

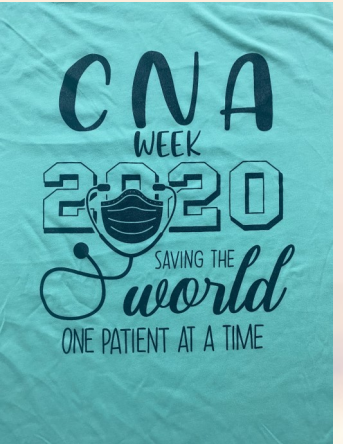
NHC Kennett
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News From The Bootheel

August 2020

National C.N.A. Week



It takes a special person to hold the job title of a Certified Nurse's Assistant. Being a CNA is one of the most honorable duties on this planet. To be a CNA, one must hold certain special qualities. Those qualities are something that NHC looks for in all partners, but are especially important for a person who will be doing direct care with our beloved residents. Certified Nurse's Assistants must be nurturing, joyful, empathetic and most importantly, compassionate. When you think of the best possible person to take care of your loved one, you think of these attributes, correct? That is the basis that we as a company, go off of when hand selecting the C.N.A.'s that we choose to care for your loved ones.

For National C.N.A. Week, we supplied lunch, snacks and t-shirts with badge holders attached. We know that this is not enough to thank them for all the hard work that they do, but we enjoy giving them praise when we can! Thank you all so much for all that you do!

**With all our love,
National HealthCare**

August Birthdays

Partners:

Kimberly Pittman	08/02
Jessica Sample	08/03
Linda Smith	08/03
Samantha Sims	08/04
Shelia Williams	08/12
Shaggetta Reece	08/15
Betty Brown	08/18
Stephanie Stratton	08/19
Mary Wilson	08/21
Jessica Chronister	08/24
Sharon Potts	08/25
Jeannette Randolph	08/27
Aubry Jones	08/31
Jennifer Tucker	08/31

Patients:

Kay Cooper	8/1
Mary Dodson	8/4
Barbara Roach	8/4
Alta Dickie	8/15
Colleen Edwards	8/16
William Johnson	8/17
Patsy Bailey	8/18
Jerry Smith	8/22
Larry McNear	8./30
Kenneth Ford	8/30
Carmen Delgado	8/30
Donald Hopper	8/31

Anniversaries:

Debbie Massey	27 years	Jennifer Ward	5 years
Tonya Holmes	22 years	Abbey Stark	3 years
Rebecca Wagster	20 years	Brenda Thompson	3 years
Emily Guthrie	7 years	Nykkya Dickson	1 year
Kay Collier	6 years	Pamela Glover	1 year

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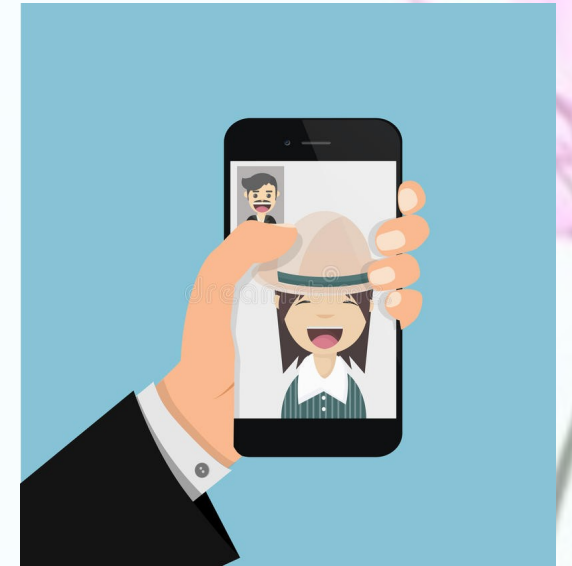
In Room Arts & Crafts!



Will You Be Our Penpal?

We all know that times are tough right now and we're trying to find new and exciting ways to occupy our free time during quarantine! We decided what better way to do that than going old school and writing some letters. Please feel free to write, draw, or even send pictures of family, friends or something to brighten our day! Your efforts are greatly appreciated! If you have any questions, please call 8881150 and ask to speak to someone in Activities.

Remember to share the news with others who may be interested in becoming our penpals during this time.



Please contact the Recreation Department and speak to someone about video calling your loved one. We are more than happy to set up an appointment for a FaceTime call. Appointments are set for 9 am– 10:30 am and 1pm—3:30pm.



NHC welcomes any person that desires to volunteer to spend their time with our beloved residents! Volunteers come all throughout the week to help them with things like playing BINGO, and other games or just to simply visit. Our volunteers are near and dear to our hearts! If you're thinking about volunteering with us, contact 888-1150 and ask for Courtney Rushing, Activity Director, for more information.

Boothel Commons-August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 National Watermelon Day AM: Spa Manicures PM: Snack Social and Small Group Sensory	4 National Chocolate Chip Cookie Day AM: Hairstyles PM: Puzzles and CST	5 AM: Hairstyles & Therapeutic Circle PM: Bible Study and Small Groups	6 National Root Beer Float Day AM: Hairstyles and Exercise PM: CST Program	7 AM: Exercise and Therapeutic Circle PM: Sorting Chips	8
9	10 National Smores Day AM: Spa Manicures PM: Arts & Crafts	11 AM: Morning News and Hairstyles PM: CST program	12 AM: Hairstyles and Therapeutic Circle PM: Snack Social	13 AM: Hairstyles and Un-game PM: CST Program	14 AM: Exercise and Therapeutic Circle PM: Jenga	15
16	17 AM: Spa Manicures and Therapeutic Circle PM: Small Group Sensory	18 AM: Hairstyles and Drawing Time PM: CST Program	19 AM: Hairstyles and Therapeutic Circle PM: Bible Study	20 AM: Hairstyles and Morning News PM: CST Program	21 Senior Citizens Day AM: Exercise & Therapeutic Circle PM: Snack Social	22
23	24 National Waffle Day AM: Spa Manicures and Therapeutic Circle PM: I-Spy	25 National Banana Split Day AM: Hairstyles and Arts and Crafts PM: CST Program	26 AM: Hairstyles and Therapeutic Circle PM: Snack Social	27 AM: Hairstyles and Conversation Cards PM: CST Program	28 AM: Exercise and Therapeutic Circle PM: Cook's Corner (single fruit parfaits)	29
30	31 AM: Spa Manicures and Therapeutic Circle PM: Small Group Sensory	Calendars are Subject to change		Independent Activity Supplies available 24/7 in Activity Room.		Cards, Books, Stationary Supplies & Magazines offered dai-



The residents have been busy at work with their daily self esteem packets that the Recreation Department prepares for them daily. They have a different incentive to get them done each week and this week their incentive was to get a sno cone of their choosing! They got their snocones just before we had our 4th of July celebration. The Activities girls grilled hotdogs and served them along with chips and dip. We celebrated differently than all of the previous years, but we still celebrated! We hope you all had a very happy Holi-

August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 National Watermelon Day AM: 1:1 Time PM: Watermelon Social	4 Chocolate Chip Cookie Day AM: Spa Manicures PM: Chocolate Chip Cookie Social	5 AM: 1:1 Time PM: Arts & Crafts (Door Hanger)	6 National Root beer Float Day AM: Bible Study PM: Rootbeer Floats	7 AM: 1:1 Exercise PM: Hydration Station (Health Talk)	8
9	10 National Smores Day AM:1:1 Time PM: Bite Size S'mores	11 AM: 1:1 Time PM: Recipe Book	12 AM: 1:1 Time PM: Snack Social	13 AM: Bible Study PM: Popcorn Social	14 AM: 1:1 Exercise PM: *You're Someone's Reason To Smile!	15
16	17 AM: Journals PM: 1:1 Time	18 AM: Spa Manicures PM: Cookie Social	19 AM: 1:1 Time PM: Arts & Crafts Flower Pot	20 AM: Bible Study PM: The Price Is Right	21 Senior Citizen Day AM: 1:1 Exercise DINE IN PM: Ice Cream Social	22
23	24 National Waffle Day AM: Waffle Cart PM: 1:1 Time	25 National Banana Split Day AM: Spa Manicures PM: Arm Chair Travel	26 AM: 1:1 Time PM: Fresh Lemonade Snack Social (Chex Mix)	27 AM: Bible Study PM: Spin It To Win It	28 AM: 1:1 Exercise PM: Circus Cart	29
30	31 AM: 1:1 Time PM: Stick Figure Story Time		Calendars are subject to change. Activity Packets Daily!!	Therapeutic Circle available 5 days a week. Individualized Programming available 7 days a week.	NHC Ice Cream Parlor Open Monday-Friday	Cards, Books, Stationary Supplies & Magazines offered daily in Recreation Department.

fresh fruit Pops



HOW TO MAKE FRESH FRUIT POPS:

Start by gathering the fresh or frozen fruit you’d like to use. For these fruit popsicles I used frozen strawberries, fresh blueberries and bananas. Cut the fruit into thin slices or chop it into small pieces and add it to your popsicle mold. Fill the popsicle mold with apple juice and freeze the molds for at least 6 hours.