

NHC

2920 Fee Fee Road,
Maryland Heights, MO 63043
(314)-291-0121



People in the Know

Extensions

Susan Taylor	Administrator	200
Jeff Loraine	Director of Nursing	220
Angela Sanford	Medical Director	
Tom Gianino	Assistant Director of Nursing	221
Sheri Terry	Facility Rehab Coordinator	291
Maria McAllister	Social Services	240
Kathy Heimburger	Social Services	201
Caitlynn Fauss	Social Services	243
Ashlie Baker	Admissions Coordinator	241
Lori Thacker	Business Office Manager	250
Nancy Knapp	Recreation Director	290
Amanda Hellebusch	Dietician	262
J'Laine Stutsman	Dietary Manager	260
Demontre Bledsoe	Dietary Manager	261
Mark Arroyo	Maintenance Director	299
Robin Sopshire	Dir. of Environment Services	270
Frankie Shelton	Dir. Of Medical Records	280

Non-Discrimination Policy

As a recipient of federal financial assistance, NHC Maryland Heights does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, national origin, religion, sex, gender, or on the basis of disability or age in admission to, participation in, or receipt of their services and benefits of any of its programs and activities or in employment.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.
Llame al 1-615-890-2020 (TTY: 7-1-1)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-615-890-2020 (TTY: 7-1-1)

Resident Birthdays

Velda Oliver	11/06
Eunice Compton	11/06
Catherine Copeland	11/09
Janet Lorenzana	11/09
Wanza Holland	11/13
Darrell Gibson	11/14
Raymond Williams	11/14
Aurelio Flores	11/12
Glenda Gilley	11/19
Betty Gilmer	11/20
Karen Gannon	11/20
Phyllis Bishop	11/21
Rose Mary Schneeberg	11/27

Partner Birthdays

Suzanne Tomaroy	11/01
Lynetta McGill	11/03
Ricjeana Washington	11/07
Lakenya Daniels	11/08
Pamela MCadney	11/10
Meyoshia Caserlow-Stephens	11/11
Anastaysia Hurst	11/14
Terri Jennings	11/19
Imani Walker	11/19
Towana Robinson	11/21
Courtney Nance	11/30
Karen Robinson	11/30

Partner Anniversaries

Azia Liggins	1 year
Beverly Barnes	1 year
Tiffany Liggins	1 year
Tammy Killingham	1 year
Timothy Allen	1 year
Megan Griffing	1 year
Alicia Hugley	11 years
Lynetta McGill	15 years
Towanna Robinson	27 years





Our House

NHC Maryland Heights Monthly Publication

November 2021

Health Updates

We are excited to announce that we will be hosting a Covid booster clinic on Thursday, November 4th! Both Moderna and Pfizer boosters will be available. If you would like your loved one to receive a booster vaccine, please contact Heather, Infection Prevention Nurse at ext. 245.

We also have flu shots and pneumonia shots available. Annual flu shots are an important tool in preventing potentially deadly complications of the flu, which can spread rapidly where people are in close contact on a regular basis. The CDC recommends everyone living in a congregate living facility (such as a nursing home) receive an annual flu vaccination. If you did not send in the consent form for your

loved one to receive a vaccination, there are still doses available! Contact Heather for additional information or to request a flu shot for your loved one.

Finally, just a reminder of the importance of keeping your mask on properly when in our building. We want to make sure our residents stay safe and healthy, and you can do your part by wearing a mask that covers both your nose and mouth while inside. This is especially important as we enter Flu season and we face a double threat from both Covid and the flu. Frequent handwashing and using hand sanitizer are also simple steps you can take to help us keep our NHC family safe. Please help us keep Covid OUT of our building!!!



Partner of the Month Marlo Taylor

Congratulation to Marlo Taylor on being our November Partner of the Month. Marlo has been a nurse for 28 year. 20 of those years have been at NHC Maryland Heights. Marlo has been married to her husband Wesley for 20 years. They have one daughter, Kiara. Kiara has recently graduated from Southeast Missouri State and is now living in TX. In her free time Marlo enjoys doing Boot Camp exercise classes and travel. She has traveled to Los Cabos, Cuba and in the future she would like to go to Belize. When asked what she liked best about NHC she said, "I like my co-workers. We work as a team. A lot of them are like family. Congratulation Marlo!

NHC wishes to express our deepest sympathies for the family and friends of the residents who have recently passed.



Resident of the Month Linda Beck

Congratulations to Linda Beck on being our November Resident of the month. Linda was born and raised in St. Louis with her Brother Dave. She was married to her husband for 23 years. Linda said she knew her husband when they were in school but they didn't date until after graduation. Linda worked as an Accounting at Ozark Airline. She has one Daughter Kim. In her free time Linda a her husband enjoyed going tent camping and Trout Fishing. Her favorite trips were to Montauk and St James. We asked Linda what she likes best about NHC she responded, "I like the freedom to roam around and just be me. I'm learning about God. Things I didn't know before." Linda says her favorite activities are Exercise and Crafts. Congratulations Linda!

NHC Maryland Heights Customer Service Survey

Customers will receive a customer service survey (CSS) at admission, discharge and annually. We strive for excellence and want you to score us "excellent!" If you can't give an excellent score, please let any member of the team know you think we can improve what we do. Comments are helpful in letting us know what to keep doing and what to improve on. If a staff member's name is lifted up in the survey, for recognition and reward they get to pick a gift card and be mentioned in our staff meeting. This really makes the partners smile!

