NATIONAL HEALTHCARE CORPORATION

Sunday	Monday	Tuesday	Wednesday	Thursday	
ince- upon a time	1 9:00 Group Exercise 9:30am Movie & Popcorn "BEAUTY & THE BEAST" 1:00 Book Mobile 2:00 Let's Play Bingo	2 9:00 Pretty Nails 10:00 Church of Christ 2:00 Ice Cream Social	3 9:30 Making Fairy Garlands 10:30 Pen Pal Club 1:00pm Movie & Popcorn "CINDERELLA"	4 9:00 Group Exercise 10:30 Rosary 2:00 Ice Cream Social	9:00 Pai 1:00 Fai 2:00 Haj by Ma
7 9:00 Joel Osteen 2:30 Let's Play Bingo	8 9:00 Group Exercise 9:30am Movie & Popcorn "ERAGON" 2:00 Let's Play Bingo	9 9:00 Pretty Nails 10:00 Church of Christ 2:00 Ice Cream Social 5:00 LADIES NIGHT	9:00 Painting Mushrooms 10:30 Pen Pal Club 2:00pm Movie & Popcorn "PRINCESS FROG"	11 9:00 Group Exercise 10:30 Rosary 2:00 Happy Hour & Music By Bill Lawton	10:00 Bc 1:00 Fait 2:00 Ice
14 9:30am Joel Osteen 2:00 Let's Play Bingo	15 9:00 Group Exercise 9:30am Movie & Popcorn "ELLA ENCHANTED" 1:00 Book Mobile 2:00 Let's Play Bingo	16 9:00 Pretty Nails 10:00 Church of Christ 2:00 Ice Cream Social 5:00 MEN'S NIGHT	17 9:00 Painting Coats of Arms 10:30 Pen Pal Club 1:00pm Movie & Popcorn "NANNY MCPHEE"	18 9:00 Group Exercise 10:30 Rosary 2:00 Resident Council	9:00 Ma 1:00 Fait 2:00 Haj by Curt 7:00pm
21 9:30am Joel Osteen 2:00 Let's Play Bingo	22 9:00 Group Exercise 10:00 THE ROYAL GAMES 2:00 Let's Play Bingo	23 9:00 Pretty Nails 10:00 Church of Christ 2:00 Ice Cream Social	24 9:00 Painting Castles 10:30 Pen Pal Club 2:00pm Reptile Experience	25 9:00 Group Exercise 10:00 DOLLAR GENERAL 10:30 Rosary 2:00 Ice Cream Social	9:00 Ma 1:00 Fail 2:00 Haj By Mich
28/31 9:30am Joel Osteen 2:00 Let's Play Bingo	29 9:00 Group Exercise 9:30am Movie & Popcorn "SWORD IN THE STONE" 1:00 Book Mobile 2:00 Resident Auction	30 9:00 Pretty Nails 10:00 Church of Christ 2:00 Ice Cream Social	31 9:00 Painting On Canvas 10:30 Pen Pal Club 2:00 BIRTHDAY PARTY Magic & Comedy by Jeff Lefton		

NHC Maryland Heights – 2920 Fee Fee Road (314) 291-0121 Ext. 290 for Activities Dori Abell – Director of Activities dori.abell@nhccare.com

