

SUN	MON	TUE	WED	THUR	FRI	SAT
9:00 AM Morning Inspiration (FW) 30 10:00 AM Walk in the Word TV (CH 47) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Story Lines (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 31 9:30 AM Morning Visits (FW) 10:30 AM Arts & Crafts (LEC) 2:30 PM Bingo (LEC) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	LOCATION KEY BS - Beauty Shop C - Cooper Day Room FW - Facility Wide LEC - Life Enrichment Center W - Wando Day Room				New Year's Day 1 9:00 AM Morning Inspiration (FW) 10:00 AM Frog Toss (LEC) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 2 9:30 AM Sunday Bowling (W) 10:00 AM Walk in the Word TV (CH 47) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Reminiscing & Trivia (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 3 9:30 AM Morning Visits (FW) 10:15 AM Encouragers Music LIVE (Main Dining Room) 2:30 PM Bingo (LEC) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 4 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Room Visits (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM Prize Cart (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 5 9:30 AM Morning Visits (FW) 10:30 AM Roll-A-Picture Craft & Game (LEC) 2:30 PM Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 6 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM Nail Care (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzle Packs (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 7 9:30 AM Morning Visits (FW) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzles and Table Games (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 8 10:30 AM Office Assistants Group (LEC) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 9 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Coloring Crafts (FW) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 10 9:30 AM Morning Visits (FW) 10:30 AM MyndVR-Virtual Reality (FW) 2:30 PM Bingo (LEC) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 11 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Room Visits (FW) 10:30 AM National Pizza Week (Time to Bake) (LEC) 2:30 PM Prize Cart (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 12 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Music Therapy with Traci Z. (LEC) 1:30 PM Resident Council (LEC) 2:30 PM Bingo (LEC) 2:30 PM Room Visits (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 13 9:30 AM Morning Visits (FW) 9:45 AM Morning Exercise (W) 10:00 AM Calendar Planning (LEC) 10:30 AM Nail Care (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzle Packs (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 14 9:30 AM Morning Visits (FW) 9:45 AM Indoor Fishing! (W) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM Photo Hunt (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 15 10:30 AM National Hat Day (Craft Time) (LEC) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
9:00 AM Morning Inspiration (FW) 16 10:00 AM Walk in the Word TV (CH 47) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Wheel of Word Games (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	Martin Luther King Jr. Day 17 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 9:45 AM Bidding Practice (W) 10:30 AM Martin Luther King day crafts (LEC) 2:30 PM Bingo (LEC) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 18 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Room Visits (FW) 10:30 AM Time to Bake! (LEC) 2:30 PM Prize Cart (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 19 9:30 AM Morning Visits (FW) 10:30 AM National Popcorn Day! (FW) 2:30 PM Bingo (LEC) 2:30 PM Room Visits (FW) 3:45 PM Alliance of Dog Therapy (LEC) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 20 9:30 AM Morning Visits (FW) 9:45 AM Bowling! (W) 10:30 AM Nail Care (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzle Packs (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 21 9:30 AM Morning Visits (FW) 10:15 AM Jim Seem Plays the Oldies (LEC) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzles and Table Games (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 22 10:15 AM Parachute Exercise (W) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)
National Activity Professional Week 23 9:00 AM Morning Inspiration (FW) 9:30 AM Sunday Morning Balloon Volleyball (C) 10:00 AM Walk in the Word TV (CH 47) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Viewer's Choice Movie (C) 2:30 PM Sunday Baking (LEC) 4:15 PM Afternoon Visits (FW) 7:00 PM Live 5 News Ch. 5 (TV)	9:00 AM Morning Inspiration (FW) 24 9:30 AM Morning Visits (FW) 9:45 AM Jumbo Ball Game (C) 10:30 AM MyndVR-Virtual Reality (FW) 2:30 PM Bingo (LEC) 4:15 PM Afternoon Visits (FW) 7:30 PM Jeopardy Channel 2 (TV)	8:30 AM Hair by Mari (BS) 25 9:00 AM Morning Inspiration (FW) 9:30 AM Morning Visits (FW) 10:00 AM Lovely Hymns LIVE (Main Dining Room) 10:00 AM Room Visits (FW) 2:30 PM Prize Cart (FW) 2:30 PM Quench your Thirst Tuesday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 26 9:30 AM Morning Visits (FW) 10:00 AM Music Therapy VISITS! (FW) 10:30 AM Music Therapy with Traci Z. (LEC) 2:30 PM Monthly Birthday (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 27 9:30 AM Morning Visits (FW) 9:45 AM Morning Exercise (W) 10:30 AM Nail Care (FW) 1:30 PM Nature DVDS (W) 2:30 PM Puzzle Packs (FW) 4:15 PM Afternoon Visits (FW)	9:00 AM Morning Inspiration (FW) 28 9:30 AM Morning Visits (FW) 9:45 AM Indoor Fishing! (W) 10:30 AM Independent Activity Cart Comes to You (FW) 1:30 PM Nature DVDS (W) 2:30 PM Riddle Me Fridays (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Lifetime series or movie (TV)	9:00 AM Morning Inspiration (FW) 29 10:30 AM Saturday Baking (FW) 1:30 PM Sing-Along DVDs (W) 2:30 PM Saturday Bingo (LEC) 4:15 PM Afternoon Visits (FW) 6:00 PM Resident Choice (FW)

January 2022

NHC Charleston 2230 Ashley Crossing Drive 29414 (843)766-5228

