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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY (4)	
	•	ISE WELLNESS CA			1 10:00 Music and Motion 10:15 Hand Massages 11:00 Puzzle Time 2:15 Ice Cream Social	9:30 Chair Yoga 10:15 Adult Coloring 2:30 Music with Rekha Dravina	
3	4	5	6	7	8	9	
8:30 Daily Bread and Prayer Time 2:00 Ice Cream Social	10:00 Stretch & Sing 10:30 Puzzles 2:30 Bingo 3:15 Old Time TV	10:30 Church of Christ 2:30 History of Pizza Deep Dish Pizza Snack 3:15 Old Time TV NATIONAL DEEP DISH PIZZA DAY	9:30 Vitality in Motion 10:30 Sing Along 11:00 Dominos 2:15 Pretty Nails	10:00 Balloon Volley 10:30 Bingo 2:15 Baseball Party 3:00 Old Time TV HOME OPENER LET'S GO CARDS!	10:00 Music & Motion 10:15 Hand Massages 11:00 Adult Coloring 2:15 Ice Cream Social	9:30 Chair Yoga 10:15 Folding & Sorting 2:30 Music with Deboran Sharn	
10	11	12	13	14	15	16	
8:30 Daily Bread and Prayer Time  2:00 Ice Cream Social	10:00 Music Ent. with Jake Berry 10:30 Babysitter's Club 2:15 Wacky Waffles 3:00 Old Time TV	10:30 Church of Christ 2:30 Making Grilled Cheese Sandwiches 3:15 Old Time TV NATIONAL GRILLED CHEESE SANDWICH DAY	10:00 Chair Dancing 10:30 History Half Hour 11:00 Go Fish Cards 2:15 Pretty Nails	10:00 Balloon Volley 10:30 Puzzles 2:15 Bingo and Snacks 3:00 Old Time TV	10:00 Music & Motion 10:15 Hand Massages 11:00 Painting 2:15 Ice Cream Social WORLD ART DAY	9:30 Chair Yoga 10:15 Adult Coloring 2:30 Music with Don Stevenson	
17	18	19	20	21	22	23	
8:30 Daily Bread and Prayer Time 2:00 Ice Cream Social EASTER SUNDAY	10:00 Stretch & Sing 10:30 Puzzles 2:30 Bingo 3:15 Old Time TV	10:30 Church of Christ 2:30 Ice Cream Social with music 3:15 Old Time TV	9:30 Vitality in Motion 10:30 Sing Along 11:00 Checkers 2:15 Pretty Nails	10:00 Balloon Volley 10:30 Sensory Reminiscing 2:15 Bingo and Snacks 3:00 Old Time TV	10:00 Music & Motion 10:15 Hand Massages 11:00 Adult Coloring 2:15 Ice Cream Social NATIONAL JELLY BEAN DAY	9:30 Chair Yoga 10:15 Folding & Sorting 2:30 Music with Phil Cappello	
24	25	26	27	28	29	30	
8:30 Daily Bread and Prayer Time	10:00 Stretch & Sing 10:30 Babysitter's Club 2:15 Wacky Waffles	10:15 Church of Christ 2:30 Make & Bake Pretzels	10:00 Chair Dancing 10:30 History ½ Hour 11:00 Top Card Wins	10:00 Balloon Volley 10:30 Babysitter's Club 2:15 Bingo and Snacks	10:00 Music & Motion 10:15 Hand Massages 11:00 Puzzle Time	9:30 Chair Yoga 10:15 Adult Coloring 2:30 Music with Sterling	
2:00 Ice Cream Social	3:00 Old Time	3:15 Old Time TV NATIONAL PRETZEL DAY	2:30 Monthly Birthday Party with Music Ent. by Elizabeth LaKamp	3:00 Old Time TV	2:15 Ice Cream Social	Lloyd	
(9)	NHC Maryland Heights 2920 Fee Fee Road Maryland Height, MO 63043						