

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NOON: Sliced Roasted Beef served with Gravy, Three Cheese Potatoes, Wheat Roll, Chocolate Fudge Pie
Additional Selections: Fruit Plate served w/ Cottage Cheese, Banana Nut Bread

NOON: Sweet & Smoky-Baked Fish, Rice Pilaf, Steamed Broccoli with Cheese Sauce Parkerhouse Roll, Lemon Chess Pie
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

EVENING: Tender Pot Roast with New Potatoes, Whole Baby Carrots, Wheat Roll, Fresh Fruit in Season
Additional Selections: Grilled Peanut Butter & Banana on Raisin Bread, Garden Vegetable Soup served with Crackers

NOON: Fried Chicken, Mashed Redskin Potatoes, Sauteed Cabbage, Cornbread, Apple Crescent Dessert
Additional Selections: Grilled Fajita Wrap served with Salsa, Refried Beans

EVENING: Ham Salad on Mini Rolls, Pickle Spear, Harvest Grain & Portabello Mushroom Soup served with Crackers, Coconut Bar
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Toasted Onion Muffin

NOON: Seasoned Pork Loin Praline, Sweet Potato Casserole, Chalet Garlic Vegetables, Cornbread, Strawberry Chiffon Pie
Additional Selections: Pan Pizza, Pickled Pepperoncini, Tossed Salad served with Choice of Dressings
EVENING: Chicken Parmesan served over Linguine, Peas, Herbed Bread Stick, Sunshine Medley
Additional Selections: Fruit Plate: Yogurt, Sliced Fruit, Bread

NOON: Hamburger w/Relish Plate, Chips, Cookie
Additional Selection: Hot Dog w/ Chili, Chips, Cole Slaw
EVENING: Gourmet Three Cheese Grilled Sandwich, Sliced Tomatoes, Navy Bean Soup served with Crackers, Angel Lush
Additional Selections: Cobb Salad served with Choice of Dressings, Assorted Crackers

NOON: Open Faced Hot Turkey & Gravy on Grilled Texas Toast, Whipped Potatoes, Buttered Green Peas, Mississippi Mud Cake
Additional Selections: Stuffed Green Peppers with Tomato Sauce, Whipped Potatoes / Roll
EVENING: All American Beef & Pasta Bake, Cut Green Beans, Whole Wheat Roll, Chilled Sliced Peaches
Additional Selections: Garden Veggie Burger on Bun served with Relish Plate, Sunchips

NOON: Fish 'n Chips served with Malt Vinegar, Chilled Coleslaw, Hushpuppy, Lemon Mousse
Additional Selections: Salisbury Steak, Baked Potato w/Butter, Chilled Coleslaw, Roll

EVENING: Homestyle Chicken & Dumplings, Capri Blend Vegetables, Golden Nugget Roll, Old Fashioned-Fruit Cobbler
Additional Selections: Deli Sub Sandwich, Kale & Seared Italian- Sausage Soup Crackers

NOON: Sliced Roasted Beef served with Gravy, Three Cheese Potatoes, Wheat Roll, Chocolate Fudge Pie
Additional Selections: Fruit Plate served w/ Cottage Cheese, Banana Nut Bread

EVENING: Smoked Ham served on Herbed Biscuit, Grits Casserole, Fried Green Tomatoes, Apple Dumpling served with Sweet Cream
Additional Selections: Scrambled Eggs & Cheese Grits Casserole, Sliced Tomatoes, Toasted English Muffin

NOON: Marinated Italian Chicken, Noodles Romanoff, Steamed Broccoli with Red Bell Peppers, Golden Nugget Roll, Paradise Cake
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce

EVENING: Tuna Salad on Lobster Rolls, Pickle Spear, Cheddar Chowder served with Crackers, Cape Cod Dessert
Additional Selections: Ravioli, Tossed Salad with Choice of Dressings, Bread Stick

NOON: Sweet BBQ Ribs, Baked Beans, Corn on the Cob, Grilled Texas Toast, Peach Crisp
Additional Selections: Roasted Turkey Club with Herbed Mayonnaise, Pickle Spear, Corn on the Cob

EVENING: Swedish Meatballs served over Steamed Rice, Key West Blend, Potato Roll, Cupcake topped with Maple Frosting
Additional Selections: Fried Chicken Livers, Whipped Potatoes, Key West Blend, Wheat Roll

NOON: Homestyle Meatloaf, Whipped Potatoes served with Gravy, Succatash, Jalapeno Cornbread, Cherry Icebox Dessert
Additional Selections: Mixed Baby Greens topped w/ Cajun Chicken served w/ Choice of Dressings, Assorted Crackers
EVENING: Baked Ham, Lima Benas, Fried Apples, Parkerhouse Roll, Pumpkin Pie
Additional Selections: Smokehouse Beef, Brisket Sliders, Chunky Tomato & Basil Soup served with Crackers

NOON: Ranch Chicken Hashbrown Casserole, Prince Charles Vegetables, Parmesan Chive Toast, Sinfully Rich Fudge Cake
Additional Selections: Classic Calzone served with Marinara Sauce, Tossed Salad with Choice of Dressings

EVENING: Sloppy Joe on Bun, Potato Gems served with Ketchup, Creamy Pea Salad, Ranger Cookie
Additional Selections: Chicken Pot Pie with Golden Crust, Creamy Pea Salad, Roll

NOON: Crunchy Fish Almandine, with Creamy Dill Sauce, Potatoes O'Brien, Broccoli & Bacon Salad, Hushpuppy Muffin, Mandarin Orange Dream
Additional Selections: Stuffed Baked Potato Topped with Pulled Pork & BBQ Sauce, Toast Points
EVENING: Grilled Swiss Cheese, Turkey & Caramelized Onions on Roll, Fire Roasted-Vegetable Soup served with Crackers, Melon Chunks
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

NOON: Cheeseburger on Bun served with Relish Plate, Golden Fries, Double Chocolate-Chip Cookie
Additional Selections: Franks'n Beans, Golden Fries, Garlic Toast

EVENING: Sweet & Sour Pork, Fried Rice, Tropical Coleslaw, Egg Roll, Frosty Sherbet
Additional Selections: Clam Chowder served in Bread Bowl, Tomato, Garlic & Basil Bruschetta

NOON: Fried Chicken, Rst.Garlic Mashed Potatoes, Tender Green Beans, Parkerhouse Roll, Cream of Coconut Cake
Additional Selections: Cheesy Pasta Bake, Tender Green Beans, Grilled Texas Toast

EVENING: Chili Con Carne served with Oyster Crackers, Stuffed Peach Salad on Lettuce, Blonde Brownie
Additional Selections: Pork Tenderloin on Herbed Biscuit, Hashbrown Patty, Stuffed Peach Salad on Lettuce

NOON: Crispy Fish Po'Boy on Bun served with Spicy Tartar Sauce, Rst.Ranch Potato Wedges, Creamy Coleslaw, Chocolate Eclair Dessert
Additional Selections: Turkey Divan served over Steamed Rice, Glazed Carrots, Wheat Roll

EVENING: Breaded Chicken Fillet with Country Gravy, Maple Sweet Potatoes, Black-eyed Peas, Golden Nugget Roll, Chilled Gelatin
Additional Selections: Roasted Veggie Wrap, Minestrone Soup served with Crackers

NOON: Chopped Sirloin Steak served with Steak Sauce Herbed Scored Potatoes Creamed Spinach Bread Stick BananaPudding
Additional Selections: Southwestern mixed salad with corn & black beans, cilantro ranch dressing, assorted crackers

EVENING: BBQ Pork served on Bun with BBQ Sauce, Potato Salad, Golden Vegetable Sticks, Frosty Sherbet
Additional Selections: Fruit Plate served with yogurt and Sweet Orange Bread

NOON: Rotisserie Spiced Chicken, Rice Casserole, Seasoned Green Peas, Potato Roll, Peanut Butter Silk Pie
Additional Selections: Pan Seared Fish w/ Creamy Dill Sauce, Rice Casserole, Stm.Broccoli, Wheat Roll
EVENING: Macaroni & Cheese, Buttered Cabbage, Crunchy Fried Okra, Cornbread Muffin, Lime Kissed Fruit
Additional Selections: Braised Beef with Red Wine Sauce, Macaroni & Cheese, Cinnamon Baked Apples, Parkerhouse Roll

NOON: Roasted Turkey with Gravy, Sage Dressing with Cranberry Sauce, California Blend, Roll, Ambrosia
Additional Selections: Chef's Salad, served with Choice of Dressings, Assorted Crackers

EVENING: Philly Cheese Steak, Sandwich Farmhouse Chowder served with Crackers, Fresh Fruit in Season
Additional Selections: Waffles served with Syrup & Butter, Sausage Links

NOON: Baked Lasagna, Seven Layer Salad, Parmesan Focaccia-Bread, Cheesecake Swirled Brownie
Additional Selections: Spicy Chicken Wings, Roasted Heirloom Potatoes, Seven Layer Salad, Roll
EVENING: Potato Crunch Cod, Cajun Cream Sauce, Seasoned Potato Wedges, Bowtie Pasta Salad, Hushpuppy, Peanut Butter Cookie
Additional Selections: Gourmet Pimiento Cheese with Fried Green Tomato-Sandwich, Bow-tie Pasta Salad

NOON: Glazed Baked Ham with Chipotle Peach Glaze, Roasted Fingerling-Potatoes, squash Casserole, Cornbread Muffin, Chocolate Tangos
Additional Selections: Personal Pan Pizza, Pickled Pepperoncini, Tossed Salad with Choice of Dressings
EVENING: Smoked Turkey & Apple on Potato Bun with Tomato & Lettuce, French Onion Soup Served with Crackers, Five Flavor Pound Cake
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Garlic Toast

NOON: Beef Stroganoff served over Tender Noodles, Parslied Carrots, Roll, Gelatin Cubes
Additional Selections: Greek Salad with Olives & Feta Cheese served with Olive Oil Dressing, Assorted Crackers

EVENING: Chicken a La Orange, Parma Roasted Potatoes, Italian Green Beans, Golden Nugget Roll, Toffee Pecan Cookie
Additional Selections: Beef Nacho Grande topped with Cheese & served with Salsa

NOON: Herbed Pork Loin, Great Northern Beans, Turnip Greens, Cornbread, German Chocolate Cake
Additional Selections: Gourmet Three Cheese Grilled Sandwich, Chunky Tomato-Basil Soup served with Crackers
EVENING: Fish Nuggets served with Tartar Sauce, Hash Browns, Carrot & Raisin Salad, Hushpuppy Muffin, Luscious Lemon Silk
Additional Selections: Grilled Frankfurter on Bun with Mustard & Relish, Carrot & Raisin Salad

NOON: Homestyle Chicken & Dumplings, Prince Charles Vegetables, Wheat Roll, Frosted Grape Dessert
Additional Selections: Fruit Plate with Cottage Cheese, Muffin
EVENING: Baked Meatball Sub on Whole Grain Roll topped with Cheese, Lumberjack Vegetable-Soup with Crackers, Snickerdoodle Cake
Additional Selections: Chicken Tenders with Dipping Sauce, Golden Fries, Three Bean Salad

NOON: Memphis Style Pulled Pork, Four Bean Bake, Broccoli Slaw, Toasted Focaccia Bread, Old Fashioned Chocolate Cobbler
Additional Selections: Fish Club on Toasted Bun with Avocado Dressing, Broccoli Slaw

EVENING: Creamed Turkey over Noodles, Sicilian Vegetables, Bread Stick
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

NOON: Fried Chicken, Whipped Potatoes, Braised Green Beans, Poppy Seed Roll, Grand Champion Pie
Additional Selections: Taco Salad with All the Trimmings served with Taco Sauce

EVENING: Spaghetti with Italian Meat Sauce & Parmesan Cheese, Caesar Salad with Dressing, Garlic Bread, Rainbow Sherbet
Additional Selections: Deli Sub Sandwich Pickle Spear, California Medley Soup served with Crackers

NOON: Golden Battered Fish with Dilled Tartar Sauce, Roasted Red Potatoes, Ranch Slaw, Hushpuppy, Malibu Fruit Salad
Additional Selections: Bowl of Beans served with Onion Slice, Ranch Slaw, Cornbread

EVENING: Brisket Sliders, Pickle Spear, Chophouse Potato-Chowder served with Crackers, Cranberry Walnut Cookie
Additional Selections: Baked Ziti w/Cheddar & Parmesan Cheeses, Tossed Salad w/Dressing, Herbed Bread Stick

NOON: Baked Chicken, Rice & Gravy, Winter Blend, Roll, Banana Split Dessert
Additional Selections: Stuffed Baked Potato served with All the Trimmings, Toasted Onion Muffin

EVENING: Country Fried Steak served with Gravy, Au Gratin Potatoes, Field Peas with Snaps, Roll, Fresh Fruit in Season
Additional Selections: Grilled Cuban Sandwich on Flat Bread w/Pickle Spear, Potato Chips

NOON: Honey Glazed Ham, Marshmallow Topped-Whipped Sweet Potatoes, Prince Charles Vegetables, Parkerhouse Roll, Old Fashioned Coca-Cola Cake
Additional Selections: Shrimp & Grits, Prince Charles Vegetables, Cornbread
EVENING: Smoked Turkey Salad on Seven Grain Bread, Creamy Mushroom & Orzo Soup with Herbs served with Crackers, Fresh Apple Slices
Additional Selections: Fruit Plate served with Cottage Cheese, Sweet Orange Bread

NOON: Roasted Beef & Gravy, Sour Cream Potatoes, Broccoli Casserole, Wheat Roll, Chess Pie
Additional Selections: Chicken 'n Waffles served with Maple Syrup, Corn on the Cob with Butter
EVENING: Crunchy Fish Strips with Tartar Sauce Dip, Rst.Ranch Potato Wedges, Coleslaw, Hushpuppy Muffin, Creamy Mousse with Whipped Topping
Additional Selections: Sloppy Joe served on Bun, Coleslaw, Potato Chips

NOON: Resident Choice Meal- Chopped Sirloin Steak served with Steak Sauce, Baked Potato with Sour Cream & Chives, Tossed Salad w/Dressing, Grilled Texas Toast, Banana Pudding
Additional Selections: Egg Salad on Whole Wheat, Tuscany Tomato Bisque served with Crackers
EVENING: Grilled Chicken Fillet served on Bun with Country Honey Mustard, Sliced Tomato on Lettuce, Bacon Cheddar Fries, Berries 'n Cream Parfait
Additional Selections: Vegetarian Chili with Oyster Crackers, Sliced Tomato on Lettuce drizzled w/Basil Dressing, Herbed Focaccia Bread

NOON: Boneless Pork Chop with Rst Garlic Cream, Escalloped Apples, Pinto Beans, Cornbread, Rainbow Cake with Topping
Additional Selections: Chef's Salad served with Choice of Dressings, Assorted Crackers

EVENING: Jerk Chicken Wings, Loaded Potato Skins, Creamy Pea Salad, Roll, Iced Sugar Cookie
Additional Selections: Mini Burgers (Sliders) w/ Onions/Mustard/Pickle, Loaded Potato Skins



Name: _____

Room #: _____

