



Our House

NHC Maryland Heights Monthly Publication

August 2022

ONCE UPON A TIME IN A FAIRYTALE...

During the month of August, we'll be traveling to a far away land, where six kingdoms are united by an enchanted forest. Watch as we transform our NHC building into a whimsical fairytale setting, and gear all of our activities to reflect it's fantasy flair.



Upcoming Events:



Friday, August 19th 7:00pm

Join us for a night of singing, dancing, magic, art, and many other hidden talents being shared by our residents and partners. If YOU are interested in showing off your skills, sign-up at the front desk by 8/12. Families are invited but reservations are required...

Dori.abell@nhccare.com



Thursday, August 25th

We're planning a trip to Dollar General from 10:00am to 11:00am, and have limited seating. If you are interested in joining us, please sign-up at the front desk to reserve your spot.

**DOLLAR
GENERAL**





***“I like the good friends I have made.
They mean the world to me.”***

Resident of the Month Pearl Hickey

Congratulations to Pearl Hickey on being our August Resident of the Month. Pearl is from the Florissant area. She was married to her Husband John for 47 years. They had 2 children, and when her youngest was in 5th grade, Pearl went to work at Schnucks Cafeteria. Later she worked her way up in retail, moving from children's clothing, into ladies dresses, and eventually running the store on her own. The owner of the store valued her opinion and took her shopping for merchandise. In her free time she enjoyed playing cards with friends. When she hosted the card party she would bake sweets for her guest. Pearl's husband played baseball with the Pepsi Cola company and on Sundays they would go to his games. After her husband passed away she joined the Florissant Seniors Club. She traveled to several places. Her favorite was Tennessee and the Grand Ole Opry. She made many friends during this time. She ran into one of them who is also a resident at NHC.



Partner of the Month Arlene Melton

Congratulations to Arlene Melton on being our August Partner of the Month. She has been a CNA for 3 years, and has worked at NHC Maryland Heights for 6 months. Arlene has been married for 27 years, has 6 girls, 1 boy, and is proud of her 26 grandkids and her 2 great grandchildren. She enjoys spending time with them on her days off, and her favorite hobby is roller skating. Arlene enjoys working with the residents and other partners. She has a Motto: Do your own work first then see how you can help others with theirs. She is a team player through and through. Congratulations to Arlene on Being our August Partner of the Month.



Are you interested in a Part-Time or Full-Time position with NHC?
 We would love to have you join our amazing team!
 We're currently hiring for our Activities Assistant position.
 Maybe you're retired, but would like to join us for arts & crafts,
 field trips, and other programs?

We're always looking for VOLUNTEERS
 to help us bring joy and smiles to our residents.

Contact Dori Abell - Activities Director
dori.abell@nhccare.com (314) 291-0121 Ext. 290



NHC

2920 Fee Fee Road,
Maryland Heights, MO 63043
(314)-291-0121



People in the Know

Extensions

Susan Taylor	Administrator	200
Jeff Loraine	Director of Nursing	220
Angela Sanford	Medical Director	
Tom Gianino	Assistant Director of Nursing	221
Sheri Terry	Facility Rehab Coordinator	291
Maria McAllister	Social Services	240
Kathy Heimburger	Social Services	201
Caitlynn Fauss	Social Services	243
Ashlie Baker	Admissions Coordinator	241
Lori Thacker	Business Office Manager	250
Dori Abell	Recreation Director	290
Meredith Lehn	Dietician	262
J'Laine Stutsman	Dietary Manager	260
Demontre Bledsoe	Dietary Manager	261
Mark Arroyo	Maintenance Director	299
Robin Sopshire	Dir. of Environment Services	270
Eva Corns	Dir. Of Medical Records	280

Non-Discrimination Policy

As a recipient of federal financial assistance, NHC Maryland Heights does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, national origin, religion, sex, gender, or on the basis of disability or age in admission to, participation in, or receipt of their services and benefits of any of its programs and activities or in employment.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.
Llame al 1-615-890-2020 (TTY: 7-1-1)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-615-890-2020 (TTY: 7-1-1)

Resident Birthdays

Partner Birthdays

Partner Anniversaries

Harold Cookson	08/01	Dareesia Jones	8/2	Sonya Lampkin	24 years
Bernice Johnson	08/01	Marquise McDowell	8/3	Countney Nance	22 years
Michele Guedry	08/02	Tracy Donaldson	8/4	Lori Thacker	21 years
Daisy Robinson	08/02	Corrine McGill	8/5	Ricjeana Washington	10 years
Clara Isabelle	08/06	Darriah Chapple	8/7	Willie Moore	6 years
Robert Seidel	08/06	Shawntavia Wilder	8/7	Laniesha Jones	6 years
Vicent Mattina	08/09	Shavonnia Whitehead	8/8	Jennifer Mitchell	1 year
Eva Gahn	08/10	Jackie Mooring	8/10	Payton Stutsman	1 year
Betty Massey	08/11	Charleen Taylor	8/11	Andrew Asaro	1 year
Mary Fries	08/14	Shantell Walton	8/11	Marcus Blachard	1 year
Fern Litz	08/14	Shamika Smith	8/19	Donald Sopshire	1 year
Gladys Baker	08/18	Jamiya Robinson	8/21	Vanessa Duke	1 year
Nellie Clarke	08/18	Melodee Silver	8/22		
David Schott	08/22	Dori Abell	8/24		
Essie Weaver	08/22	Vikki Anderson	8/28		
Carol Book	08/26	Brandi Lott	8/29		
Joann Koberman	08/29	J'Laine Stutsman	8/31		
Marguerite Clarke	08/31				