



MARCH 2020

• 850 E. Butler Road • Greenville, SC 29607 • p: (864) 675-6421 • f: (864) 675-9122 •



### Administrative Team

Gideon Sellars	Administrator
Lisa Bollinger	Business Office
Waleed Berber	Admissions
Dustin Boggs	Nursing
Karen Trotter	Social Services
Evan Hammett	Rehab
Carrie Hawkins	Dietary
David Cathcart	Dietary Manager
Yolanda Brockman	Medical Records
Joey Hanks	Plant Operations
Heather Wiegand	Activities
Linda Knight	Human Resources
Kimberly Elliott	Marketing

### Office Hours

Mon. - Fri. 8:30 a.m. - 5 p.m.

### Nurses' Station

Unit 1	864-527-9458
Unit 2	864-527-9460
Unit 3	864-527-9467



### Easter Corsages & Boutonnieres

We will be selling Easter Corsages and Boutonnieres to help the Activities Department. You can select a corsage or boutonniere for \$10.00. These items will be delivered on Good Friday. If you would like to send your loved one, another resident or staff member a corsage and/or boutonniere, please see the Front Office.



### March is Nutrition Month

-submitted by Dietary Department

Eating good food is one of the greatest pleasures in life. Whether we are eight or eighty, good food is something to enjoy, a holiday meal, birthday cake, a tasty snack with friends, or dinner at home. The dietary requirements of the older person may be influenced by general health, nutritional stresses of any disease present, the amount of physical activity, and other factors. Food plays an important part in our lives. Eating an assortment of food is reasonable amounts does double duty. It adds to joy of living, and it works to promote good health and normal weight. This feeling of well-being helps us meet each day rested, alert, and ready to cope with whatever the day brings. Adults need food to keep healthy and to provide energy for work and everyday activities. We should choose combinations that lead to a nutritious diet. Let's all eat our way to continued good health!





# Partners

of the Month

Andrea Quiroga  
Angela Crawford

## Wireless Internet

We have wireless internet throughout the facility. You can access the internet from your laptop in your family member's room. See the receptionist for log-in information.

We have a computer with internet access available for our residents only. Stop by for details and rules regarding its use. We're here to help. Also, we are now able to Skype if interested please see an Activity partner.

# Resident

of the Month

## Paul Schmitt

Paul Schmitt relocated from Richmond, VA to Greenville, SC so his sister and niece could help with his care. He has a great sense of humor and his interests are: family, friends, children, animals, westerns and the Civil War. He belonged to a regiment of Civil War re-enact for many years. He was a collector of many things and loved antiques. Photography is one of his favorite past time hobbies. He retired from Phillip Morris in Richmond. Congratulations Paul Schmitt for being the Resident of the Month!

## Looking For Something To Do?

If so, stop by any of the unit Day Rooms where you will find a box filled with puzzles, books, and games. If you still do not find anything of interest to you, please ask any of the activity staff for assistance.



Please Visit Our

# Beauty Shop

Shampoo, Rinse or Condition & Set - **\$15**

Perm, Hair Cut & Set - **\$46**

Barber Rinse - **\$1.50**

Shampoo & Female Cut - **\$11.25**

Male Cut (includes trim, eyebrows & ears) - **\$12**

Beard & Mustache Trim - **\$5.75**

Coloring - **\$32.75**

Shampoo - **\$3**



## Partner Birthdays

Elanie Humphreys	3/03
Jennifer Balon	3/04
Phedra Brown	3/05
Jennifer Gilstrap	3/06
Akilah Abdullah	3/09
Amanda McGee	3/10
Ellen Martin	3/11
Jennie Province	3/12
Flor Medina	3/15
Hudson Mann	3/21
Stacey Eisenbraun	3/22
Cheryl Tutt	3/22
Krystle Phillips	3/25
Paula Carson	3/27
Anna Pahila	3/27
Okemia Blackmon	3/28
Harold Yoder	3/29

## Partner Anniversaries

Angela Crawford	3/16/2006
Valerie Hendrickson	3/06/2007
Charmar Jenkins	3/03/2008
Waleed Berber	3/30/2010
Octavia Perry	3/13/2013
Stacey Eisenbraun	3/15/2016
Kathy Brothers	3/29/2016
Andrea Quiroga	3/03/2017
Rachel Slone	3/06/2017
Stephen Piccioni	3/06/2018
Samantha Bayne	3/13/2018
Enchanette Duncan	3/13/2018
Denise Smith	3/23/2018
Torri Gladney	3/12/2019
Emmanuel Cole	3/26/2019
Robin Hinkle	3/26/2019
Mary McHerring	3/26/2019
Kareema Williams	3/26/2019
Clauthenia Woodruff	3/26/2019

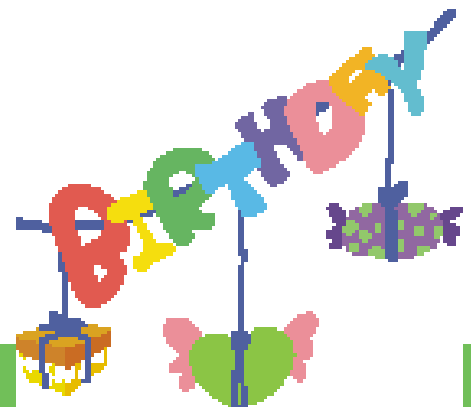


## Resident Birthdays

Ruth Wilson	3/26
Joan Jacobsen	3/28

## Celebrating March Birthdays

We can hardly believe another year has gone by since we last wished those of you born in March a Happy Birthday. We hope the past year went well for all of you, and we want to send our best wishes for a wonderful birthday full of love and laughter. May the next year be even better than the last.





## St. Patrick's Day

St. Patrick, whose memory is honored on March 17th, is the patron saint of Ireland. But, he was not born in Ireland, as most people think. He seems to have been born in either Scotland, England, Wales, or even France.

Among the many miracles attributed to St. Patrick, including raising the dead, making fire out of snow, and killing demons, the best-known gives him credit for ridding Ireland of snakes.

According to legend, St. Patrick used a loud drum and a sermon to get rid of the snakes. But one old, especially tough snake refused to go. St. Patrick built a box and told the snake to get in it. At first, the snake would not get in it, saying it was too small. But finally St. Patrick persuaded it to do so. He then slammed shut the lid and threw the box into the sea. Since that day, there have never been snakes in Ireland.

## The Shamrock

The shamrock became the symbol of St. Patrick's Day because St. Patrick is supposed to have used Shamrock leaves in his teaching. The three parts of the shamrock, he taught, stand for the Holy Trinity of Father, Son, and Holy Ghost. Wood sorrel, with its three-pointed leaves, is thought to be the true shamrock of ancient Ireland. In olden days, clovers having four leaves was thought to be a symbol of good luck. It was as rare then as it is today to find them in your yard.

However, botanists have now developed a strain of clover having four leaves. I suppose this is good news for those who need good luck in a hurry!





Caris Hospice, an affiliate of National HealthCare, enhances care when an illness no longer responds to aggressive, cure-oriented treatments. Caris Hospice provides pain and symptom relief, as well as emotional and spiritual support for patients and their families.

Call 1-800-HOSPICE Today.

### Just a Reminder

Guests must give notice to the Front Office for lunch by 10:00 a.m. and for dinner by 2:30 p.m. The Dietary Department offers meal selection for our residents. There is a primary and an alternate. There is also soup and sandwiches always available by request for residents.

### Consent Forms

The activities department would like to remind families that we cannot include residents' birthdays or other information in the newsletter unless we have a signed Activities Release Form saying that we can do so. If you wish for your loved one to be included in the newsletter but have not signed this form, please go to the Front Office and ask for a consent form. Until then, we cannot display such information publicly.

### Family Orientation Meetings

We would like to inform new families that we hold weekly group orientation meetings every Wednesday at 2:00 pm in the Main Dining Room across from the Front Lobby. Hope to see you there.

### 2019 Special Event Calendar

- National Professional Social Work Month
- National Nutrition Month
- 10-16 HealthCare Human Resources Week
- 10-16 National Long Term Care Administrator's Week
- 13 Registered Dietitian Nutritionist Day
- 17-23 Health Information Professionals' Week
- 30 National Doctor's Day

### F.A.Q.

Q) What steps need to be taken in the event of missing clothes?

A) Please, when bringing items in, label items with black permanent marker. Furthermore, if items are dark, a silver permanent marker works great. Also, feel free to ask a staff member to escort you, or have a staff member take a look in our unclaimed laundry section. We also can label patients clothes with our state-of-the-art hot press typed labels. Please contact maintenance or Joey Hanks at (864) 675-6421 Ext. 1409 for more information.

### Newspaper Subscriptions

If you sign your loved one up to get a newspaper subscription, please contact Heather Wiegand at 864-527-9457 to let the Activities Department know. If not, we will not know who to bring the newspaper to each morning.

### Attention Families

We would like to invite you to an ongoing Alzheimer's/ Dementia support group meeting. It takes place the first Tuesday afternoon of every month. Please RSVP to Heather Wiegand at 864-527-9457 or email at heather.wiegand@nhccare.com



## National Long Term Care Administrators Week

March 9-13 2020 is National Long Term Care Administrator's Week. During this week, staff, residents, families, and volunteers have the opportunity to say "thank you" and honor the Administrators who contribute to our nation's long term care communities. The American College of Health Care Administrators (ACHCA) is the sponsor of Long Term Care Administrator's Week.

Administrators are key players in the care team and are entrusted with the responsibility of caring for our loved ones. They touch the lives of residents and families, and most importantly, ensure that their staff provides the highest level of quality care to a vulnerable population.

## Social Workers: Generations Strong

Social Work Month in March is a time to celebrate the great profession of social work.

The theme for Social Work Month 2020 is Social Workers: Generations Strong.

The theme has various meanings. As we enter a new decade it is important to look back and honor the powerful, positive impact the social work profession has had on our society for generations.

We also want to spotlight the life-affirming work that social workers from all generations — from the Greatest Generation to the Z Generation — are doing. And since NASW is celebrating its 65th anniversary in 2020, Social Work Month is a great opportunity to remind social workers of the important work NASW has been doing for decades and the need to join.



## Celebrate Health Information Professionals

### Week : MARCH 22-28, 2020

The American Health Information Management Association (AHIMA) invites all health information professionals to join the celebration and be recognized during the 31st Health information Professionals (HIP) week.

The HI professionals at NHC Mauldin include Director Yolanda Brockman, Asst. Director Doris Sorton, and technicians Gina Ladd and Keyera Ferguson. These ladies have recently led the effort in getting the remaining Medical charts on the units converted to fully Electronic Health Record (E H R) all while ensuring access, connection, and integrity of all data related to patient/resident encounters. The HIM/HIP team plays a key role in the effective management and use of health data to deliver quality healthcare to the public.

The team also plays a key part in coding, release of information, audits, mentoring students from area colleges and universities, data management, revenue cycle management, HIPAA, and more. For further information concerning this wonderful team or how to get involved within the HIM Career field please see one of the ladies or go to [www.ahima.org](http://www.ahima.org)

Health Information Professionals  
Connecting People, Systems, & Ideas

## Healthcare Human Resources Week

March 16-20 Health Care Human Resources Week – the third week of March – is designated to recognize human resources professionals in health care organizations across the nation for their important role across the continuum of care.

## Registered Dietitian Nutritionist Day

In 2020, the Academy of Nutrition and Dietetics celebrates Registered Dietitian Nutritionist Day on Wednesday, March 11. As the nation's food and nutrition experts, registered dietitian nutritionists are committed to improving the health of their patients, clients and communities.