

March 2020

# NHC Desloge

801 Brim Street Desloge, Missouri 63601 (573) 431-0223



**Zach Anderson**  
Administrator

**Tim Francis**  
Director of Nursing

**Bev Hampton**  
Office Manager

**Jodi Knowles**  
Marketing & Admissions Director

**Natalie Mucci**  
Social Services Director

**Ryan Young**  
Health Information Manager

**Thera Barton**  
Wellness Director

**Jeff Lind**  
Food Service Manager

**Scott Forsythe**  
Maintenance Manager

**Brandon Klinsbeck**  
Environmental Services Director

**Tasha Hollock**  
Rehab & Therapy Director

**Janet Addis**  
Transportation Coordinator



## The Hard Talk

It is difficult to discuss advanced directives, palliative care, and hospice care with your spouse, son, or daughter. Sometimes that Hard Talk has to take place and being informed of what each term and care means can assist in The Hard Talk.

### • **Advanced Directive:**

o An advanced directive is also known as a living will is a legal document in which a person specifies what actions and treatment preferences they wish in end-of-life situations when they no longer can speak for themselves.

o The advanced directive also can give a spouse, relative, or friend the authority to make medical decisions when the individual can no longer make decisions on their own.

### • **Palliative Care:**

o Palliative care is a specialized care for people living with a serious illness. Palliative care focuses on providing relief from the symptoms and stress of the illness. This form of care focuses on improving quality of life for both the patient and the family.

o The palliative care team makes sure your doctors know and understand what you want for treatment and care, giving you more control over your care. The palliative care team works with you, your family, and your doctors providing an extra layer of support when you and your family need it most.

### • **Hospice Care:**

o Similar to palliative care, in that it supports the patient and family. However, hospice is begun when attempts to cure the person's illness are stopped. Hospice is provided with a terminal illness or when the doctor believes he or she has 6 months or less to live if the illness runs its natural course.

o Hospice care brings a team of specialties together: nurses, doctors, social workers, spiritual advisors, and trained volunteers.

o The hospice team visits regularly and is available 24 hours a day, 7 days a week.

Jennifer Becker MSN, APRN, FNP-BC MOQI NURSE

## ADVANCE DIRECTIVES RECAP

🌸 Advanced Directive lets everyone know your wishes for treatment and recovery when faced with illness.

🌸 Palliative Care extra care to help with serious illness and can be provided along with curative treatment to help improve quality of life.

🌸 Hospice Care when illness can no longer be cured, person withdraws from treatments, and doctor believes person has 6 months or less to live.

*“Be Brave Enough to Start a Conversation That Matters”*

*Dau Voire*



## Partner Birthdays



Taylor McLeod 3/17

Jodi Knowles 3/18

Patty White 3/21

Brett Lawson 3/22

Danielle Marshall 3/29

Lanie Larkin 3/30

## Won't You Be My Neighbor?



Each year, March 20 is celebrated as Won't You Be My Neighbor Day in honor of the birthday of

Fred Rogers, everybody's favorite television neighbor. Rogers suffered a lonely childhood and was often taunted about being overweight. He overcame his shyness to become a Presbyterian minister but left the seminary to go into television. He hated TV and wanted to transform it into a means of nurturing those who would watch and listen. Rogers was a natural when it came to children's broadcasting, using his talents to develop puppets, music, and characters that appealed to kids' better natures. By the time the show *Mister Rogers' Neighborhood* aired in 1968, he had mastered his use of imaginative elements and the kind, quiet manner that became his trademark.

Kindred  
Hospice  
*Our Care Matters*  
(573) 705-3475

Preferred  
HOSPICE  
[www.preferredhospice.com](http://www.preferredhospice.com)  
(573) 756-9800

  
[www.safeharborhospice.com](http://www.safeharborhospice.com)  
877-404-7478

Heart & Soul  
HOSPICE  
(573) 756-7066

  
(573) 431-0162

Who will decide if you can?

We offer

## Advance Directives

Advance Directives are legal documents that state a patient's wishes when that patient becomes unable to speak for themselves.

MAKE YOUR Wishes KNOWN

See Natalie for details

Natalie Mucci  
Director of Social Services



NHC  
NATIONAL HOSPICE CERTIFICATION



**Tuesday, March 17<sup>th</sup>**  
**2:30pm**  
**Main Dining Room**

with Special Entertainment from  
**Bruce Turner**

**NHC Desloge**  
**801 Brim Street**  
**Desloge, MO 63601**

Postage  
Information



*Resident Birthdays*



Barbara Donnelly 3/5

Edna Hawkins 3/9

LC McConnell 3/11

Ron Elkins 3/13

Carla Cooper 3/18

## March Birthdays

In astrology, those born between March 1–20 are the Fish of Pisces. Fish feel things deeply, as in under-the-sea deep. These intuitive, creative, and intelligent people have strong feelings of right and wrong and also love to help others. Those born between March 21–31 are the Rams of Aries. As the first sign of the zodiac, Aries like to be number one. Bold, courageous, passionate, and somewhat impulsive, Rams dive headfirst into even the most challenging situations.

Theodor Seuss Geisel (writer) – March 2, 1904  
Lou Costello (comedian) – March 6, 1906  
Mickey Dolenz (Monkee) – March 8, 1945  
Liza Minnelli (actress) – March 12, 1946  
Moms Mabley (comedienne) – March 19, 1894  
Fred Rogers (neighbor) – March 20, 1928  
Chaka Khan (singer) – March 23, 1953  
Harry Houdini (magician) – March 24, 1874  
Flannery O'Connor (author) – March 25, 1925  
Liz Claiborne (designer) – March 31, 1929