



September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	We will be virtually traveling to Texas this month. Each week we'll see something new and try some popular menu items.		We will be celebrating National Assisted Living Week with a Wild West themed fun filled week, September 12th-17th !!!! 	1 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Team Games 2:30 Sing A Long w/Debbie 3:30 Snack & Beverage Cart 	2 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Trivia (IN2L) 2:30 Let's Make Music 3:30 Snack & Beverage Cart	3 10:00 Hydration & Oranges
4 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Spa Scentsations 1:30 Church of The Shepherd 2:30 BINGO (IN2L) 3:30 Snack & Beverage Cart	5 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Price is Right 2:30 Happy Hour with Gary Fiorino 	6 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Sound 2:30 Travel to Texas 3:30 Snack & Beverage Cart 	7 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Nurture the Birds 2:30 Decorate Cowboy Hats 3:30 Snack & Beverage Cart 	8 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Physical Games 2:30 Pretty Nails 3:30 Snack & Beverage Cart	9 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Finish the Phrase 2:30 Art Therapy 3:30 Snack & Beverage Cart 	10 10:00 Hydration & Oranges
11 <u>Grandparents Day</u> 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Reminiscing 1:30 Church of The Shepherd 2:30 Grandparents Day Celebration with music by Ray Vollmar	12 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 The History of Dance 2:30 <u>Line Dancing Class</u> 3:30 Drinks & Snacks 	13 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Texas Attractions 2:30 <u>"Gold Mining"</u> 	14 <u>Country Music Day</u> 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Nurture the Birds 2:30-4 Happy Hour with "The Happy Gang" <u>Cowboy/Cowgirl Costume Contest</u>	15 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 <u>Can "Shoot" Game</u> 12:00 Country Picnic in TH 2:30 Horse Racing Game 3:30 Snack & Beverage Cart 	16 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Balloon Volleyball 2:30 Sing A Long w/Debbie 3:30 Snack & Beverage Cart 	17 10:00 Hydration & Oranges
18 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Spa Scentsations 1:30 Church of The Shepherd 2:30 BINGO (IN2L) 3:30 Snack & Beverage Cart	19 9:15 Scenic Bus Ride 9:30 Let's Get Moving 10:00 Hydration & Oranges 2:30 Town Hall Meeting 3:30 Snack & Beverage Cart 	20 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Useful Tips 2:30 Southern Traditions 3:30 Snack & Beverage Cart	21 <u>World Alzheimer's Day</u> 9:30 Let's Get Moving 10:00 <u>Catholic Mass</u> 10:15 Hydration & Oranges 10:30 Nurture the Birds 2:30 Happy Hour with Charlie Selbert 	22 <u>First Day of Autumn</u> 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Visual Clips 2:00 Love on a Leash 2:30 Pretty Nails 3:30 Snack & Beverage Cart 	23 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Finish the Phrase 2:30 Apple Tasting Social 	24 <u>Alzheimer's Walk @ St. Charles Community College</u>
25 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Sensory Cart 1:30 Church of The Shepherd 2:30 Games on In2L 3:30 Snack & Beverage Cart	26 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Watercolors to Music 2:30 Happy Hour with Lynn Wellman 	27 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Art Discussion 2:30 Texas Cuisine 3:30 Snack & Beverage Cart	28 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Nurture the Birds 2:30 Happy Hour with Don Hinds 	29 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 CS: Faces/Scenes 2:30 Pretty Nails 3:30 Snack & Beverage Cart	30 9:30 Let's Get Moving 10:00 Hydration & Oranges 10:30 Family Feud 2:30 Country Craft 3:30 Snack & Beverage Cart	Activities and times subject to change to better serve our Neighbors