

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Palmettos Wellness Program:

Blue- Physical, Purple- Spiritual, Red- Social, Orange-Vocational,
Green- Intellectual, Yellow- Emotional, Pink- Environmental

			9:00 Catholic Communion 1 with St. Michaels followed by Catholic Mass Video (BL) 11:00 Manicures with Erica (BL) 1:30 Movie Matinee: The Da Vinci Code (2hr 28min)(CR) 3:00 Word Games (BL) 4:00 Happy Hour (BL)	Happy Birthday, Davis! 2 <i>*No Exercise Today*</i> 1:30 Walmart Outing (Must Be Signed Up at Front Desk) 4:00 Happy Hour (BL)	11:00 TV Series: 3 Downton Abbey (1hr) (CR) 2:00 My 2 Cents Social Game (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	1:30 Saturday Stretches 4 with Randi (CR) 2:30 Movie Matinee: Butch Cassidy & The Sundance Kid (1hr 50min) (CR) 3:30 Happy Hour with Randi (BL)
10:00 Worship Service 5 with Coastal Bible Church (CR) 2:30 Independent Board & Card Games (BL) 3:30 Happy Hour with Dietary (BL)	11:00 Devotional 6 with Erica (CR) 2:00 Crafting Time (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL) Labor Day	11:00 Devotional with 7 Mark McCoy (as Jonah!) (BL) 2:00 Person of the Month Discussion Group: Paul Newman (CR) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	9:00 Catholic Communion 8 with St. Michaels followed by Catholic Mass Video (BL) 11:00 Devotional with Dana from Caris (CR) 1:30 Movie Matinee: My Fair Lady (2hr 53min)(CR) 3:00 Word Games (BL) 4:00 Happy Hour (BL)	11:00 Rockin' Fitness 9 with Randi (CR) 2:00 Ball Games with Randi (CR) 3:00 Table Games with Randi (BL) 4:00 Happy Hour (BL)	11:00 TV Series: Downton 0 Abbey (1hr)(CR) 2:00 Hangman Word Game (CR) 3:00 Bingo (MPR) 4:00 Happy Hour with Live Music by the Nouveaux Honkies! (BL)	1:30 Saturday 11 Stretches with Randi (CR) 2:30 Chatting with Randi (CR) 3:30 Happy Hour with Randi (BL)
11:00 Chatting Outside 12 (Weather Permitting) 2:30 Independent Board & Card Games (BL) 3:30 Happy Hour with Dietary (BL) Grandparents Day	11:00 Chair Yoga 13 with Rebecca (CR) 2:00 Word Games (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	Happy Birthday, Joan H! 14 11:00 Sit & Be Fit with Randi (CR) 2:00 Discuss & Recall Group (CR) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	Happy Birthday, Kate! 15 11:00 Online Shopping Assistance with Erica (BL) 1:30 TV Series: Life in Color with David Attenborough (50min)(CR) 3:30 Catholic Mass with St. Michaels (CR) 4:00 Happy Hour (BL) Yom Kippur Begins	11:00 Rockin' Fitness 16 with Randi (CR) 1:30 Scenic Ride (Must Be Signed Up at Front Desk) 2:00 Trivia (CR) 3:00 Balloon Toss (CR) 4:00 Happy Hour (BL)	11:00 TV Series: 17 Downton Abbey (1hr) (CR) 2:00 Palmetto Art Show (BH) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	1:30 Saturday Stretches 8 with Randi (CR) 2:30 This Day in History with Randi (CR) 3:30 Happy Hour & Oktoberfest Social with Randi (BL) Oktoberfest Begins
11:00 Worship with 19 Christ United (CR) 2:30 Independent Board & Card Games (BL) 3:30 Happy Hour with Dietary (BL)	11:00 Devotional 20 with Erica (CR) 1:30 Making Music with Mike Smith (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL) Sukkot Begins	Happy Birthday, Cathy J! 21 11:00 Sit & Be Fit with Randi (CR) 2:00 Food Council Meeting with Candis (Private Dining Room) 2:00 September Birthday Social (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	9:00 Catholic Communion 22 with St. Michaels followed by Catholic Mass Video (BL) 11:00 Manicures with Erica (BL) 1:30 Movie Matinee: Has Anybody Seen My Gal (1hr 28min)(CR) 2:00 Paint Along w/Erica (MPR) 4:00 Happy Hour (BL) Autumn Begins	<i>*Bookmobile Visit*</i> 23 11:00 Rockin' Fitness with Randi (CR) 1:30 Kohls Shopping (Must Be Signed Up at Front Desk) 2:00 What Am I? Guessing & Discussion Group (CR) 3:15 Live Music with Chuck (BL) 4:00 Happy Hour (BL)	10:30 Worship with 24 Arms Wide Open Church (CR) 2:00 Resident Council Meeting (CR) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	Happy Birthday, Betty M & Margaret G! 25 1:30 Saturday Stretches with Randi (CR) 2:30 Word Games with Randi (CR) 3:30 Happy Hour with Randi (BL)
11:00 Chatting Outside 26 (Weather Permitting) 2:30 Independent Board & Card Games (BL) 3:30 Happy Hour with Dietary (BL)	11:00 Chair Yoga w/ Rebecca (CR) 27 2:00 Rock 'N' Ettes Dance Performance (BL) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	11:00 Sit & Be Fit 28 with Randi (CR) 2:00 Fire Safety Meeting with Aaron (CR) 3:00 Bingo (MPR) 4:00 Happy Hour (BL)	9:00 Catholic Communion 29 with St. Michaels followed by Catholic Mass Video (BL) 11:00 Manicures with Erica (BL) 1:30 Movie Matinee: Titanic (3hr 14min)(CR) 2:00 Book Club w/Teri (L) 3:00 Crafting Time (BL) 4:00 Happy Hour (BL)	11:00 Rockin' Fitness 30 with Randi (CR) 1:30 Walmart Outing (Must Be Signed Up at Front Desk) 3:30 Word Games (BL) 4:00 Happy Hour (BL)	Activities Subject to Change Please See Board in Front Lobby for Daily Updates BL- Bistro Lounge MPR- Multipurpose Room CR- Club Room L- Library G- Gym BH- Bistro Hall	