

# AUGUST 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 Horses' Birthday</b> 10:30 Exercise & Hydration (walk outside or inside dependent on weather) 11:00 Coloring Templates from famous artists born in August 2:00 Race Horse Game or Gospel Music in the Activity Room 3:00 Timeless Trivia & Healthy Snack Social	<b>2 International Forgiveness Day</b> 9:30 1:1's 10:00 Cheese/Crackers/Grapes 10:00 Pet Day Visit 10:15 Book Club 2:00 Bingo 3:00 CST Program & Ice Cream/Popsicle Social	<b>3 Watermelon Day</b> 10:15 Exercise & Hydration (seated exercises) 10:45 Doughnuts & Devotional 2:00 Pitch Pennies & Watermelon 3:00 Ice Cream/Popsicle/Music Social	<b>4 Chocolate Chip Cookie Day</b> 9:30 Manicures & Makeup 2:00 Movie & Movie Snacks 3:30 CST Program & Chocolate Chip Cookies	<b>5 National Waffle Day &amp; National Beer Day</b> 9:30 1:1's 10:30 Exercise & Hydration (Tai Chi) 10:45 Waffle Eating Contest & Music Social 2:00 Bingo for Prizes! 3:00 Pizza & O'Doul's Beer	<b>6</b> 10:30 Bingo w/ Brandy
<b>7</b> 3:30 Church Service	<b>8 International Cat Day</b> 10:30 Exercise & Hydration (walk outside or inside dependent on weather) 11:00 Coloring Artist Impressions & Word Puzzles 2:00 Cat Visit & Timeless Trivia 3:00 Healthy Snack Social	<b>9 Book Lovers Day</b> 9:30 1:1's 10:00 Cheese/Crackers/Grapes 10:15 Book Club 2:00 Bingo 3:00 CST Program 3:45 Music Social	<b>10 National S'mores Day</b> 10:15 Exercise & Hydration-Cornhole 10:45 Doughnuts & Devotional 1:30 Making Back to School Bags 2:00 Under the Sea Visors 3:00 Making S'mores & Music Social	<b>11</b> 9:30 Manicures & Makeup Patient Shopping 2:00 Movie & Movie Snacks 3:30 CST Program & Ice Cream/Popsicle Social	<b>12 International Youth Day</b> 9:30 1:1's 10:30 Exercise & Hydration-Yoga 10:45 Bean Bag Toss 1:30 Outside Water Palooza-Waterslide, Water Balloons, Water Guns, Sprinklers, and Snow Cones, outside with Youth Group	<b>13</b> Happy Saturday! Independent Supplies Available in the Activity Room
<b>14</b> 3:30 Church Service	<b>15</b> 10:30 Exercise & Hydration (walk outside or inside dependent on weather) 10:45 Therapeutic Figure 8 Art 2:00 Resident Council 2:30 Timeless Trivia on DVD in Dining Room and/or Gospel Music in Activity Room 3:00 Healthy Snack Social	<b>16 Tell A Joke Day</b> 9:30 1:1's 10:00 Cheese/Crackers/Grapes 10:15 Book Club 2:00 Bingo 3:00 CST Program & Ice Cream/Popsicle Social 3:45 Funny Videos	<b>17</b> 10:15 Exercise & Hydration-Basketball 10:45 Doughnuts & Devotional 2:00 Board Games 3:00 Puzzles, Music & Watermelon Snack Social	<b>18</b> 9:30 Manicures & Makeup w/ Elara Caring-Hospice Meal of the Month 2:00 Movie & Movie Snacks 3:30 CST Program & Ice Cream/Popsicle Social	<b>19 End of Summer Beach Party</b> 9:30 1:1's 10:30 Exercise & Hydration-Horse Shoes 1:30 End of Summer Beach Party-Beach Volleyball, Music w/ Chad Stone, Beach Snacks & Fresh Squeezed Lemonade	<b>20</b> 10:30 Bingo w/ Brandy
<b>21</b> 3:30 Church Service	<b>22</b> 10:30 Exercise & Hydration (walk outside or inside dependent on weather) 10:45 Bird Watching 2:00 Timeless Trivia on DVD in Dining Room and/or Gospel Music in the Activity Room 3:00 Healthy Snack Social	<b>23</b> 9:30 1:1's 10:00 Cheese/Crackers/Grapes 10:15 Book Club 2:00 Bingo 3:00 CST Program & Ice Cream/Popsicle Social	<b>24</b> 10:15 Exercise & Hydration-Dancing 10:45 Doughnuts & Devotional 2:00 Making Jewelry w/ Mary Jo 3:00 Music Social w/ Veggies & Dip	<b>25</b> 9:30 Manicures & Makeup Patient Shopping Dine In 2:00 Movie & Movie Snacks 3:30 CST Program & Ice Cream/Popsicle Social	<b>26 Daffodil Day</b> 9:30 1:1's 10:30 Exercise & Hydration-Balloon Volleyball 11:00 Coloring Daffodil's 2:00 Bingo & Birthday Party Celebration with Crown Hospice, Poplar Bluff	<b>27</b> Happy Saturday! Independent Supplies Available in the Activity Room
<b>28</b> 3:30 Church Service	<b>29</b> 10:30 Exercise & Hydration- Mini Golf & Wii Games 2:00 Timeless Trivia on DVD in Dining Room and/or Gospel Music in the Activity Room 3:00 Healthy Snack Social	<b>30</b> 9:30 1:1's 10:00 Cheese/Crackers/Grapes 10:15 Book Club 2:00 Bingo w/ VNA Hospice 3:00 CST Program & Ice Cream/Popsicle Social	<b>31 Trail Mix Day</b> 10:15 Exercise/Hydration-Bowling 10:45 Doughnuts & Devotional 2:00 Card Games 3:00 Trail Mix Bar with Annalea from Legacy Hospice			
	<b>*Playing the Wii &amp; watching movies-in activity room M-F*</b>	<b>*Outdoor Activities Dependent On Weather*</b>	<b>*Calendars Are Subject to Change*</b>	<b>Independent Activity Supplies Available 24/7 in Activity Room.</b>	<b>Individualized Programming to fit the need of the residents.</b>	<b>NHC Ice Cream Parlor Open Monday-Friday</b>

# Bootheel Commons August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<b>1 Horses' Birthday</b>  9:15 1:1's 9:45 Race Horse Game 3:15 3X Rainbow Coloring & Music Social 4:00 Healthy Snack Social	<b>2 International Forgiveness Day</b>  9:15 Manicures 10:00 Pet Day Visit 2:00 Puzzles 3:15 Therapeutic Circle 4:00 Ice Cream/Popsicle Social	<b>3 Watermelon Day</b>  9:15 1:1's 9:45 Gospel Music, Devotional & Prayer 10:15 Treasure Hunt 2:00 Color & Shape Matching Game 3:15 Exercise & Hydration-Seated Exercises 4:00 Watermelon & Music Social	<b>4 Chocolate Chip Cookie Day</b>  9:30 Hair & Makeup 2:00 Bingo 3:00 Therapeutic Circle 3:45 Movie Mania w/ Chocolate Chip Cookies	<b>5</b>  9:30 Sing-a-long & Nursery Rhymes Quiz 10:00 Silhouette Game 2:00 Beach Reminiscing 3:15 Exercise & Hydration-walk 4:00 Pizza & Music Social	<b>6</b>  Independent Coloring & Puzzles Available	
<b>7</b>  3:00 Church Service	<b>8 International Cat Day</b>  9:15 1:1's 9:45 Timeless Trivia 10:30 Hot Potato Game 2:30 Cat Visit 3:00 FLIP Cards & Dice Matching Game & Healthy Snack	<b>9 Book Lovers Day</b>  9:15 Manicures 2:00 Puzzles 3:00 Book-Short Stories 3:15 Therapeutic Circle 4:00 Ice Cream/Popsicle Social	<b>10 National S'mores Day</b>  9:15 1:1's 9:45 Gospel Music, Devotional & Prayer 10:15 Things That Go Together 2:00 Cartoon Characters Matching Game 3:15 Exercise & Hydration-Yoga 4:00 Making S'mores & Music Social	<b>11</b>  9:30 Hair & Makeup Patient Shopping 2:00 Bingo 3:00 Therapeutic Circle 3:45 Movie Mania w/ Movie Snacks	<b>12 International Youth Day</b>  9:30 Sing-a-long & Nursery Rhymes 10:00 Red or Black Game 2:00 Show & Tell Reminiscing 3:00 Exercise & Hydration-Tai Chi 3:45 Wheel of Fortune w/Dice & Youth Group	<b>13</b>  Independent Coloring & Puzzles Available	
<b>14</b>  3:00 Church Service	<b>15</b>  9:15 1:1's 9:45 Timeless Trivia 2:00 Coloring By Numbers 3:00 Music Social 3:30 Healthy Snack Social	<b>16 Tell A Joke Day</b>  9:15 Manicures 10:30 Funny Videos 2:00 Puzzles 3:00 Pass the Ball-Stop Music 3:15 Therapeutic Circle 4:00 Ice Cream/Popsicle Social	<b>17</b>  9:15 1:1's 9:45 Gospel Music, Devotional & Prayer 10:15 Play Dough 2:00 Card Concentration 3:00 Under the Sea Visors 3:45 Exercise & Hydration-Dancing	<b>18</b>  9:30 Hair & Makeup Meal of the Month 2:00 Bingo 3:00 Therapeutic Circle 3:45 Movie Mania w/ Movie Snacks	<b>19</b>  9:30 Sing-a-long & Nursery Rhymes Quiz 10:00 Playing in the Sand 2:00 Balloon Volleyball 3:00 Snow Cones & Beach Music	<b>20</b>  Independent Coloring & Puzzles Available	
<b>21</b>  3:00 Church Service	<b>22</b>  9:15 1:1's 9:45 Sentimental Reflections 2:00 Who Am I? Guessing Game 3:15 Alphabet Game 3:30 Healthy Snack & Music Social	<b>23</b>  9:15 Manicures 2:00 Puzzles 3:00 DIY Yarn Braid 3:30 Therapeutic Circle 4:00 Ice Cream/Popsicle Social	<b>24</b>  9:15 1:1's 9:45 Gospel Music, Devotional & Prayer 10:15 Stringing Beads 2:00 Baking Cookies 3:00 Music Social 3:45 Exercise & Hydration-	<b>25</b>  9:30 Hair & Makeup Patient Shopping 2:00 Jingo 3:00 Therapeutic Circle 3:45 Movie Mania w/ Watermelon & Fresh squeezed Lemonade	<b>26 Daffodil Day</b>  9:30 Sing-a-long & Nursery Rhymes 10:00 Painting Daffodil's 2:00 Hangman w/ Dice 3:00 Name the Car Logos 3:30 Exercise & Hydration-Bowling	<b>27</b>  Independent Coloring & Puzzles Available	
<b>28</b>  3:00 Church Service	<b>29</b>  9:15 1:1's 9:45 Sentimental Reflections 2:00 Music Social 3:00 Therapeutic Figure 8 Art 3:45 Healthy Snack Social	<b>30</b>  9:15 Manicures 2:00 Puzzles 3:00 Match Ups 3:30 Therapeutic Circle 4:00 Ice Cream/Popsicle Social	<b>31 Trail Mix Day</b>  9:15 1:1's 9:45 Gospel Music, Devotional & Prayer 10:15 Card Games 2:00 Reminiscing Vintage Photos 3:00 Music Social & Trail Mix Bar 3:45 Exercise & Hydration-Horseshoes				
			<b>*Calendars are Subject to change*</b>	<i>Independent Activity Supplies available 24/7 in Activity Room.</i>	Individualized Programming to fit the need of the residents.	<i>NHC Ice Cream Parlor Open Monday-Friday 9AM-4PM</i>	<i>Cards</i>