

January 2022

Epsom HealthCare Center West Wing



Happy New Year!



1	Saturday
	NEW YEAR'S DAY
10:30	1-1 Visit Room to Room
2:30	Undeck the Halls

2	Sunday
8:00	Sunday Mass Ch31.1
10:30	Can You Guess the Fairy Tale?
1:00	Patriots Game
2:30	Hot Cocoa Party

3	Monday
9:30	Coffee Social
10:30	Famous Curses
11:00	Walking Group
2:00	Question Ball? WWDR
2:30	Mint Oreo Social
3:00	1-1 Visits

4	Tuesday
10:00	Coffee Social
10:30	True or False Trivia
11:00	Restful Minute
2:30	Making 2022 Vision Boards

5	Wednesday
9:30	1-1 Visits
10:30	Church Service with Reverend Page WWDR
11:00	Walking Club
2:30	Let's Draw Blindfolded
3:30	Fairy Tail Harm

6	Thursday
9:30	1-1 Visits
10:00	Catholic Group with Father John WWDR
10:30	Walking Club
2:30	Bingo for Bucks WWDR

7	Friday
9:30	Coffee Social
10:00	Playing Mind Ball
11:00	Walking Club
2:00	Name That Sports Hero
3:00	Making a Spaceshuttle

8	Saturday
	ARGYLE DAY
10:30	Playing Finish Lines
2:30	Making Water Color Birds

9	Sunday
	NATIONAL APRICOT DAY
8:00	Sunday Mass Ch31.1
9:30	Coffee & Word Scramble
1:00	Patriots Game
2:30	Dancing Paint

10	Monday
10:30	Coffee and Shooting the Breeze
11:00	Walking Club
2:30	Playing Charades
3:30	Breath Deep

11	Tuesday
9:30	1-1 Visits
10:00	Coffee Social
10:30	Guess the Recipe?
11:00	Shoulder Stretches
2:30	Stained Glass Art

12	Wednesday
9:30	1-1 Visits
10:30	Church Service with Reverend Page WWDR
11:00	Walking Club
2:30	Winter Logic Puzzle
3:30	Tounge Twisters

13	Thursday
9:30	1-1 Visits
10:00	Catholic Group with Father John WWDR
10:30	Walking Club
2:30	Bingo for Bucks
3:30	Riddle Thursday

14	Friday
9:30	Coffee and Chat
10:30	Matching Game
11:00	Mindful Minute
2:00	Painting Class
3:30	Walking Group

15	Saturday
	NATIONAL HAT DAY
10:00	Coffee/Juice Social
1:30	Hallmark Moive Ch.15
2:30	How Many Words Can You Find?

16	Sunday
	WORLD SNOW DAY
8:00	Sunday Mass Ch31.1
10:00	Trivia Game
2:30	Northern Lights Artwork

17	Monday
	MARTIN LUTHER KING DAY
9:30	Coffee Soical
10:30	Free Throw
1:30	Military Tatto Discussion
3:00	Reminiscing

18	Tuesday
10:00	Coffee Social
10:30	Playing Word Games
11:00	Walking Club
2:30	Making Snowman Donuts
3:00	Eating Snowmen!!!!

19	Wednesday
9:30	1-1 Visits
10:15	Church Service with Reverend Page WWDR
11:00	Walkikng Club
2:00	Tin Can Toss
3:00	Coming to Age Rituals

20	Thursday
9:30	1-1 Visits
10:00	Catholic Group with Father John WWDR
10:30	Walking Group
2:30	Bingo for Bucks

21	Friday
10:00	Coffee Social
10:30	Morning Chat
2:00	Come To The Quilting Circle
3:00	Reminiscing

22	Saturday
	WORLD POLKA DOT DAY
10:30	Puzzle Pakets
1:30	Hallmark Moive Ch 15.1
3:00	Nails and Spa

23-30	Sunday
10:30	Coffee & Snack Cart
3:00	Winter Picture Art
	JAN 30TH
9:30	Coffee Social
2:30	Flower Trivia

24-31	Monday
9:30	Coffee & Exercise
2:30	Newspaper Target
	JAN 31ST
10:00	Hot Chocolate Social
2:30	Trivia

25	Tuesday
9:30	1-1 Visits
10:00	Magazine Scavenger Hunt
2:30	Making Hearts
3:00	Heart Rice Crispy Treat Social

26	Wednesday
9:30	1-1 Visits
10:30	Church Service w/ Rev. Page WWDR
11:00	Walking Club
2:00	Practicing Doing Nothing
3:00	Let's Talk

27	Thursday
9:30	1-1 Visits
10:00	Catholic Group w/ Father John WWDR
10:30	Walking Club
2:30	Bingo For Bucks WWDR
4:00	Mindful Minute

28	Friday
9:30	Coffee Talk
10:00	Fifty States / Fifty facts
2:00	4 Square Dance Party
3:30	Juice Cart

29	Saturday
	PUZZLE DAY
11:00	Do You Want To Draw A Snowman?
2:15	Making Cardinals Out Of Yarn

