


| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   |
|---|--|---|--|--|---|--|
| <p><b>NOON:</b> Golden Fried Chicken, Garlic Mashed Potatoes, Green Bean Casserole, Wheat Roll, Cherry Cobbler<br/><b>Additional Selections:</b> Seared Split Bratwurst w/ Onions, Garlic Mashed Potatoes, Green Bean Casserole, Wheat Roll</p> <p><b>EVENING:</b> Mini Burgers w/ Mustard &amp; Onions,Potato Salad,Veggie Stick,Oatmeal Cookie<br/><b>Additional Selections:</b> Chef’s Salad with Choice of Dressing</p>   | <div><div><div>NHC</div><div>HEALTH CARE</div><div>MAULDIN</div></div><div><div>Name:</div><div>Room #:</div><div></div></div></div>  |   |  | <p><b>NOON:</b> Hamburger on Bun, French Fries, Lettuce &amp; Sliced Tomatoes, Mississippi Mud Cake<br/><b>Additional Selections:</b> Veggie &amp; Cheese wrap, Sunchips</p> <p><b>EVENING:</b> Personal Pan Pizza, Tossed Salad w/Choice of Dressing, Ice Cream Cup<br/><b>Additional Selections:</b> Grilled Chicken, Powerhouse Salad, Crackers</p>   | <p><b>NOON:</b> Golden Fried Fish, Chilled Coleslaw, Hushpuppy, Cinnamon Sugar Cookies<br/><b>Additional Selections:</b> Grilled Peanut Butter &amp; Banana on Raisin Bread, Chips</p> <p><b>EVENING:</b> Chicken &amp; Dumplings, Green Beans, Banana Split Cake<br/><b>Additional Selections:</b> Bacon, lettuce &amp; Tomato Sandwich; Pickle Spear, Creamy Potato &amp; Chive Chowder with Crackers</p>   |  |
| <p><b>NOON:</b> French Onion Braise Pork Chops, Hashbrown Casserole, Baby Butterbeans, Spoon Roll, Spice Cake w/ Maple Frosting<br/><b>Additional Selections:</b> Three Bean Enchilada Bake, Fiesta Corn</p> <p><b>EVENING:</b> Baked Ziti w/ Tomato and Basil, Greek Salad w/ Olive Oil Dressing, Garlic Bread, Lemon White Chocolate Chunk Cookie<br/><b>Additional Selections:</b> Dilled Tuna Salad served on Croissant, Lemberjack Vegetable Soup, Assorted Crackers</p>                       | <p><b>NOON:</b> Hamburger on Bun w/Lettuce, Tomato, Chips, Watermelon<br/><b>Additional Selections:</b> Hot Dog w/ Chili, Chips, Broccoli Salad</p> <p><b>EVENING:</b> Taco Salad, Tortilla Chips served w/ Salsa, Cinnamon &amp; Sugar Churro served w/ Caramel Dip<br/><b>Additional Selections:</b> Fried Chicken Livers, Whipped Potatoes, Seasoned Green Beans, Cornbread Muffin</p>  | <p><b>NOON:</b> Pulled Pork w/ Sweet BBQ Sauce, Baked Beans, Creamy Coleslaw, Grilled Texas Toast, Chocolate Fudge Pie<br/><b>Additional Selections:</b> Old Charleston Style Shrimp &amp; Grits, Creamy Coleslaw, Breadstick</p> <p><b>EVENING:</b> Hamburger Steak w/Mushroom Gravy, Mashed Potatoes, Marinated Cucumbers &amp; Tomatoes, Yeast Roll, Apple Cinnamon Cobbler<br/><b>Additional Selections:</b> Roasted Turkey Club Sandwich, Potato Chips, Marinated Cucumbers &amp; Tomatoes</p>       | <p><b>NOON:</b> Beef Pot Roast, Rice &amp; Gravy, Buttered Green Peas, Spoon Roll, Peaches and Cream Icebox Cake<br/><b>Additional Selections:</b> Grilled Chicken Strips on Caesar Salad w/ Dressing, Assorted Crackers</p> <p><b>EVENING:</b> Baked Fish, Roasted Sweet Potato Chunks, Spinach Salad w/Poppy Seed Dressing, Wheat Roll, Orange Creamside Bar<br/><b>Additional Selections:</b> Egg Salad Sandwich, Pasta Fagioli Soup, Assorted Crackers</p> | <p><b>NOON:</b> Ranch Chicken, Potatos AuGratin, Crunchy Fired Okra, Whole Wheat Roll, Frosted Peanut Butter Sheet Cake<br/><b>Additional Selections:</b> Ham &amp; Cheese Pasta Bake, Crunchy Fried Okra, Whole Wheat Roll</p> <p><b>EVENING:</b> Cuban Roast Pork Sandwich, Potato Tots, Carrot &amp; Raisin Salad, Chocolate Bar<br/><b>Additional Selections:</b> Chicken Tenders, Potato Tots, Carrot Raisin Salad</p>                                    | <p><b>NOON:</b> Grilled Hot Dog, Seasoned Potato Wedges, Apple &amp; Cabbage Salad, Pear &amp; Almond Crumble<br/><b>Additional Selections:</b> Chicken Salad and Fruit Plate, Assorted Crackers</p> <p><b>EVENING:</b> Hearty Pioneer Beef Stew, Sauteed Yellow Squash, Dinner Roll, Fruit Medley Salad<br/><b>Additional Selections:</b> Belgian Waffles topped w/ Fruit &amp; Whipped Topping, Sausage Links</p>                                 | <p><b>NOON:</b> Salisbury Steak w/ Gravy, Whipped Potatoes, Tender Green Beans, Sweet Yeast Roll, Chocolate Raspberry Parfait<br/><b>Additional Selections:</b> Golden Chicken Cutlet w/ Cream Gravy, Whipped Potatoes, Tender Green Beans, Sweet Yeast Roll</p> <p><b>EVENING:</b> Pineapple Chicken, Steamed Rice, Braised Collared greens, Yellow Sheet Cake w/ Chocolate Icing<br/><b>Additional Selections:</b> Grilled Ham &amp; Swiss Sandwich, Split Pea Soup, Assorted Crackers</p>       |
| <p><b>NOON:</b> Cider Braised Pork Chop, Mashed Red Skin Potatoes, Summer Squash Casserole, Cornbread Muffin, Hummingbird Cake w/ Cream Cheese Frosting<br/><b>Additional Selections:</b> Open Faced Hot Turkey Sandwich w/ Gravy, Mashed Red Skin Potatoes, Summer Squash Casserole</p> <p><b>EVENING:</b> Grilled Chicken Sandwich, Lettuce &amp; Tomato, Sunchips, Baked Apples<br/><b>Additional Selections:</b> Omelet topped with sauteed peppers &amp; onions, Cheese Grits, Bran Muffin</p> | <p><b>NOON:</b> Three Cheese Meat Lasagna, Seven Layer Salad, Garlic Bread, Banana Split Icebox Cake<br/><b>Additional Selections:</b> BBQ Chicken, Seasoned Potato Wedges, Seven Layer Salad, Garlic Bread</p> <p><b>EVENING:</b> Brown Sugar Baked Ham, Whipped Potatoes, Buttered Green Peas, Grilled Texas Toast, Frosty Sherbert<br/><b>Additional Selections:</b> Fruit plate w/ Yogurt, Fresh Baked Muffin</p>  | <p><b>NOON:</b> Teriyaki Chicken Stir Fry, Fried Rice, Egg Rol w/ Sweet &amp; Sour Sauce, Raspberry Cheesecake Bites<br/><b>Additional Selections:</b> Heartty Mushroom Stroganoff, Fluffy White Rice, Italian Green Beans</p> <p><b>EVENING:</b> Country Fired Steak and Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit, Cookies &amp; cream Pie<br/><b>Additional Selections:</b> Pork Cutlet, Whipped Potatoes w/ Gravy, Prince Charles Vegetables, Garlic Herb Biscuit</p> | <p><b>NOON:</b> Fried Chicken, Whipped Potato, Seasoned Green Beans, Wheat Roll, Peanut Butter Cream Pie<br/><b>Additional Selections:</b> Stuffed Whole Tomato Salad Plate with Crackers</p> <p><b>EVENING:</b> Swedish Meatballs over Egg Noodles, Broccoli &amp; Cauliflower, Yeast Roll, Marshmallow Krispie<br/><b>Additional Selections:</b> Calzone, Tossed Salad w/Dressing</p>  | <p><b>NOON:</b> Roasted Turkey w/ Gravy Sage Dressing served w/ Cranberry Sauce, Roasted Squash &amp; Red Onion, Cherry Pineapple Dessert<br/><b>Additional Selections:</b> Mediterranean Cobb Salad, Hearty White Bean Soup, Crackers</p> <p><b>EVENING:</b> Creamy Baked Macaroni &amp; Cheese, Buttered Cabbage, Crunchy Fried Okra, Jalapeño Cornbread, Sugar Cookie<br/><b>Additional Selections:</b> Sloppy Joes on Bun, Potato Wedges, Pickle Spear</p> | <p><b>NOON:</b> Bacon Cheeseburger on Bun, Loaded Potato Salad, Peanut Butter Cup Brownie<br/><b>Additional Selections:</b> Country Style Pork Chop, Loaded Potato Salad, Braised Green Beans, Roll</p> <p><b>EVENING:</b> Citrus Roasted Cod Filet, Herbed Rice, Crunchy Veggie Salad, Spoon Roll, Chocolate Chip Cookie<br/><b>Additional Selections:</b> Chicken Salad on Croissant, Crunchy Veggie Salad</p>                                    | <p><b>NOON:</b> Glazed Ham, Breaded Squash, Sliced Tomatoes, Cornbread Muffin, Berry’s Cream Parfait<br/><b>Additional Selections:</b> Bowl of Pinto Beans, Breaded Squash, Sliced Tomatoes, Cornbread Muffin</p> <p><b>EVENING:</b> Roasted Honey Orange Chicken, Whipped Potatoes, Oven Roasted Carrots, Yeast Roll, Angel Food Cake w/ Butterscotch sauce<br/><b>Additional Selections:</b> Philly Cheese Sandwich, Pickle Spear, Potato Tots, Oven Roasted Carrots</p>                         |
| <p><b>NOON:</b> Salisbury Steak w/ Gravy, Baked Potato w/ Butter, Sour Cream and Chives, Roasted Zucchini w/ Parmesan, Parker House Roll, Toasted Coconut Pie<br/><b>Additional Selections:</b> Roasted Pear Salad with Chicken</p> <p><b>EVENING:</b> Fettucini Alfredo w/ Peas and bacon, Caesar Salad w/ Dressing, Breadstick, Strawberry Cream Cake<br/><b>Additional Selections:</b> Turkey Monte Cristo Sandwich, Potato Chips</p>  | <p><b>NOON:</b> Chicken Marsala, Egg Noodles, Key West Bland Vegetables, Roll, Pound Cake w/ Caramel Sauce<br/><b>Additional Selections:</b> Egg Salad Sandwich, Chips, Cucumbers &amp; Red Onion Salad</p> <p><b>EVENING:</b> Pulled Pork, Mac &amp; Cheese, Field Peas w/Snaps, Whole Wheat Roll, Peanut Butter Cookie<br/><b>Additional Selections:</b> Tomato, Basil &amp; Mozzarella Melt, Pickle Spear, Sunchips</p>   | <p><b>NOON:</b> Sweet and Sour Chicken, Steamed Rice, Vegetable Stir Fry, Frosty Sherbert w/ Cookie<br/><b>Additional Selections:</b> Grilled Pimiento Cheese Sandwich, Chicken Tortilla Soup</p> <p><b>EVENING:</b> Baked Spaghetti topped with Parmesan Cheese, Tossed Salad w/ choice of Dressing, Garlic Bread, Boston Cream Pie<br/><b>Additional Selections:</b> Grilled Chicken Caesar Salad, Crackers</p>   | <p><b>NOON:</b> Resident Choice Meal: Hamburger Steak, Baked Potato w/Butter and Sour Cream , Green Beans, Cherry Pie<br/><b>Additional Selections:</b> Grilled Swiss &amp; Cheddar Sandwich, Chunky Tomato &amp; Basil Soup</p> <p><b>EVENING:</b> Savory Chicken Salad Pie, Garlic Roasted Carrots, Butterscotch Pudding<br/><b>Additional Selections:</b> Oven Roasted Shrimp Scampi, Noodles, Tossed Salad w/ Dressing, Garlic Breadstick</p>              | <p><b>NOON:</b> Pizzeria Pasta Bake, Tossed Salad w/ Dressing, Garlic Bread, Chocolate Cherry Brownie<br/><b>Additional Selections:</b> Black Bean &amp; Cheese Quesadilla, Sauteed Corn and Peppers</p> <p><b>EVENING:</b> Herb Roasted Pork Loin, Heirloom Potato Medley, Steamed Vegetables Rool, Creamy Lemonade Pie<br/><b>Additional Selections:</b> Rotisserie Roasted Chicken, Heirloom Potato Medley, Steamed Vegetables</p>                          | <p><b>NOON:</b> Hot Dog with Chili,French Fries, Confetti Slaw,Chocolate Chip Cookie<br/><b>Additional Selections:</b> Baked Fish,Roasted Potatoes,Confetti Slaw</p> <p><b>EVENING:</b> Seasoned Turkey Burger on Bun, Sweet Potato Fries, Lettuce &amp; Tomato, Old Fashioned Fruit Cobbler<br/><b>Additional Selections:</b> Crustless Mushroom and Roasted Pepper Quiche, Side Salad w/ Choice of Dressing, Garlic Toast</p>                     | <p><b>NOON:</b> Artichoke baked Chicken, Oven Roasted Potatoes, Pasta &amp; Vegetable Salad, Herbed Flatbread, Caramel Frosted Banana Cake<br/><b>Additional Selections:</b> Sloppy Joe served on Bun, Oven Roasted Potatoes, Pasta &amp; Vegetable Salad</p> <p><b>EVENING:</b> Open Faced hot Roast Beef w/ Gravy on Texas Toast, Mashed Potatoes, Sicilian Vegetables, Chocolate Cream Pie<br/><b>Additional Selections:</b> Fried Chicken Salad with Choice of Dressing, Assorted Crackers</p> |
| <p><b>NOON:</b> Roasted Turkey &amp; Gravy with Sage Dressing, Seasoned Green Beans, Yeast Roll, Vanilla Mousse<br/><b>Additional Selections:</b> Country Fried Steak with Gravy, Rice, Seasoned Green Beans</p> <p><b>EVENING:</b> Fire Braised Pork, Sweet Potatoes, Seasoned Greens, Dinner Roll, Chilled Fruit Gelatin<br/><b>Additional Selections:</b> Texas Chili with Beans &amp; Shredded Cheese Topping, Saltine Crackers</p>   | <p><b>NOON:</b> Spaghetti &amp; Italian Meatballs topped with Parmesan, Spinach Salad w/Poppy Seed Dressing, Garlic Bread, Butterscotch Blondie<br/><b>Additional Selections:</b> Loaded Potato Tart, Seasoned Broccoli &amp; Cauliflower, Garlic Bread, Seasonal Fruit</p> <p><b>EVENING:</b> Teriyaki Glazed Chicken, Fried Rice, Vegetable Stir Fry, Egg Roll, Lemon Chess Bar<br/><b>Additional Selections:</b> Egg Salad Sandwich on Wheat, Potato Chips, Chicken &amp; Rice Soup</p> | <p><b>NOON:</b> Alice Springs Chicken, Rice, Parslied Carrots, Potato Roll, Cherry Cobbler<br/><b>Additional Selections:</b> Beef Tips w/ Peppers in Gravy, Rice, Parslied Carrots, Potato Roll</p> <p><b>EVENING:</b> Slow Roasted Pork Loin, Whipped Sweet Potatoes, Roasted Brussels Sprouts w/ Bacon, Parker House Roll, Chocolate Mocha Cake<br/><b>Additional Selections:</b> Gourmet Three Cheese Grilled Sandwich, Chunky Tomato Basil Soup served with Crackers</p>                              | <p><b>NOON:</b> Turkey &amp; Rice Casserole, Mixed Vegetables, Roll, Cookies n’ Cream Cake<br/><b>Additional Selections:</b> Spinach Quiche, Scalloped Potatoes</p> <p><b>EVENING:</b> Cheeseburger w/ Caramelized Onions on Bun, Chips, Lettuce &amp; Tomato, Apple Crumb Cobbler<br/><b>Additional Selections:</b> Shrimp Caesar Salad Bowl, Assorted Crackers, Marinated Tomatoes</p>   | <p><b>NOON:</b> Meatloaf w/ Sweet-Tangy Glaze, Buttermilk Mashed Potatoes, Green Peas w/ Onions, Garlic Thyme Roll, Orange Cream Cake<br/><b>Additional Selections:</b> Baked Vegetable Ziti, Tossed Salad w/ choice of Dressing, Garlic Thyme Roll</p> <p><b>EVENING:</b> Baked Chicken &amp; Yellow Rice w/ Peppers, Normandy Blend Vegetables, Sweet Yeast Roll, Honey Bun Cake<br/><b>Additional Selections:</b> Deli Sub Sandwich, Potato Chips</p>       | <p><b>NOON:</b> Butter-Crumb Cod Fillet, Roasted Sweet Potatoes, Apple Cabbage Salad, Herbed Flatbread, Raspberry-Peach Crumble<br/><b>Additional Selections:</b> Fruit Plate served with Cottage Cheese, Fresh Baked Muffin</p> <p><b>EVENING:</b> Three Cheese Meat Lasagna, Ranch Layered Salad, Garlic Bread, Banana Pudding<br/><b>Additional Selections:</b> Pulled BBQ Chicken on Grilled Texas Toast, Corn Nuggets, Ranch Layered Salad</p> | <p><b>NOON:</b> Orange-Spiced Glazed Ham, Whipped Potatoes, Garlic Sauteed Spinach, Wheat Roll, Cream Cheese Swirl Brownies<br/><b>Additional Selections:</b> Salisbury Steak with Gravy, Whipped Potatoes, Garlic Sauteed Spinach, Wheat Roll</p> <p><b>EVENING:</b> Chili-Cheese Hot Dog w/ Onions, Molasses Baked Beans, Broccoli Salad, Creamy Pudding<br/><b>Additional Selections:</b> Crispy Chicken Tenders w/ Dipping Sauce, Molasses Baked Beans, Broccoli Salad w/ Egg Dressing</p>     |