

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**



Name:

Room #:



**NOON:** Beef Pot Roast, Rice & Gravy, Buttered Green Peas, Spoon Roll, Peaches and Cream Icebox Cake  
**Additional Selections:** Grilled Chicken Strips on Caesar Salad w/ Dressing, Assorted Crackers

**EVENING:** Baked Fish, Roasted Sweet Potato Chunks, Spinach Salad w/Dressing, Wheat Roll, Orange Creamsicle Bar  
**Additional Selections:** Egg Salad Sandwich, Pasta Fagioli Soup, Assorted Crackers

**NOON:** Ranch Chicken, Potatos AuGratin, Crunchy Fired Okra, Whole Wheat Roll, Frosted Peanut Butter Sheet Cake  
**Additional Selections:** Ham & Cheese Pasta Bake, Crunchy Fried Okra, Whole Wheat Roll

**EVENING:** Cuban Roast Pork Sandwich, Potato Tots, Carrot & Raisin Salad, Chocolate Bar  
**Additional Selections:** Chicken Tenders, Potato Tots, Carrot Raisin Salad

**NOON:** Grilled Hot Dog, Seasoned Potato Wedges, Apple & Cabbage Salad, Pear & Almond Crumble  
**Additional Selections:** Chicken Salad and Fruit Plate, Assorted Crackers

**EVENING:** Hearty Pioneer Beef Stew, Sauteed Yellow Squash, Dinner Roll, Fruit Medley Salad  
**Additional Selections:** Belgian Waffles topped w/ Fruit & Whipped Topping, Sausage Links

**NOON:** Salisbury Steak w/ Gravy, Whipped Potatoes, Tender Green Beans, Sweet Yeast Roll, Chocolate Raspberry Parfait  
**Additional Selections:** Golden Chicken Cutlet w/ Cream Gravy, Whipped Potatoes, Tender Green Beans, Sweet Yeast Roll

**EVENING:** Pineapple Chicken, Steamed Rice, Braised Collared greens, Yellow Sheet Cake w/ Chocolate Icing  
**Additional Selections:** Grilled Ham & Swiss Sandwich, Split Pea Soup, Assorted Crackers

**NOON:** Cider Braised Pork Chop, Mashed Red Skin Potatoes, Summer Squash Casserole, Cornbread Muffin, Hummingbird Cake w/ Cream Cheese Frosting  
**Additional Selections:** Open Faced Hot Turkey Sandwich w/ Gravy, Mashed Red Skin Potatoes, Summer Squash Casserole

**EVENING:** Grilled Chicken Sandwich, Lettuce & Tomato, Sunchips, Baked Apples  
**Additional Selections:** Omelet topped with sauteed peppers & onions, Cheese Grits, Bran Muffin

**NOON:** Three Cheese Meat Lasagna, Seven Layer Salad, Garlic Bread, Banana Split Icebox Cake  
**Additional Selections:** BBQ Chicken, Seasoned Potato Wedges, Seven Layer Salad, Garlic Bread

**EVENING:** Brown Sugar Baked Ham, Whipped Potatoes, Buttered Green Peas, Grilled Texas Toast, Frosty Sherbert  
**Additional Selections:** Fruit plate w/ Yogurt, Fresh Baked Muffin

**NOON:** Teriyaki Chicken Stir Fry, Fried Rice, Egg Rol w/ Sweet & Sour Sauce, Raspberry Cheesecake Bites  
**Additional Selections:** Hearty Mushroom Stroganoff, Fluffy White Rice, Italian Green Beans

**EVENING:** Country Fired Steak and Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit, Cookies & cream Pie  
**Additional Selections:** Pork Cutlet, Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit

**NOON:** Fried Chicken, Whipped Potato, Seasoned Green Beans, Wheat Roll, Peanut Butter Cream Pie  
**Additional Selections:** Stuffed Whole Tomato Salad Plate with Crackers

**EVENING:** Swedish Meatballs over Egg Noodles, Broccoli & Cauliflower, Yeast Roll, Marshmallow Krispie  
**Additional Selections:** Calzone, Tossed Salad w/Dressing

**NOON:** Roasted Turkey w/ Gravy Sage Dressing served w/ Cranberry Sauce, Roasted Squash & Red Onion, Cherry Pineapple Dessert  
**Additional Selections:** Mediterranean Cobb Salad, Hearty White Bean Soup, Wheat Roll

**EVENING:** Creamy Baked Macaroni & Cheese, Buttered Cabbage, Crunchy Fried Okra, Jalapeño Cornbread, Sugar Cookie  
**Additional Selections:** Sloppy Joes on Bun, Potato Wedges, Pickle Spear

**NOON:** Cheeseburger on Bun, Loaded Potato Salad, Peanut Butter Cup Brownie  
**Additional Selections:** Country Style Pork Chop, Loaded Potato Salad, Braised Green Beans, Roll

**EVENING:** Citrus Roasted Cod Filet, Herbed Rice, Crunchy Veggie Salad, Spoon Roll, Chocolate Chip Cookie  
**Additional Selections:** Chicken Salad on Croissant, Crunchy Veggie Salad

**NOON:** Glazed Ham, Breaded Squash, Stewed Tomato, Cornbread Muffin, Berry's Cream Parfait  
**Additional Selections:** Bowl of Pinto Beans, Breaded Squash, Sliced Tomatoes, Cornbread Muffin

**EVENING:** Roasted Honey Orange Chicken, Whipped Potatoes, Oven Roasted Carrots, Yeast Roll, Angel Food Cake w/ Butterscotch sauce  
**Additional Selections:** Philly Cheese Sandwich, Pickle Spear, Potato Tots, Oven Roasted Carrots

**NOON:** Salisbury Steak w/ Gravy, Baked Potato w/ Butter, Sour Cream and Chives, Roasted Zucchini w/ Parmesan, Parker House Roll, Toasted Coconut Pie  
**Additional Selections:** Roasted Pear Salad with Chicken

**EVENING:** Fettucini Alfredo w/ Peas and bacon, Caesar Salad w/ Dressing, Breadstick, Strawberry Cream Cake  
**Additional Selections:** Turkey Monte Cristo Sandwich, Potato Chips

**NOON:** Chicken Marsala, Egg Noodles, Key West Bland Vegetables, Roll, Pound Cake w/ Caramel Sauce  
**Additional Selections:** Egg Salad Sandwich, Chips, Cucumbers & Red Onion Salad

**EVENING:** Pulled Pork, Mac & Cheese, Field Peas w/Snaps, Whole Wheat Roll, Red Velvet Cookie  
**Additional Selections:** Tomato, Basil & Mozzarella Melt, Pickle Spear, Sunchips

**NOON:** Resident Choice Meal: BBQ Ribs, Slaw, Baked Beans, Roll, Watermelon Wedge  
**Additional Selection:** Loaded Baked Potato, Cucumber Salad, Bread Stick

**EVENING:** Baked Spaghetti topped with Parmesan Cheese, Tossed Salad w/ choice of Dressing, Garlic Bread, Add Key Lime Pie  
**Additional Selections:** Grilled Chicken Caesar Salad, Crackers

**NOON:** Old Fashioned Meatloaf, Hashbrown Casserole, Tender Green Beans, Sweet Yeast Roll, Classic Custard Pie  
**Additional Selections:** Grilled Swiss & Cheddar Sandwich, Chunky Tomato & Basil Soup

**EVENING:** Savory Chicken Salad Pie, Garlic Roasted Carrots, Butterscotch Pudding  
**Additional Selections:** Oven Roasted Shrimp Scampi, Noodles, Tossed Salad w/ Dressing, Garlic Breadstick

**NOON:** Pizzeria Pasta Bake, Tossed Salad w/ Dressing, Garlic Bread, Chocolate Cherry Brownie  
**Additional Selections:** Black Bean & Cheese Quesadilla, Sauteed Corn and Peppers

**EVENING:** Herb Roasted Pork Loin, Heirloom Potato Medley, Steamed Vegetables Rool, Creamy Lemonade Pie  
**Additional Selections:** Rotisserie Roasted Chicken, Heirloom Potato Medley, Steamed Vegetables

**NOON:** Hot Dog with Chili, French Fries, Confetti Slaw, Chocolate Chip Cookie  
**Additional Selections:** Baked Fish, Roasted Potatoes, Confetti Slaw

**EVENING:** Seasoned Turkey Burger on Bun, Sweet Potato Fries, Lettuce & Tomato, Old Fashioned Fruit Cobbler  
**Additional Selections:** Crustless Mushroom and Roasted Pepper Quiche, Side Salad w/ Choice of Dressing, Garlic Toast

**NOON:** Artichoke baked Chicken, Oven Roasted Potatoes, Pasta & Vegetable Salad, Herbed Flatbread, Caramel Frosted Banana Cake  
**Additional Selections:** Sloppy Joe served on Bun, Oven Roasted Potatoes, Pasta & Vegetable Salad

**EVENING:** Open Faced hot Roast Beef w/ Gravy on Texas Toast, Mashed Potatoes, Sicilian Vegetables, Chocolate Cream Pie  
**Additional Selections:** Fried Chicken Salad with Choice of Dressing, Assorted Crackers

**NOON:** Roasted Turkey & Gravy with Sage Dressing, Seasoned Green Beans, Yeast Roll, Vanilla Mousse  
**Additional Selections:** Country Fried Steak with Gravy, Rice, Seasoned Green Beans

**EVENING:** Fire Braised Pork, Sweet Potatoes, Seasoned Greens, Dinner Roll, Chilled Fruit Gelatin  
**Additional Selections:** Texas Chili with Beans & Shredded Cheese Topping, Saltine Crackers

**NOON:** Spaghetti & Italian Meatballs topped with Parmesan, Spinach Salad w/ Dressing, Butterscotch Blondie  
**Additional Selections:** Loaded Potato Tart, Seasoned Broccoli & Cauliflower, Seasonal Fruit

**EVENING:** Teriyaki Glazed Chicken, Fried Rice, Vegetable Stir Fry, Egg Roll, Lemon Chess Bar  
**Additional Selections:** Egg Salad Sandwich on Wheat, Potato Chips, Chicken & Rice Soup

**NOON:** Alice Springs Chicken, Rice, Parslied Carrots, Potato Roll, Cherry Cobbler  
**Additional Selections:** Beef Tips w/ Peppers in Gravy, Rice, Parslied Carrots, Potato Roll

**EVENING:** Slow Roasted Pork Loin, Whipped Sweet Potatoes, Roasted Brussels Sprouts w/ Bacon, Parker House Roll, Chocolate Mocha Cake  
**Additional Selections:** Gourmet Three Cheese Grilled Sandwich, Chunky Tomato Basil Soup served with Crackers

**NOON:** Turkey & Rice Casserole, Mixed Vegetables, Roll, Cookies n' Cream Cake  
**Additional Selections:** Spinach Quiche, Scalloped Potatoes

**EVENING:** Cheeseburger w/ Caramelized Onions on Bun, Chips, Lettuce & Tomato, Apple Crumb Cobbler  
**Additional Selections:** Shrimp Caesar Salad Bowl, Assorted Crackers

**NOON:** Meatloaf w/ Sweet-Tangy Glaze, Buttermilk Mashed Potatoes, Green Peas w/ Onions, Garlic Thyme Roll, Orange Cream Cake  
**Additional Selections:** Baked Vegetable Ziti, Tossed Salad w/ choice of Dressing, Garlic Thyme Roll

**EVENING:** Baked Chicken & Yellow Rice w/ Peppers, Normandy Blend Vegetables, Sweet Yeast Roll, Honey Bun Cake  
**Additional Selections:** Deli Sub Sandwich, Potato Chips

**NOON:** Butter-Crumb Cod Fillet, Roasted Sweet Potatoes, Apple Cabbage Salad, Herbed Flatbread, Raspberry-Peach Crumble  
**Additional Selections:** Fruit Plate served with Cottage Cheese, Fresh Baked Muffin

**EVENING:** Three Cheese Meat Lasagna, Ranch Layered Salad, Garlic Bread, Banana Pudding  
**Additional Selections:** Pulled BBQ Chicken on Grilled Texas Toast, Corn Nuggets, Ranch Layered Salad

**NOON:** Meal-Orange-Spiced Glazed Ham, Yams, Broccoli w/Cheese Sauce, Wheat Roll, Peach Cobbler  
**Additional Selections:** Salisbury Steak with Gravy, Whipped Potatoes, Garlic Sauteed Spinach, Wheat Roll

**EVENING:** Chili-Cheese Hot Dog w/ Onions, Molasses Baked Beans, Broccoli Salad, Creamy Pudding  
**Additional Selections:** Crispy Chicken Tenders w/ Dipping Sauce, Molasses Baked Beans, Broccoli Salad w/ Egg Dressing

**NOON:** Golden Fried Chicken, Garlic Mashed Potatoes, Green Bean Casserole, Wheat Roll, Cherry Cobbler  
**Additional Selections:** Seared Split Bratwurst w/ Onions, Garlic Mashed Potatoes, Green Bean Casserole, Wheat Roll

**EVENING:** Mini Burgers w/Mustard & Onions, Potato Salad, Veggie Sticks, Oatmeal Raisin Cookies  
**Additional Selections:** Chef's Salad with Choice of Dressing

**NOON:** Herbed Butter Baked Fish, Rice Pilaf, Steamed Broccoli with Cheese Sauce, Wheat Roll, Chocolate Mousse  
**Additional Selections:** Marinated Italian Chicken, Rice Pilaf, Steamed Broccoli w/ Cheese Sauce, Wheat Roll

**EVENING:** Roasted Beef w/Gravy, Twice Baked Potato Casserole, Buttered Brussels Sprouts, Sweet Yeast Roll, Carrot Cake w/Cream Cheese Frosting  
**Additional Selections:** Fruit Plate with Cottage Cheese, Muffin

**NOON:** Herb Roasted Pork Loin w/Gravy, Navy Beans, Seasoned Greens, Cornbread, Strawberry Cream Cake  
**Additional Selections:** Bowl of Navy Beans with Onion, Sliced Tomatoes, Seasoned Greens, Cornbread

**EVENING:** Baked Caramelized Ham & Swiss on Bun, Herbed Tomato & Vegetable Soup, Sponge cake w/Peach topping  
**Additional Selections:** Derby Hot Brown topped w/ Creamy Mornay Sauce, Herbed Tomato & Vegetable Soup

**NOON:** Chicken Parmesan, Spaghetti Marinara, Baked Zucchini & Squash w/ Herbs, Garlic Bread, Sweet & Salty Crunch Cookie  
**Additional Selections:** BLT Chopped Salad w/ Creamy Ranch, Garlic Bread

**EVENING:** Chopped Sirloin w/Steak Sauce, Baby Redskin Potatoes, Buttered Green Peas, Yeast Roll, Peanut Butter Chocolate Lasagna  
**Additional Selections:** Grilled Turkey on Wheat Bread, Potato Chips, Lettuce and Tomato

**NOON:** Macaroni & Cheese, Pinto Beans, Sauteed Cabbage, Cornbread Muffin, Apple Turnover w/Icing  
**Additional Selections:** Pimiento Cheese Sandwich, Fried Green Tomatoes, Pasta & Vegetable Salad

**EVENING:** Pulled Pork w/BBQ Sauce, Maple Glazed Candied Yams, Crunchy Broccoli Salad, Grilled Texas Toast, Chocolate Fudge Brownie  
**Additional Selections:** Grilled Cheese & Tomato Sandwich w/ Pickle Spear, Crunchy Broccoli Salad