Greenville Technical College with an Associate in Health Sciences Degree. We also belong to our local Association (SCHIMA) along with our national (AHIMA). The association keeps us up to date with all the new information concerning our field, offers conferences/workshops for continued education, and offers other information concerning other genres of interest related to our field. To learn more about AHIMA, please feel free to visit AHIMA.org. To learn more about SCHIMA, go to SCHIMA.org.

Thanks

Yolanda Brockman, RHIT

Director of H.I.M.

Cinco de Mayo

Cinco de Mayo, May 5th, is a Mexican national holiday, the anniversary of the Battle of Puebla in 1862, in which Mexican troops under General Ignacio Zaragoza, outnumbered three to one, defeated the invading French forces of Napoleon III. This anniversary is observed by Mexicans everywhere with parades, festivals, dances, and speeches.





May is Better Speech and Hearing Month

This is the time of year when we can take the time to think about communication and how it impacts our lives. The speech-language pathology department at NHC Mauldin is here to assist with problems of communication, hearing, and swallowing. You may find the following interesting:

Adult communication disorders may take the form of any of the following:

Aphasia: A disorder in which the person may have trouble finding the words that he/she wants to say or understanding what they hear or read (can be severe with complete inability to speak or mild in which a person struggles to find the word he/she wants to say).

Voice disorders: People with voice impairments may speak with a harsh vocal quality, hoarseness, strain, problems with pitch, or loudness which may interfere with others' ability to understand them.

Problems with articulation (dysarthria): People may have difficulty with pronunciation of words/sentences. They may sound as if their speech is slurred or mumbled.

Cognitive-communication disorders: A person with this difficulty may experience a host of challenges which may vary from very mild to severe; including: paying attention to conversation, having eye contact with communication partners, being easily distracted, having problems with memory, or performing tasks that require language skills such as using a phone book, or being able to perform simple mathematical tasks.

Speech therapy may be beneficial in any of these cases. If you would like to talk with one of us, please give us a call or drop by the speech therapy department.

Happy Better Speech and Hearing Month!

Laura Heidenreich, M.S., CCC-SLP