


April 2022

Meadows Wellness Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Ice Cream Social & Upbeat Music	2 8:30 Adult Coloring 1:30 Music Entertainment by Rekha Dravina
3 9:15 Stretching to the Oldies 1:00 Ice Cream Social	4 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Snacks & Games	5 National Deep Dish Day 9:00 Spa Time 1:30 Ice Cream Social & Upbeat Music 2:15 Old Time TV 	6 9:00 Balloon Volley 9:30 Name That Thing 1:30 Sing Along with Nancy	7 Cardinals Home Opener 9:00 Spa Time 1:30 Matching Socks 2:00 Old Time TV 	8 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Ice Cream Social & Upbeat Music	9 8:30 Adult Coloring 1:30 Music Entertainment by Deborah Sharn
10 9:15 Stretching to the Oldies 1:00 Ice Cream Social	11 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Wacky Waffles	12 9:00 Spa Time 1:30 Ice Cream Social & Upbeat Music 2:15 Old Time TV	13 9:00 Balloon Volley 9:30 Name That Thing 1:30 Arts and Crafts	14 9:00 Spa Time 1:30 Folding Towels 2:00 Old Time TV	15 World Art Day 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Ice Cream Social & Upbeat Music 	16 8:30 Adult Coloring 1:30 Music Entertainment by Don Stevenson
17 Easter Sunday 9:15 Stretching to the Oldies  1:00 Easter Party	18 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Snacks & Games	19 National Grilled Cheese 9:00 Spa Time 1:30 Ice Cream Social & Upbeat Music 2:15 Old Time TV 	20 9:00 Balloon Volley 9:30 Name That Thing 1:30 Sing Along with Nancy	21 9:00 Spa Time 1:30 Matching Socks 2:00 Old Time TV	22 National Jelly Bean Day 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Ice Cream Social & Upbeat Music 	23 8:30 Adult Coloring 1:30 Music Entertainment by Phil Cappello
24 9:15 Stretching to the Oldies 1:00 Ice Cream Social	25 9:00 Music & Motion 9:30 Babysitter's Club 10:00 Music Entertainment with Jake Berry 1:30 Wacky Waffles	26 9:00 Spa Time 1:30 Ice Cream Social & Upbeat Music 2:15 Old Time TV	27 9:00 Balloon Volley 9:30 Name That Thing 1:30 Monthly Birthday Party w/ Music Ent. By Elizabeth LaKamp <i>Happy Birthday</i>	28 9:00 Spa Time 1:30 Folding Towels 2:00 Old Time TV	29 9:00 Music & Motion 9:30 Babysitter's Club 1:30 Ice Cream Social & Upbeat Music	30 8:30 Adult Coloring 1:30 Music Ent. By Sterling Lloyd