Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Strength	9:30 Mornings with Sandra* 1:30 Transport Begins 2:00 Live Music - Cowboy Dan 3:30 Snacks and Trivia 4:00 Taking down Halloween	9:30 Mornings with Sandra* Roaming Room Cart with Wendy 2:00 Bingocize 3:15 Snacks 3:30 Turkey Art	9:30 Devotion and Hymns 10AM Sit and Be Fit w/Sandra Wendy's Room Visits 2:00 Manicures 3:15 Snacks and Stories 3:45 Group Crosswords 6:00 Classic TV: Hee Haw	9:30 Mornings with Sandra* 10AM Pet Therapy & 1:1s 10:45 Walk to Dine 2:00 Spelling Bee 3:15 Snacks 3:45 Music and Markers	9-11 Student Led Activities 10:45 Walk to Dine 1:30 Worship with Pastor Brian 2:15 Bingo for Prizes Day 3:30 Snacks and Chats National Doughnut Day	10AM Cartoon Matinee 2:00 Balloon Volleyball 3:15 Snacks & Music 4:00 Movie in Dining Room: Airbud
7 10AM Church on TV Family Visits and Individual Pursuits 3:00 The Three Stooges 7:20 Titans vs Rams on CBS Daylight Saving Time Ends	9:30 Mornings with Sandra* 1:30 Transport Begins 2:00 Live Music 3:30 Birthday Celebration with Annie Sue	9:30 Mornings with Sandra* Roaming Room Cart with Donna 2:00 Bingocize 3:15 Snacks 3:30 Holiday Crafts with Donna National Sundae Day	9:30 Devotion and Hymns 10AM Sit and Be Fit w/Sandra Donna's Room Visits 2:00 Famous Faces Game 3:15 Snacks 3:45 Card Games 6:00 Classic TV: I Love Lucy	9:30 Patriotic Singalong 10AM Pet Therapy & 1:1s 10:45 Walk to Dine 2:00 Stretching with Sandra 2:30 Veteran's Day Parade 3:00 Veteran Day Celebration 3:45 How it's Made: The Making of the American Flag Veterans Day Remembrance Day (Canada)	9:30 Mornings with Sandra* Roaming Room Cart with Wendy 10:45 Walk to Dine 1:30 Worship with Pastor Brian 2:15 Bingo 3:15 Snacks and Chats CK Soup for the Soul Day	9:30 1:1 Menus 10AM Chair Dancing 10:45 Walk to Dine 2:00 Thanksgiving Jingo 3:15 Snacks & Riddles 5:30 Movie: Annie
3:00 Snacks and Chats 4:00 What's Your Opinion?	9:30 Mornings with Sandra* Room Visits with Donna 1:30 Transport Begins 2:00 Live Music 3:15 Snacks 3:30 Men's Group 4:00 Thanksgiving Menu Planning: Reminisce	9:30 Mornings with Sandra* Roaming Room Cart with Wendy 2:00 Bingocize 3:15 Snacks 3:45 Walk to Dine 4:00 Read Aloud Thanksgiving Stories	9:30 Devotion and Hymns 10AM Sit and Be Fit w/Sandra Wendy's Room Visits 2:00 Pumpkin Games 3:15 Snacks: Homemade Bread Day 3:45 Walk to Dine 6:00 Classic TV:The Lawrence Welk Thanksgiving Show	9:30 Mornings with Sandra* 10AM Pet Therapy & 1:1s 10:45 Walk to Dine 2:00 RESIDENT COUNCIL MTG (one week early due to holiday) 3:15 Snacks 3:45 Walk to Dine 4:00 Finish the Proverb	9:30 Strength Training with Wendy 10:00 On This Day in History 10:45 Walk to Dine 1:30 Worship with Pastor Brian 2:15 Bingo 3:15 Snacks and Music	10:15 Saturday Morning with Sandra 2:00 Thanksgiving Manicures 3:15 Snacks 5:30 Movie: FreeBirds
2:00 Thanksgiving Centerpieces (Floral Arranging) 3:00 Snacks and Music 3:45 Sing Along with Beth (YT)	9:30 Mornings with Sandra* 22 1:30 Transport Begins 2:00 Live Music 3:15 Snacks 3:30 Prepare the House: Company's Coming (Folding)	9:30 Laughter Yoga with Donna 10:15 AM Pictionary 2:00 Bingocize 3:15 Snacks 3:45 Shoot the Turkey Game	9:30 Devotion and Hymns 10AM Sit and Be Fit w/Sandra 10:45 Walk to Dine 2:00 Cooking Class: Thanksgiving Pies 3:00 Birthday Celebration w/ Hilda 6 Classic TV: Charlie Brown Thanksgiving	9:00 Macy's Thanksgiving Day Parade 10:45 Walk to Dine 2:00 Exercise with Sandra 2:30 Games with Wendy 3:15 Snacks 3:45 Kids Say the Darndest Things Thanksgiving Day	9:30 Mornings with Sandra* Roaming Room Cart with Wendy 10:45 Walk to Dine 2:15 Bingo 3:15 Snacks and Chats 3:45 Undecorate Thanksgiving	9:30 1:1 Menus 10AM Soccer Kick 10:45 Walk to Dine 2:00 Reminisce: Christmas Tree Cutting (YT) w/Aromatherapy 2:30 Let's Begin Decorating for Christmas! 3:15 Birthday Celebration w/Ruth 5:30 Christmas Movies Begin!
9:30 Sunday Stretches 10AM Prayer Circle 10:30 Virtual Worship Noon Titans vs Texans on CBS 3:00 Snacks and Chat 3:30 Name 5 Game Hanukkah Begins	9:30 Mornings with Sandra* 1:30 Transport Begins 2:00 Live Music 3:15 Snacks 3:30 Christmas Gift Prep	9:30 Mornings with Sandra* Roaming Room Cart with Wendy 2:00 Bingocize 3:15 Snacks 3:30 Holiday Crafts with Wendy	No	Continui Vem	ng Care OCT 20	21

NHC Continuing Care *Activities and Times are subject to change