

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Mindfulness Monday @10:30am Mystery Monday @2:30pm	2 Bingocize @10:30am Devotional @ 3:00pm	3 Drumming @10:30am Pet Therapy Beauty Shop Appointments (schedule on Monday/Tuesday and pay at reception or see recreation to confirm) Sandwich Day!!	4 Bingocize @10:30am Devotional @ 3:00pm Thankful Thursday 3:30pm (Therapeutic Art)	5 Better Balance @10:30am Pamper Day- Manicures (schedule Monday-Thursday) Movie Matinee @4pm	6 Leisure Packet Games & Puzzles
Leisure Packet 7 Games & Puzzles Devotional 10am on TV Channel 8	8 Mindfulness Monday @10:30am Mystery Monday @2:30pm Admit You're Happy DAY!!!! :)	9 Bingocize @10:30am Devotional @ 3:00pm	10 Drumming @10:30am Pet Therapy Beauty Shop Appointments (schedule on Monday/Tuesday and pay at reception or see recreation to confirm)	11 Bingocize @10:30am Devotional @ 3:00pm Thankful Thursday 3:30pm (Therapeutic Art)	12 Better Balance @10:30am Pamper Day- Manicures (schedule Monday-Thursday) Movie Matinee @4pm	13 Leisure Packet Games & Puzzles
Leisure Packet 14 Games & Puzzles Devotional 10am on TV Channel 8	15 Mindfulness Monday @10:30am Mystery Monday @2:30pm	16 Bingocize @10:30am Devotional @ 3:00pm	17 Drumming @10:30am Pet Therapy Beauty Shop Appointments (schedule on Monday/Tuesday and pay at reception or see recreation to confirm)	18 Bingocize @10:30am Devotional @ 3:00pm Thankful Thursday 3:30pm (Therapeutic Art)	19 Better Balance @10:30am Pamper Day- Manicures (schedule Monday-Thursday) Movie Matinee @4pm	20 Leisure Packet Games & Puzzles
Leisure Packet 21 Games & Puzzles Devotional 10am on TV Channel 8	22 Mindfulness Monday @10:30am Mystery Monday @2:30pm	23 Bingocize @10:30am Devotional @ 3:00pm	24 Drumming @10:30am Pet Therapy Beauty Shop Appointments (schedule on Monday/Tuesday and pay at reception or see recreation to confirm)	25 Bingocize @10:30am Devotional @ 3:00pm Thankful Thursday 3:30pm (Therapeutic Art)	26 Better Balance @10:30am August Birthday Party @1pm Pamper Day- Manicures (schedule Monday-Thursday) Movie Matinee @4pm	27 Leisure Packet Games & Puzzles
Leisure Packet 28 Games & Puzzles Devotional 10am on TV Channel 8	29 Mindfulness Monday @10:30am Mystery Monday @2:30pm	30 Bingocize @10:30am Resident Council @11am Devotional @ 3:00pm	31 Drumming @10:30am Pet Therapy Beauty Shop Appointments (schedule on Monday/Tuesday and pay at reception or see recreation to confirm)	<h1>August 2022</h1> <h2>NHC Kingsport Recreation/ Wellness</h2>		