

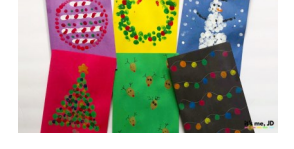
# Meadows Activity Calendar



# November 2021



**NHC Maryland Heights**  
*"Caring in a better way,  
 day by "day."*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Beauty Time 9:45 Babysitters Club 10:30 Hot Cider 1:30 Making Chocolate chip Cookies 2:30 Dancing with the Starf	2 9:30 Babysitters Club 10:30 Sing along w/ Nancy 1:30 Popsicles 2:15 Volleyball	3 9:00 Sorting & Folding 10:30 Faithful Friends 3:00 Making peanut butter and jelly sandwiches	4 9:45 Babysitters Club 10:00 Coffee and Reminiscing about Holiday Shopping 1:30 Making Cornbread and enjoying Chili	5 9:00 Exercise Group 9:15 Babysitters Club 3:00 Happy Hour: Music/Drinks	6 10:15 Coffee & Current Events 2:30 Tim Laramore Entertainment
7 Church Service On TV 9:00 Exercise Group 9:15 Babysitters Club 2:30 Rakkah/ Entertainment	8 9:00 Beauty Time 9:45 Babysitter Club 10:30 Hot Chocolate 1:30 Wacky Waffles 	9 9:30 Babysitters club 10:30 Sing along w/ Nancy 2:00 Janet's Big Birthday Bash w/ Luke Queen and Snacks 	10 9:00 Babysitters Club 10:30 Faithful Friends 1:30 Ice Cream Social 3:00 Painting with fall colors	11 9:45 Babysitters Club 10:00 Coffee and Reminiscing about Fall Colors 11:30 Veterans Banquet (Wing 3) 1:30 Root Beer Floats	12 9:45 Flower Sensory time 10:00 Baby sitter Club 3:00 Happy Hour/ Music/Drinks	13 10:00 Smoothies/ Music 2:30 Luke Queen Entertainment
14 Church Service On TV 9:00 Exercise Group 9:15 Babysitters Club 3:00 Ice Cream Social	15 9:00 Beauty Time 10:00 Babysitter Club 10:30 Hot Cider 1:30 Reminiscing about Thanksgiving dinner while making stuffing 2:30 Dancing with the Starf 3:00 Volleyball	16 9:30 Babysitter Club 10:30 What's that smell 1:00 Sing Along w/ Nancy 1:30 Ice Cream Social 3:00 Piano w/ Angie from Heartland Hospice (CC)	17 9:00 Sorting and Folding 10:30 Faithful Friends 3:00 Making Honey Butter Biscuits	18 9:45 Babysitters Club 10:00 Coffee and Discussion about what you're thankful for 2:00 Carmel Apples 2:30 Volleyball	19 9:00 Exercise Group 9:15 Babysitters Club 3:00 Happy Hour/ Music/Drinks	20 10:15 Coffee & Current Events 10:15 Babysitter club 2:30 Lynn Wellman/ Entertainment
21 Church services on Tv. 9:00 Exercise Group 9:15 Babysitters Club 2:30 Making Chocolate Chip Cookies	22 9:00 Beauty Time 10:00 Babysitter Club 10:30 Hot Chocolate 1:30 Wacky Waffles 	23 10:30 Sing along w/ Nancy 1:00 What's that smell? 1:30 Ice Cream and Pie Social 2:30 Friends 4 Music (CC) 	24 9:00 Sorting and Folding 10:30 Faithful Friends 2:30 Monthly Birthday Party w/ Rodney Connors 	25 Happy Thanksgiving! 10:00 Macys Day Parade 10:45 Reminiscing about Thanksgiving desert while enjoying pie 12:00 Babysitters Club 	26 9:00 Exercise Group 9:15 Babysitter Club 3:00 Happy Hour/ Music/Drinks	27 10:00 Smoothies/ Music 2:30 Don Stevenson/ Entertainment
28 Happy Hannukah! Church Services On TV 9:00 Exercise Group 9:15 Babysitters Club 2:00 Jelly Donuts and Gelt for the start of Hannukah	29 9:00 Beauty Time 10:00 Babysitter Club 10:30 Hot Cider 1:30 Cotton Candy Machine 2:15 Making Hanging Christmas decorations 3:00 Dancing with the Starf	30 10:15 Sing along w/ Nancy 1:30 Ice Cream Social 3:00 Christmas Cards 				Stationary Supplies Available in the Activity Department  Beauty Shop Open Monday - Friday