



## Issue 1 January 2022





WHAT'S YOUR FAVORITE THING ABOUT THE SNOW?

STACY– SITTING IN THE WARM HOUSE, LOOKING OUT THE WINDOW WATCHING THE SNOW FALL.

SHIRLEY– BUILDING A SNOWMAN WITH MY CHILDREN.

VIRGINIA– WHEN IT SNOWS ITS JUST SO PEACEFUL AND QUIET OUTSIDE !

DONNA- MAKING SNOW ANGLES WHEN I WAS LITTLE. LINDA- PLAYING IN THE SNOW.

CHRISTINA- IT'S COLD AND FRESH, I LOVE THE SNOW!

**New Nail Polish Needed** 

We will be offering "Kits" to our residents for residents to use. Should you find yourself with NEW nail polish we would love to be able to offer it to our

residents. See recreation with questions.

Check out the back of the calendar for all the 2021 theme snack cart costumes!

We will be continuing the theme snack cart costumes in 2022 during our new program Learning with Lauren where the whole day will be themed around a subject. Residents are most excited to learn about health and nutrition, zoology, woodshop, medieval and renaissance, botany, life science and sign language!



## NHC St. Charles HealthCare

## 35 Sugar Maple Lane

## St. Charles, MO 63303

Seth Peimann Stacy Arroyo Mary Nolting Marniquce Campbell Nichole Bouchard Denise Benson Kyra Luther Donna Davis Karl Schnoor RD Edward Oketch

Administrator Director of Bookkeeping Health Info Services Director Dietary Manager Director of Recreation Director of Nursing Director of Social Services Facility Rehab Coordinator Director of Dietary Director of Environmental Services

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Mant January

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*Dress up with us and wear white clothes on our Color Theme Day 1/4* 

A dventures with Lauren & Charlie Video : Elephant Rocks State Park 1/21 Social Services Shopping Days 4th and 18th

Special Martin Luther King Jr. Jeopardy Game 1/17