

MAY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 3:30 Church Services	2 10:30 Exercise/Hydration 10:45 Painting-Word Puzzles 2:00 Gospel Music 3:00 Snack Social-Yogurt Parfaits	3 9:30 1:1's 10:00 Pet Therapy 10:00 Cheese/Crackers/ Grapes 10:15 Book Club 2:00 Bingo	4 Nat'l Hoagie Day 10:15 Exercise/Hydration 10:45 Donuts & Devotional 2:00 May the 4th be with you Social 2:30 Bowling & Music Social 3:00 Snack Social-Hoagie's	5 Nat'l Day of Prayer Cinco De Mayo 9:30 Rev. Jimmy Davis 9:45 Manicures 10:30 Patient Shopping 11:45 Cinco De Mayo Lunch 2:00 Piñata, Walking Tacos, Fried Ice Cream & Music	6 9:30 1:1's 10:30 Exercise 10:45 Round Up 1:30 Mother's Day Celebration 2:00 Bingo for prizes!	7 10:30 Bingo with Kay	
8 MOTHER'S DAY 3:30 Church Services	9 Nat'l Shrimp Day 10:30 Exercise/Hydration 10:45 Coloring/Word Puzzles 2:00 Gospel Music 3:00 Snack Social-Fried Shrimp	10 9:30 1:1s 10:00 Cheese/Crackers/ Grapes 10:15 Book Club 2:00 Bingo	11 10:15 Exercise/Hydration 10:45 Donuts & Devotional 1:15 Watch Cupcake Wars 2:00 Cupcake Decorating W/Sweet Mayhem Owner, Chad Stone	12 9:30 Manicures & Makeup MEAL OF THE MONTH 1:00 Look Up @ The Sky with movie snacks 2:00 Gift wrapping nurses' gifts	13 Nat'l Apple Pie Day 9:30 1:1's 10:30 Exercise 10:45 Nerf Gun Shooting 2:00 Bingo for prizes! 3:00 Snack Social-Apple Pie	14 Independent Supplies Available	
15 3:30 Church Services	16 10:30 Exercise/Hydration 10:45 Painting Outside 2:00 Resident Council 3:00 Snack Social	17 Nat'l Cherry Cobbler Day 9:30 1:1s 10:00 Cheese/Crackers/ Grapes 10:15 Book Club 2:00 Bingo 3:00 Cherry Cobbler	18 I Love Reese's Day & Visit Your Relatives Day! 10:15 Exercise/Hydration 10:45 Donuts & Devotional 2:00 Making Bead Necklaces w/Mary Jo!! 3:00 Reese's & Music	19 9:30 Manicures & Makeup PATIENT SHOPPING 1:30 Bird Watching Outside 2:00 Movie Mania with Popcorn, cheese puffs & sodas	20 9:30 1:1's 10:30 Exercise 10:45 Balloon Volleyball 2:00 Bingo for prizes!	21 10:30 Bingo with Brandy	
22 3:30 Church Services	23 World Turtle Day 10:30 Exercise/Hydration 10:45 Coloring Turtles, Turtle Visit & Turtle Trivia 2:00 Gospel Music 3:00 Snack Social	24 9:30 1:1s 10:00 Cheese/Crackers/ Grapes 10:15 Book Club 2:00 Bingo 3:00 Snack Social-Peanut Butter & Chocolate Cres-	25 Nat'l Senior Health & Fitness Day 10:15 Exercise 10:45 Donuts & Devotional 1:30 Pitch Pennies 2:45 Hashbrowns/Music 3:00 Nat'l Tap Dancing Day w/Aynslea McCurry	26 9:30 Manicures & Makeup 12:00 DINE IN 1:30 Take A Stroll Outside 2:00 Movie Mania with Popcorn, cheese puffs & sodas	27 9:30 1:1's 10:30 Exercise 10:45 Horseshoes 2:00 Birthday Party Memorial Day Party	28 Independent Supplies Available	
29 3:30 Church Services	30 Memorial Day 10:30 Exercise/Hydration 10:45 Coloring/Word Puzzles 2:00 Gospel Music 3:00 Snack Social	31 Nat'l Macaroon Day 9:30 1:1s 10:00 Cheese/Crackers/ Grapes 10:15 Book Club 2:00 Bingo 3:00 Snack-Macaroon's					
	*Playing the Wii & Watching Movies-in Activity Room M-F with reservation	*Outdoor Activities Dependent On Weather*	*Calendars are Subject to change*	Independent Activity Supplies available 24/7 in Activity Room.	Individualized Programming to fit the need of the residents.	NHC Ice Cream Parlor Open M-F 9:00-4:00	Cards

Bootheel Commons May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 3:00 Church Service	2 9:15 1:1's 9:30 CST Program 3:30 Painting	3 9:15 Manicures 9:30 Pet Therapy 3:30 Healthy Snack 3:45 Therapeutic Circle	4 Nat'l Hoagie Day 9:30 1:1's 9:45 Gospel Music & Devotional Prayer 3:15 Red or Black Card Game 3:30 Exercise w/Sundowner Music & Hoagies	5 Nat'l Day of Prayer 9:45 Rev. Jimmy Davis 10:00 Hair & Makeup Cinco De Mayo Party 1:00 Taco Piñata Fried Ice Cream & Hispanic Music	6 9:30 Sing-a-long & Nursery Rhymes Quiz 9:45 CST/Music Therapy 3:15 Mothers Day Honors w/Flower & Cupcake 3:30 Exercise w/Music	7 Independent Coloring & Puzzles Available	
8 Mother's Day 3:00 Church Service	9 9:15 1:1's 9:30 CST Program 3:30 Coloring/Drawing	10 9:15 Manicures 3:30 Healthy Snack 3:45 Therapeutic Circle	11 9:30 1:1's 9:45 Gospel Music & Devotional Prayer 3:00 Cupcake Decorating 3:30 Exercise w/Sundowner Music & Hydration	12 9:30 Hair & Makeup 3:30 Ice Cream 3:45 Therapeutic Circle	13 Nat'l Apple Pie Day 9:30 Sing-a-long & Nursery Rhymes Quiz 9:45 CST/Music Therapy 3:15 Exercise w/Music 3:30 Apple Pie & Ice Cream	14 Independent Coloring & Puzzles Available	
15 3:00 Church Service	16 9:15 1:1's 9:30 CST Program 3:30 MOMA Alzheimer's Art	17 9:15 Manicures 3:30 Healthy Snack 3:45 Therapeutic Circle	18 I Love Reese's Day 9:30 1:1's 9:45 Gospel Music & Devotional Prayer 3:15 Guess the Silhouette 3:30 Exercise w/Sundowner Music & Reese's	19 9:30 Hair & Makeup 3:30 Ice Cream 3:45 Therapeutic Circle	20 9:30 Making Dream Catchers—Craft 9:45 CST/Music Therapy 3:30 Exercise w/Sundowner Music & Hydration	21 Independent Coloring & Puzzles Available	
22 3:00 Church Service	23 World Turtle Day 9:15 1:1's 9:30 CST Program 3:30 Coloring Pictures of Turtles and Turtle Visit	24 9:15 Manicures 3:30 Healthy Snack 3:45 Therapeutic Circle	25 Nat'l Tap Dance Day 9:30 1:1's 9:45 Gospel Music & Devotional Prayer 3:15 Tap Dancing with Aynslea McCurry 3:30 Nat'l Senior Health & Fitness Day Exercise	26 9:30 Hair & Makeup 3:30 Ice Cream 3:45 Therapeutic Circle	27 9:30 Sing-a-long & Nursery Rhymes Quiz 9:45 CST/Music Therapy 3:15 Exercise w/Music 3:30 Birthday Party & Memorial Day Celebration	28 Independent Coloring & Puzzles Available	
29 3:00 Church Service	30 Memorial Day 9:15 1:1's 9:30 CST Program 3:30 Coloring/Drawing Flags & Soldiers	31 Nat'l Macaroon Day 9:15 Manicures 3:30 Macaroons 3:45 Therapeutic Circle					
			Calendars are Subject to change	Independent Activity Supplies available 24/7 in Activity Room.	Individualized Programming to fit the need of the residents.	NHC Ice Cream Parlor Open M-F 9:00-4:00	C a r d s