

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY BS - Beauty Shop C - Cooper Day Room FW - Facility Wide LEC - Life Enrichment Center W - Wando Day Room				9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM New Month...New Calendar! (FW) 1:30 PM Nature DVDS (W) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Saturday Morning Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Resident Led Activities (FW) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	Labor Day 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Table Ball (W) 10:30 AM Labor Day Crafts (LEC) 2:30 PM Labor Day Bingo Social (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 10:00 AM Room Visits (FW) 10:30 AM MyndVR- Virtual Reality (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Chatting by the Birds (Bird Cage) 10:30 AM Roll-A-Picture Craft & Game (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:30 PM Evening Bingo (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Calendar Planning (LEC) 10:30 AM Gardening Club (Courttyard) 1:30 PM Nature DVDS (W) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Saturday Morning Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
NHC HOUSEKEEPING WEEK 11-17 9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Bowling (W) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Jewelry Making (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Balloon Volley (W) 10:15 AM Encouragers Music LIVE (Main Dining Room) 2:30 PM Bingo (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ping Pong Toss (W) 10:00 AM Room Visits (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM Quench your Thirst Tuesday (FW) 2:30 PM Matinee Movie Tuesday (LEC) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Courtyard Chats (Courttyard) 10:30 AM Music Therapy with Traci Z. (LEC) 1:30 PM Resident Council (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:30 PM Evening Bingo (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM Nail Care (FW) 1:30 PM Nature DVDS (W) 2:30 PM Tony Washington Sings LIVE (LEC) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:15 AM Jim Seem Plays the Oldies (LEC) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Saturday Morning Exercise (W) 10:30 AM Saturday Baking (FW) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Office Assistants Group (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Batting Practice (W) 10:30 AM Arts & Crafts (LEC) 2:30 PM Bingo (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ring Toss (W) 10:00 AM Room Visits (FW) 10:30 AM MyndVR- Virtual Reality (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Chatting by the Birds (Bird Cage) 10:30 AM Roll-A-Picture Craft & Game (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW) 5:30 PM Evening Bingo (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM First Day of Autumn Craft (LEC) 1:30 PM Nature DVDS (W) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Indoor Fishing! (W) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 10:30 AM Saturday Morning Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Bowling (W) 10:00 AM Walk in the Word TV (CH 47) 10:15 AM Worship Service w Rev Platt (Dining Room) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Reminiscing & Trivia (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Balloon Volley (W) 10:30 AM Jumbo Ball Game (Ashley Day Area) 10:30 AM Arts & Crafts (LEC) 2:30 PM Bingo (LEC) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Ping Pong Toss (W) 10:00 AM Lovely Hymns LIVE (Main Dining Room) 10:00 AM Room Visits (FW) 2:30 PM Quench your Thirst Tuesday (FW) 2:30 PM Matinee Movie Tuesday (LEC) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Courtyard Chats (Courttyard) 10:30 AM Music Therapy with Traci Z. (LEC) 2:30 PM Monthly Birthday (FW) 4:15 PM Afternoon Visits (FW) 5:30 PM Evening Bingo (LEC)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM National Coffee Day Social (LEC) 1:30 PM Nature DVDS (W) 2:30 PM Nail Care (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM NHC Welcome baskets (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	

September 2022

NHC Charleston 2230 Ashley Crossing Drive 29414 (843)766-5228

