

Happy  
New Year!

JANUARY

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b>  10:00 am <b>Bingo</b> with Roberta  Independent Activities Activity Packets Available in the Activity Room	<b>31</b>  9:30 am Pretty Nails – AR 2:00 pm Exercise – LR 3:00 pm Men’s Club (Playing Dominos) - MDR	<u>LOCATION KEY</u> MDR – Main Dining Room AR – Activity Room IR – In Room Activities Courtyard – Outside LR – Living Room		<b>Activities are subject to change to meet the needs of our patients</b>	<u><b>BIRTHDAYS</b></u>  <b>Larry Reeves 4<sup>th</sup></b> <b>Richard Stinnett 5<sup>th</sup></b> <b>Harlin Green 15<sup>th</sup></b> <b>Ruby Mead 15<sup>th</sup></b> <b>Mary Simmons 20<sup>th</sup></b>	<b>1</b>  
<b>2</b>  10:00 am <b>Bingo</b> with Roberta  Independent Activities Activity Packets Available in the Activity Room  <b>Chiefs @ Bengals – 12:00 pm</b>	<b>3</b>  9:30 am Pretty Nails – AR 2:00 pm Exercise – LR 3:00 pm Ladies Club (Sharing Circle) - AR	<b>4</b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm Bible Study- AR 3:00 pm Movie & Popcorn – LR	<b>5</b>  9:30 am Trivia 10:00 am Bingo – MDR 2:00 pm Chair Yoga - LR 3:00 pm Arts & Crafts (Watercolor Painting)- AR	<b>6</b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm Farkle - MDR 3:00 pm Ice Cream Social- MDR	<b>7</b>  <b>10:00 am BJ Davis Music</b> <b>1:00 pm Boaz Visit</b> 2:00 pm Exercise - LR 3:00 pm Snack Bingo - MDR	<b>8</b>  Independent Activities Activity Packets Available in the Activity Room  1:00 pm Movie & Popcorn - MDR
<b>9</b>  10:00 am <b>Bingo</b> with Roberta  Independent Activities Activity Packets Available in the Activity Room  <b>Chiefs @ Broncos – 3:25 pm</b>	<b>10</b>  9:30 am Pretty Nails – AR 2:00 pm Exercise – LR 3:00 pm Men’s Club (Playing LRC -AR	<b>11</b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm Movie & Happy Hour – MDR (Wine, Cheese & Crackers)	<b>12</b>  9:30 am Trivia 10:00 am Bingo – MDR 2:00 pm Exercise - LR 3:00 pm Arts & Crafts (Snowflake Art)- AR	<b>13 <u>Chili Cook-Off Day</u></b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm Bulls Eye <b>3:00 pm Cooking Club - AR (Chili)</b> 	<b>14</b>  9:30 am – Road Trip to Grand Canyon- Video Series 10:00 am Bingo – MDR 2:00 pm Wheelchair Dancing – LR 3:00 pm Ice Cream Social - MDR	<b>15</b>  Independent Activities Activity Packets Available in the Activity Room  1:00 pm Movie & Popcorn - MDR
<b>16</b>  10:00 am <b>Bingo</b> with Roberta  Independent Activities Activity Packets Available in the Activity Room	<b>17 <u>Martin Luther King Day</u></b> <b>March-A Thon</b> <b>(Get your Walk on!)</b> 9:30 am Pretty Nails – AR 2:00 pm Exercise – LR 3:00 pm Ladies Club (Sharing Circle) - AR	<b>18</b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm Bible Study- AR 3:00 pm Movie & Popcorn – LR	<b>19 <u>National Popcorn Day</u></b>  9:30 am Trivia w/Popcorn balls 10:00 am Bingo – MDR 2:00 pm Chair Yoga – LR 3:00 pm Arts & Crafts using popcorn and popcorn kernels- AR 	<b>20</b>  9:30 am CST Circle – AR 10:30 am Therapy Circle – AR <b>2:00 pm Monthly Birthday Party - MDR</b>	<b>21</b>  9:30 am - Trivia 10:00 am Bingo – MDR 2:00 pm Exercise – LR 3:00 pm Ice Cream Social – MDR	<b>22</b>  Independent Activities Activity Packets Available in the Activity Room  1:00 pm Movie & Popcorn- MDR
<b>23</b>  10:00 am <b>Bingo</b> with Roberta  Independent Activities Activity Packets Available in the Activity Room	<b>24</b>  9:30 am Pretty Nails – AR 2:00 pm Exercise – LR 3:00 pm Men’s Club (Checkers/Chess) - AR	<b>25</b>  <b>10:30 am Resident Council – MDR</b> 2:00 pm Movie & Happy Hour - MDR (Beer, Chips & Salsa)	<b>26</b>  9:30 am Trivia 10:00 am Bingo – MDR 2:00 pm Exercise - LR 3:00 pm Arts & Crafts (Valentine Table Decorations) - AR	<b>27 <u>National Chocolate Cake Day</u></b>   9:30 am CST Circle – AR 10:30 am Therapy Circle – AR 2:00 pm LRC <b>3:00 pm Cooking Club - AR (Chocolate Cupcakes and Ice Cream)</b>	<b>28 <u>Fun At Work Day</u></b>  9:30 am – Road Trip to Ireland- Video Series 10:00 am Brown Bag Bingo – MDR 2:00 pm Wheelchair Dancing – LR 3:00 pm Karaoke and Ice Cream Sundae Social -MDR	<b>29</b>  Independent Activities Activity Packets Available in the Activity Room  1:00 pm Movie & Popcorn - MDR