

January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 New Year's Day Happy New Year! Snack Social	
2 3:30 Church Service	3 9:30 Puzzle Club 10:30 Exercise 10:45 Horseshoes 1:45 Joy Partners 3:00 Snack social	4 9:30 Independent activities 10:30 Exercise 10:45 Book Club 1:45 Jingo 1:1 Programs	5 9:30 Brain Teasers 10:30 Exercise 10:45 Church Service 1:45 Crafting club 3:30 Snack Social	6 AM Spa Manicures PM Patient Shopping	7 Elvis Birthday Celebration 10:00 Peanut Butter and Banana Sandwiches 1:45 Elvis Bingo 3:30 Ice Cream Social 1:1 Programs	8 10:30 Bingo	
9 3:30 Church Service	10 9:30 Puzzle Club 10:30 Exercise 10:45 Pitch Washers 1:45 Joy Partners 3:00 Snack social	11 9:30 Independent activities 10:30 Exercise 10:45 Book Club 1:45 Bingo 1:1 Programs	12 9:30 Brain Teasers 10:30 Exercise 10:45 Church Service 1:45 Bowling 3:30 Snack Social	13 9:30 Manicures and Makeup 1:00 Independent Activities 2:00 Movie Mania Popcorn Social!	14 9:30 Independent Activities 10:30 Exercise AM News 2:30 Bingo 3:30 Ice cream Social 1:1 Programs	15 Happy Saturday!	
16 3:30 Church Service	17 9:30 Puzzle Club 10:30 Exercise 10:45 Ring Toss 2:00 Resident Council Joy Partners 3:00 Snack social	18 9:30 Independent activities 10:30 Exercise 10:45 Book Club 1:45 Bingo 1:1 Programs	19 9:30 Brain Teasers 10:30 Exercise 10:45 Church Service 12:00 Dine-in 1:45 Crafting club! 3:30 Snack Social	20 AM Spa Manicures PM Patient Shopping	21 9:30 Independent Activities 10:30 Exercise AM News 1:45 Bingo 3:30 Ice cream Social 1:1 Programs	22 10:30 Bingo	
23 3:30 Church Service	24 9:30 Puzzle Club 10:30 Exercise 10:45 Shooting Range 1:45 Joy Partners 3:00 Snack social	25 9:30 Independent activities 10:30 Exercise 10:45 Book Club 1:45 Bingo 1:1 Programs	26 9:30 Brain Teasers 10:30 Exercise 10:45 Church Service 1:45 Birthday Party! 3:30 Snack Social	27 9:30 Manicures and Makeup 1:00 Independent Activities 2:00 Movie Mania Popcorn Social!	28 9:30 Independent Activities 10:30 Exercise AM News 1:45 Bingo 3:30 Ice cream Social 1:1 Programs	29 Happy Saturday!	
30 3:30 Church Service	31 9:30 Puzzle Club 10:30 Exercise 10:45 Bean Bag Toss 1:45 Joy Partners 3:00 Snack social		*Calendars are Subject to change*	<i>Independent Activity Supplies available 24/7 in Activity Room.</i>	Individualized Programming to fit the need of the residents.	<i>NHC Ice Cream Parlor Open Monday-Friday 9AM-4PM</i>	<i>C a r d s</i>

Bootheel Commons-January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 New Year's Day Happy New Year! Snack Social	
2 3:30 Church Service	3 10:00 Therapeutic Circle 10:30 Exercise 10:45 Staying Hydrated 2:30 Joy Partners Independent Activities Snack Social	4 10:00 CST Programs 10:30 Pretty Hair 2:30 Hand Massages 1:1 programs	5 10:00 Therapeutic Circle 10:30 Exercise 10:45 Church Service 2:30 Balloon Toss Snack Social	6 10:00 CST Program 10:30 Spa Manicures <u>Patient Shopping</u> 1:1 Programming	7 10:00 Therapeutic Circle 10:30 Exercise 10:45 Hand Massages 2:30 Classic TV Shows Snack Social	8 Ice Cream Social	
9 3:30 Church Service	10 10:00 Therapeutic Circle 10:30 Exercise 10:45 Conversation Cards 2:30 Joy Partners Independent Activities Snack Social	11 10:00 CST Programs 10:30 Pretty Hair 2:30 Sing Along Puzzles 1:1 programs	12 10:00 Therapeutic Circle 10:30 Exercise 10:45 Church Service 2:30 Bananagrams Snack Social	13 10:00 CST Program 10:30 Spa Manicures 2:30 Tetris matching games Independent Activities 1:1 Programming	14 10:00 Therapeutic Circle 10:30 Staying Hydrated 10:45 Balloon exercise 2:30 Classic TV Shows Snack Social	15 Happy Saturday!	
16 3:30 Church Service	17 10:00 Therapeutic Circle 10:30 Exercise Hand Massages 2:30 Joy Partners Independent Activities Snack Social	18 10:00 CST Programs 10:30 Pretty Hair 2:30 Hand Massages 1:1 programs	19 10:00 Therapeutic Circle 10:30 Exercise 10:45 Church Service 2:30 Drawing Time Snack Social	20 10:00 CST Program 10:30 Spa Manicures <u>Patient Shopping</u> 1:1 Programming	21 10:00 Therapeutic Circle 10:30 Exercise 10:45 Morning News 2:30 Classic TV Shows Snack Social	22 Ice Cream Social	
23 3:30 Church Service	24 10:00 Therapeutic Circle 10:30 Exercise 10:45 Balloon Volleyball 2:30 Joy Partners Independent Activities Snack Social	25 10:00 CST Programs 10:30 Pretty Hair 2:30 Ring Toss Staying Hydrated 1:1 programs	26 10:00 Therapeutic Circle 10:30 Exercise 10:45 Church Service 1:30 Birthday Party! Snack Social	27 10:00 CST Program 10:30 Spa Manicures 2:30 Balloon Toss Hand Massages 1:1 Programming	28 10:00 Therapeutic Circle 10:30 Exercise 10:45 Sorting Chips 2:30 Classic TV Shows Snack Social	29 Happy Saturday!	
30 3:30 Church Service	31 10:00 Therapeutic Circle 10:30 Exercise 10:45 Conversation Cards 2:30 Joy Partners Independent Activities		*Calendars are Subject to change*	Independent Ac- tivity Supplies available 24/7 in Activity Room.	Individualized Programming to fit the need of the residents.	NHC Ice Cream Parlor Open Monday-Friday 9AM-4PM	C a r d s