November 2021

Epsom HealthCare Center West Wing

1	Monday
9:30	1-1 Visits with Coffee
11:30	Walking Club
1:30	Maing Skull Dolls WWDR
2:30	Movie "Coco" WWDR

2	Tuesday
9:30	1-1 Visits
10:00	Coffee Social WWDR
10:30	Making Marble Tunnels WWDR
2:30	Marble Roll Game WWDR
3:30	101 Questions

3	Wednesday
9:30	1-1 Visits
10:30	Church with Reverend Page WWDR
11:00	Walking Club
2:00	Tea Time Memory Game WWDR

4	Thursday
9:30	1-1 Visits
10:30	Catholic Group with Father John WWDR
11:00	Walking Club
2:30	Bingo for Bucks WWDR
3:30	Riddle Thursday!

5	Friday
9:30	1-1 Visits
10:00	Chair Exercises
10:30	Shakespeare Trivia
11:00	Walking Club
2:00	Inkblot Art WWDR
3:30	Let's Talk

6	Saturday
	SAXOPHONE DAY
9:30	Coffee Cart Room to Room
2:30	Nacho Social WWDR

7	Sunday
8:00	Sunday Mass Ch31.1
10:30	Coffee Social WWDR
1:00	Patriots Game
1:30	Ice Cream Cart

8	Monday
9:30	1-1 Visits
10:00	Playing Mad Libs WWDR
11:00	Relax Your Shoulders
2:30	Making Magazine Colleges WWDR

9	Tuesday
9:30	Coffee Social WWDR
10:30	Telling Puns
2:00	Making Wind Catchers WWDR
3:00	Sing A Long WWDR

10	Wednesday
9:30	1-1 Visits
10:30	Church Service with Reverend Page WWDR
11:00	Walking Club
2:30	Bingo For Bucks WWDR

11	Thursday
	VETERANS DAY
9:30	1-1 Visits
10:00	Catholic Group with Father John WWDR
12:00	Veterans Day Lunch
2:30	Don Smith Sings WWDR

12	Friday
9:30	Coffee Cart
10:30	Current Events
11:30	Walking Club
2:00	Making and Eating Carmel Apple Slices WWDR

13	Saturday
	NATIONAL INDIAN PUDDING DAY
10:30	Telling Baby Stories
2:30	Manicures w/ Madi

14	Sunday
	LOOSEN UP, LIGHTEN UP DAY
8:00	Sunday Mass Ch31.1
10:30	Trivia
1:00	Patriot's Game
2:30	Library Cart

15	Monday
9:30	Word Scramble & Coffee Social
11:30	Walkign Club
2:00	Beautiful Trees WWDR
2:30	Landscape Painting WWDR

16	Tuesday
9:30	1-1 Visits
10:00	Coffee Social WWDR
10:30	Listening to Big Band
2:30	Making Clay Oil Diffusers WWDR

17	Wednesday
9:30	1-1 Visits
10:30	Church Service with Reverend Page WWDR
11:00	Walking Club
2:30	Going To Boston Game WWDR

18	Thursday
9:30	1-1 Visits
10:00	Catholic Group with Father John WWDR
10:30	Walking Club
2:30	Bingo For Bucks WWDR
4:00	Riddle Thursday

19	Friday
9:30	Coffee and Chat
10:30	Beachball Bounce WWDR
2:00	Toilet Paper Bowling WWDR
3:00	Let's Talk

20	Saturday
	WORLD CHILDREN DAY
10:30	Exercise Group
1:30	Hallmark Christmas Moive Ch.15
2:30	Coloring Fun

21	Sunday
	WORLD HELLO DAY
8:00	Sunday Mass Ch31.1
10:30	Aromatherapy & Hand Massages
2:30	Word Games

22	Monday
9:30	1-1 Visits
10:00	Tea with the First Ladies
11:00	Word Search Monday
2:00	Making Turkey Favors WWDR

23	Tuesday
9:30	Coffee Social & Manicures
11:00	Walking Club
1:30	Making Thankful Sheets WWDR
3:00	Making Balloon Turkeys WWDR

24	Wednesday
9:30	1-1 Visits
10:30	Church Service with Reverend Page WWDR
11:00	Walkikng Club
2:30	Bingo For Bucks
3:30	Making Pumpkin Parfaits WWDR

25	Thursday
	HAPPY THANKSGIVING
9:30	Coffee Cart
10:00	Macy Day Parade
2:30	Gratitude Game
3:30	Parfait Social

26	Friday
9:30	1-1 Visits
10:00	Coffee Social WWDR
11:00	Walkign Club
2:30	Black Friday Bingo Store WWDR

27	Saturday
	SMALL BUSINESS SATURDAY
9:30	Coffee & Leg Work
3:00	Painting Christmas Rocks WWDR

28	Sunday
	ADVENT SUNDAY
8:00	Catholic Mass Ch31
10:30	Hot Chocolate & Stories
1:00	Patriots Game
2:30	Ice Cream Cart

29	Monday
9:30	Coffee Social &
10:30	Playing Who Am I Game
11:00	Walking Club
2:30	Fun & Games
3:30	Mindful Minute

30	Tuesday
	NEW YEAR'S EVE
9:30	Coffee & Current Events
2:00	Sit Down Square Dancing
6:00	New Year's Eve Party

WWDR= West Wing dining rooom, AR=Activity Room, EWDR= East Wing dining room Calendars are subject to change