

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



Ivy House Recreation Calendar NHC Maryland Heights

**Happy New Year** 1  
 9:30 Adult Coloring  
  
 2:30 **Jan Marra**  
 Performs

<p><b>Cheese Lovers Day</b> 2        8:30 Daily Bread         9:30 Babysitting Club         3:00 Ice Cream Social</p>	<p>9:45 Music &amp; Motion w/Hydration        10:15 Circle A Word        2:00 Wacky Waffles        3:00 Pretty Nails</p>	<p><b>Trivia Day</b> 4        9:45 Chair Dancing &amp; Hydration        11:00 Trivia Time        2:15 Ice Cream Social        3:00 Old Time TV</p>	<p>9:15 Vitality In Motion &amp; Hydration        9:45 Old Time TV        11:15 I Spy        2:30 Craft: Snow Owls</p>	<p><b>Epiphany</b> 6        9:45 Chair Yoga &amp; Hydration        10:15 Word Games        2:15 Bingo        3:00 Old Time TV</p>	<p>9:45 Volleyball &amp; Hydration        10:15 Hang Man        2:30 Happy Hour w/Ice Cream Floats        3:15 Old Time TV</p>	<p>9:45 Adult Coloring 8         2:30 <b>Chad Evans</b>        Performs</p>
<p><b>Golden Globe Awards</b> 9        8:30 Daily Bread         9:30 Babysitting Club         3:00 Ice Cream Social</p>	<p>9:45 Balloon Swatter w/Hydration        10:00 <b>Jake Berry</b> Performs        2:15 Pretty Nails</p>	<p>9:45 Chair Dancing &amp; Hydration        10:30 You Be the Judge        2:15 Ice Cream Social        3:00 Old Time TV</p>	<p><b>Natl Hot Tea Day</b> 12        9:45 Balloon Swatter w/Hydration        10:15 Bingo        2:30 Hot Tea Social</p>	<p>9:45 Chair Yoga &amp; Hydration        10:15 Left Right Center        2:30 Happy Hour w/ Ice Cream Floats        3:00 Old Time TV</p>	<p>9:45 Simply Stretch &amp; Hydration        10:15 Mo. Bot. Garden        1:45 Movie (TBA)</p>	<p>9:45 Adult Coloring 15         2:30 <b>Elizabeth LaKamp</b> Performs</p>
<p><b>World Snow Day</b> 16        8:30 Daily Bread         9:30 Babysitting Club         3:00 Ice Cream Social</p>	<p>9:45 Music &amp; Motion w/Hydration        10:15 MLK Tribute        2:00 Wacky Waffles        2:30 Pretty Nails</p> <p><small>Martin Luther King Jr. Day</small></p>	<p><b>Happy Birthday Lorraine</b> 18        9:45 Chair Dancing &amp; Hydration        10:15 Word Fun        2:15 Ice Cream Social        3:00 Old Time TV</p>	<p><b>Popcorn Day</b> 19        9:30 Vitality in Motion &amp; Hydration        10:00 Old Time TV        11:15 Bingo        2:30 Popcorn Party</p>	<p><b>Penguin Awareness Day</b> 20        9:45 Chair Yoga &amp; Hydration        10:15 Dominoes        2:30 Penguin Art</p>	<p>9:30 Volleyball &amp; Hydration        10:15 Hand Massages        2:30 Happy Hour w/ Ice Cream Floats</p>	<p>9:45 Adult Coloring 22         2:30 <b>Tim Laramore</b> Performs</p>
<p>8:30 Daily Bread 23         9:30 Babysitting Club         3:00 Ice Cream Social</p> <p><small>Activity Professionals Week</small></p>	<p>9:45 Balloon Swatter &amp; Hydration        11:00 Checkers        2:30 Pretty Nails</p>	<p>9:45 Chair Dancing &amp; Hydration        10:15 Circle A word        2:15 Ice Cream Social        3:00 Old Time TV</p>	<p><b>Spouses Day</b> 26        9:45 Balloon Swatter &amp; Hydration        10:15 Reminisce Wedding Day        2:00 Resident Birthday Party</p> <p><small>Australia Day (observed)</small></p>	<p>9:45 Chair Yoga &amp; Hydration        10:15 Winter Art        2:15 Bingo        3:15 Old Time TV</p>	<p><b>Fun at Work Day</b> 28        9:45 Simply Stretch &amp; Hydration        10:15 Hand Massages        2:30 Happy Hour w/ Ice Cream Floats</p>	<p>9:45 Adult Coloring 29         2:30 <b>Bill Lawton</b> Performs</p>
<p>8:30 Daily Bread 30         9:30 Babysitting Club         3:00 Ice Cream Social</p>	<p><b>Inspire Your Heart Day</b> 31        9:45 Music &amp; Motion w/Hydration        10:15 Spelling Bee        2:30 Pretty Nails</p>					

