

For release: May 6, 2022 Contact: Brian F. Kidd, SVP/Controller Phone: (615) 890-2020

NHC Reports First Quarter 2022 Earnings

MURFREESBORO, Tenn. -- <u>National HealthCare Corporation</u> (NYSE American: NHC), the nation's oldest publicly traded senior health care company, announced today net operating revenues and grant income for the quarter ended March 31, 2022 totaled \$278,983,000 compared to \$250,973,000 for the quarter ended March 31, 2021, an increase of 11.2%. The net operating revenues increase during the first quarter of 2022 was primarily driven by the occupancy increase in our skilled nursing facilities, as well as the June 2021 acquisition of Caris Healthcare, a hospice provider.

For the quarter ended March 31, 2022, the reported GAAP net income attributable to NHC was \$15,318,000 compared to \$21,267,000 for the same period in 2021. Excluding the unrealized gains in our marketable equity securities portfolio and other non-GAAP adjustments, adjusted net income for the quarter ended March 31, 2022 was \$14,081,000 compared to \$16,592,000 for the same period in 2021 ^(*). The decrease in adjusted net income for the first quarter of 2022 compared to the first quarter of 2021 was primarily due to less government stimulus income recorded during the current quarter, as well as higher inflationary pressures on labor costs. The GAAP diluted earnings per share were \$0.99 compared to \$1.38 for the quarters ended March 31, 2022 and 2021, respectively. Adjusted diluted earnings per share were \$0.91 and \$1.08 for the quarters ended March 31, 2022 and 2021, respectively.

(*) - See the tables below that provide a reconciliation of GAAP to non-GAAP items.

About NHC

NHC affiliates operate for themselves and third parties 75 skilled nursing facilities with 9,456 beds. NHC affiliates also operate 24 assisted living communities, five independent living communities, one behavioral health hospital, 35 homecare agencies, and 29 hospice agencies. NHC's other services include Alzheimer's and memory care units, pharmacy services, a rehabilitation services company, and providing management and accounting services to third party post-acute operators. Other information about the company can be found on our web site at www.nhccare.com.

Non-GAAP Financial Presentation

The Company is providing certain non-GAAP financial measures as the Company believes that these figures are helpful in allowing investors to more accurately assess the ongoing nature of the Company's operations and measure the Company's performance more consistently across periods. Therefore, the Company believes this information is meaningful in addition to the information contained in the GAAP presentation of financial information. The presentation of this additional non-GAAP financial information is not intended to be considered in isolation or as a substitute for the financial information prepared and presented in accordance with GAAP.

Forward-Looking Statements

Statements in this press release that are not historical facts are forward-looking statements. NHC cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. The risks and uncertainties are detailed from time to time in reports filed by NHC with the S.E.C., including Forms 8-K, 10-Q and 10-K, and include, among others, the following: liabilities and other claims asserted against us and patient care liabilities, as well as the resolution of current litigation; availability of insurance and assets for indemnification; national and local economic conditions; including their effect on the availability and cost of labor, utilities and materials; the effect of government regulations and changes in regulations governing the healthcare industry, including our compliance with such regulations; changes in Medicare and Medicaid payment levels and methodologies and the application of such methodologies by the government and its fiscal intermediaries; and other factors referenced or incorporated by reference in the S.E.C. filings. The risks included here are not exhaustive. All forward-looking statements represent NHC's best judgment as of the date of this release.

Consolidated Statements of Operations

(in thousands, except share and per share amounts)

(in thousands, except share and per share amounts)				nths Ended ch 31		
		2022	2021			
		(unal	dited	d)		
Revenues and grant income:	\$	256 227	\$	216 955		
Net patient revenues Other revenues	Φ	256,337 12,026	Φ	216,855 11,369		
Government stimulus income		10,620		22,749		
Net operating revenues and grant income		278,983		250,973		
Net operating revenues and grant moome		210,500		200,010		
Costs and expenses:						
Salaries, wages and benefits		170,694		149,159		
Other operating		74,085		66,124		
Facility rent		10,065		10,063		
Depreciation and amortization Interest		9,757 165		10,161		
				244		
Total costs and expenses		264,766		235,751		
Income from operations		14,217		15,222		
Non-operating income		3,199		6,260		
Unrealized gains on marketable equity securities		3,126		7,059		
Income before income taxes		20,542		28,541		
Income tax provision		(5,193)		(7,233)		
Net income		15,349		21,308		
Net income attributable to noncontrolling interest		(31)		(41)		
Net income attributable to National HealthCare Corporation	\$	15,318	\$	21,267		
Net income per common share						
Basic	\$	0.99	\$	1.39		
Diluted	\$	0.99	\$	1.38		
Weighted average common shares outstanding						
Basic	15.	416,836	1	5,327,520		
Diluted	15,463,855		15,390,076			
	•					
Dividends declared per common share	\$	0.55	\$	0.52		
Balance Sheet Data	March 31		Dec. 31			
(in thousands)		2022		2021		
	(un	audited)				
Cash, cash equivalents and marketable securities		206,028	\$	256,025		
Restricted cash, cash equivalents and marketable securities		175,973		175,884		
Current assets		384,020		426,638		
Property and equipment, net		520,201		520,996		
Total assets		357,011		1,403,396		
Current liabilities		216,487		263,201		
NHC stockholders' equity		905,319		903,004		

Page 3 Selected Operating Statistics

	Three Months Ended March 31 2022 2021 (unaudited)			
Skilled Nursing Per Diems: Medicare Managed Care Medicaid Private Pay and Other	\$	544.66 433.48 228.53 270.19	\$	537.97 405.49 218.08 247.49
Average Skilled Nursing Per Diem	\$	305.78	\$	297.20
Skilled Nursing Patient Days: Medicare Managed Care Medicaid Private Pay and Other		91,583 55,637 304,260 153,955		91,327 61,911 279,101 132,967
Total Skilled Nursing Patient Days		605,435		565,306

The tables below provide reconciliations of GAAP to non-GAAP items *(in thousands, except per share amounts)*:

	Three Months Ended March 31				
	2022		2021		
		(unaudited)			
Net income attributable to National Healthcare Corporation Non-GAAP adjustments	\$	15,318	\$	21,267	
Unrealized gains on marketable equity securities		(3,126)		(7,059)	
Operating results for newly opened facilities not at full capacity ⁽¹⁾		743		245	
Stock-based compensation expense		712		496	
Income tax provision on non-GAAP adjustments		434		1,643	
Non-GAAP Net income	\$	14,081	\$	16,592	
GAAP diluted earnings per share Non-GAAP adjustments	\$	0.99	\$	1.38	
Unrealized gains on marketable equity securities		(0.15)		(0.33)	
Operating results for newly opened facilities not at full capacity ⁽¹⁾		0.04		0.01	
Stock-based compensation expense		0.03		0.02	
Non-GAAP diluted earnings per share	\$	0.91	\$	1.08	

⁽¹⁾ The newly opened facilities not at full capacity for the 2022 period presented consisted of operations opened from 2020 through 2022. This consisted of two behavioral health hospitals that will open during the second quarter of 2022. The newly opened facilities for the 2021 period presented consisted of operations opened from 2019 through 2021. The 2021 period consisted of one memory care facility.