

Springfield Rehab & HealthCare Center

2022

Care Connection



May Highlights

Gardening for Wildlife Month

Health & Fitness Month

May 1st May Day

May 8th Mothers Day

May 4th Star Wars Day

**9th-13th National Skilled Nursing
Care Week:**

9th 50's Day

10th Fiesta Day

11th Western Day

12th Magic Day

**13th Red, White, & Blue Day
With special events each day!**



Happy Mothers Day!

**Mothers come in many forms. Some gave birth to us.
Some adopted us. Some found us in a time of need and
invited us into their lives.**

**Thank you to ALL the types of moms out there for giving us
a part of yourself and enriching our lives!**

Anna Jarvis Turns Mother's Day Into a National Holiday

The official Mother's Day holiday arose in the 1900s as a result of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, Anna Jarvis conceived of Mother's Day as a way of honoring the sacrifices mothers made for their children.

After gaining financial backing from a Philadelphia department store owner named John Wanamaker, in May 1908 she organized the first official Mother's Day celebration at a Methodist church in Grafton, West Virginia. That same day also saw thousands of people attend a Mother's Day event at one of Wanamaker's retail stores in Philadelphia.

Following the success of her first Mother's Day, Jarvis—who remained unmarried and childless her whole life—resolved to see her holiday added to the national calendar. Arguing that American holidays were biased toward male achievements, she started a massive letter writing campaign to newspapers and prominent politicians urging the adoption of a special day honoring motherhood.

By 1912 many states, towns and churches had adopted Mother's Day as an annual holiday, and Jarvis had established the Mother's Day International Association to help promote her cause. Her persistence paid off in 1914 when President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother's Day.

SPRINGFIELD

REHABILITATION AND HEALTH CARE
CENTER

2800 S Fort Ave. Springfield MO 65807

Springfield Rehab & HealthCare Management

Administrator: **Troy Lacey**

Director of Nursing: **Lysandra Harmon**

Clinical Coordinator: **Krista Porter**

Director of Rehab: **Rodel Ravela**

Social Services Director: **Amy Devane**

Head Bookkeeper: **Jerome Irmen**

Dietary Manager: **Drew Martin**

Plant Operations Director/Laundry & House-
keeping: **Tony White**

Recreation Director: **Angie Yancey**

Health Information Manager: **Shayna Samek**

Medical Director: **William Rosen MD**

Marcelo Mantala MD



May Resident Birthdays

5/1 Rosalie Klingsheim

5/3 Judy Bear

5/10 Linda King

5/11 Robin Arment

5/23 Sharon Cartwright

5/23 Elizabeth Way

5/29 Carol Mabe

5/30 Arlene Louder

5/31 Darla Jackson

In astrology, those born May 1–20 are Bulls of Taurus. Like bulls in a pasture, Taureans enjoy relaxing in serene environments. They also work hard and expect a reward for their efforts. Those born from May 21–31 are Twins of Gemini. Perhaps because twins are born with a companion, Geminis love to communicate with others. They are flexible and clever extroverts who can make persuasive arguments.

Dwayne Johnson (actor) – May 2, 1972
Frankie Valli (singer) – May 3, 1934
Audrey Hepburn (actress) – May 4, 1929
Don Rickles (comedian) – May 8, 1926
Stevie Wonder (musician) – May 13, 1950
Janet Jackson (singer) – May 16, 1966
Malcolm X (activist) – May 19, 1925
Mr. T (actor) – May 21, 1952
Bob Dylan (musician) – May 24, 1941
Sally Ride (astronaut) – May 26, 1951
Betty Shabazz (activist) – May 28, 1934
Brooke Shields (model) – May 31, 1965



Employee Anniversaries

5/4/1999 Bryan Totter - CNA
 5/6/2019 Tinesha Gray -Cook
 5/11/2021 Marty Plaster - CNA
 5/11/2021 Charlotte Davis-Raven - RN
 5/13/2019 Kyle Martin - CNA
 5/18/2021 Mikayla Lambert - CNA
 5/21/2018 Shelby Herdon -MT
 5/28/2019 Laurie Smith - Housekeeping
 5/30/2017 Shirley Brown - RN
 5/31/2019 Debbie Williams -NA

Please check the calendar for specific days of activities.

All activity dates are subject to change, any changes will be announced.

WHAT'S HAPPENING!!

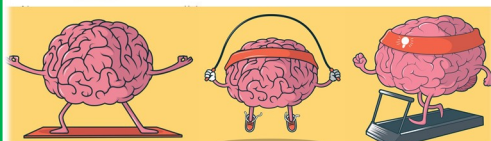
Strengthen Your Mind and Body
with
Tai Chi, Stranger Longer,
& Chair Yoga throughout
the month.

Ice Cream Social Wednesdays at 2:30 in the Day Room



EXERCISE YOUR BRAIN!

WITH CRANIUM CRUNCHES,
PUZZLES, & TRIVIA
ACTIVITIES THROUGHOUT
THE MONTH



Movie Matinee
with popcorn
every Saturday
at 1:30



Every Tuesday & Saturday at
10am



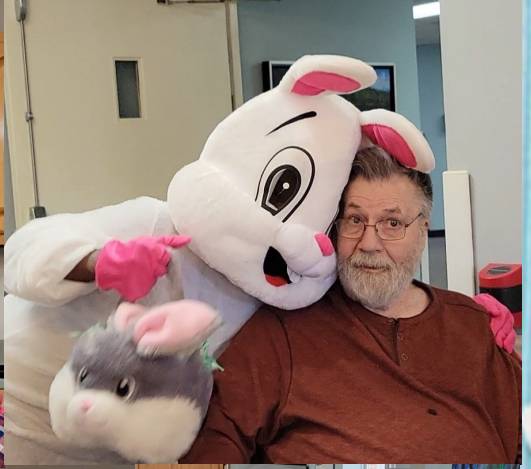
A look back at April.

Revisiting the time honored tradition of coloring Easter eggs.



We had a visit from the Easter bunny that passed out treats to our residents courtesy of Seasons Hospice. It was the highlight of our day, thank you Annie & Seasons!!!





Board games are a big hit !



Getting our hands dirty with some flower & veggie seed planting.



A big thank you to Terrace Home Health for bringing 3 delicious cakes for our monthly Resident Birthday Party!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ <small>1st Day</small>	2 10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Nickel Jackpot	3 9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Ice Cream Social	4 10:00 Stronger Longer 10:45 Cranium Crunches 2:30 Dice Race	5 10:00 Crafts-DIY Sombrosos 12:30 Fancy Nails/D-Hall 3:30 Bible Study w/ South Creek Baptist <small>Chico de Mayo</small>	6 9:30 Therapeutic Circle 10:00 Coffee & Coloring 11:00 Chair Yoga 2:00 Mother's Day Social	7 10:00 Bingo 1:30 Movie Matinee
8 Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ <small>Mother's Day</small>	9 10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:00 Mr. Lucky and the Truetones/Ice Cream Sundae <small>50's Day!</small>	10 9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:00 Boogie & Tattoos w/ Good Shepherd <small>Fiesta Day!</small>	11 10:00 Stronger Longer 10:45 Crafts-Western Bolo Tie 2:00 Country Music w/ Isaac Kenneth <small>Western Day!</small>	12 10:00 Magical Photo Booth 2:00 Marty the Magician 3:30 Bible Study w/ South Creek Baptist <small>Magic Day!</small>	13 9:30 Therapeutic Circle 10:00 Red, White & Blue Trivia 11:00 Chair Yoga 12:00 Resident BBQ/Desserts from Seasons Hospice 2:30 Bomb Pop Social <small>Red, White & Blue Day!</small>	14 10:00 Bingo 1:30 Movie Matinee
15 10:00 Church w/ Pastor Eutsler Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	16 10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Rob the Table	17 9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Karaoke w/ Chaplain James & Phoenix	18 9:30 Stronger Longer 10:30 Godfather's Pizza 2:30 Ice Cream Social	19 9:30 Therapeutic Circle 10:00 Crafts-Wood Flower Coloring 12:30 Fancy Nails/R-Hall 3:30 Bible Study w/ South Creek Baptist	20 9:30 Coffee & Puzzles 10:45 Chair Yoga 2:00 Happy Hour	21 10:00 Bingo w/ Glenda Independent Activities/Games (Day Room) <small>Armed Forces Day</small>
22 10:00 Church w/ Pastor Eutsler Independent Activities/Games (Day Room) 4:00 Devotion's w/ Sunset Church of Christ	23 10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Game-The Minister's Cat <small>Victoria Day (Canada)</small>	24 9:30 Therapeutic Circle 10:00 Bingo 11:30 Memory Care Dining 2:30 Popcorn & Soda Social	25 10:00 Stronger Longer 10:30 Who/What Am I? 2:30 Ice Cream Social Wal-Mart Shopping Cut Off	26 10:00 Crafts-Memorial Day Cross 12:30 Fancy Nails/B-Hall 3:30 Bible Study w/ South Creek Baptist	27 9:30 Therapeutic Circle 10:00 Resident Council/Coffee & Donuts 11:00 Chair Yoga 2:00 Music w/ Country Cross	28 10:00 Bingo 1:30 Movie Matinee
29 Independent Activities/Games (Day Room)	30 10:00 Juice & Daily Chronicles 10:45 Tai Chi 2:30 Boccia Ball w/ Good Shepherd <small>Memorial Day</small>	31 8:30 Therapeutic Circle 10:00 Bingo 2:30 Birthday Party w/ Terrace Home Health	<div>  <h1>May 2022</h1> <p>Springfield Rehab & Healthcare Center</p> </div>			

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