

# NHC RECREATION TEAM: RYAN GRAY AND CONNIE MCALLISTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> 	<div>2</div> 10:30am – Coffee and Wakeup Time  2:30pm – BingoFIT	<div>3</div> 10:30am – Dominoes  2:30pm – Patio Time (weather permitting)	<div>4</div> 10:30am – YouTube Music Videos  2:30pm – Music with Curt Matheson	<div>5</div> 10:30am – Ryan Gray paints  2:30pm – BINGO  <small>Cinco de Mayo</small>	<div>6</div> 10:30am – Mother's Day Refreshments  2:30 – Music by Raymond Akers	<div>7</div> Leisure items and family visits.
<div>8</div> 	<div>9</div> 10:30am - Manicures  2:30pm – BingoFIT	<div>10</div> 10:30am – Comfort/Leisure Cart  2:30 – Collage Art	<div>11</div> 10:30am – Devotions and Prayer  2:30pm – BINGO	<div>12</div> 10:30am – Drink Cart (traveling)  2:30 pm – Air Fryer Snacks	<div>13</div> 10:30am – Cinnamon Rolls  2:30: Saxophone music by Arron Howard	<div>14</div> Leisure items and family visits.
<div>15</div> Religious programs on TBN (Channel 21)	<div>16</div> 10:30am – Coffee and Wakeup Time  2:30pm - BingoFIT	<div>17</div> 10:30am – Painting birdhouses  2:30pm - Milk and Cookies	<div>18</div> 10:30am – YouTube Music Videos  2:30pm - BINGO	<div>19</div> 10:30am – Dominoes  2:30pm – Patio Time (weather permitting)	<div>20</div> 10:30am – Weekly News and Donuts  2:30pm: Movie - <i>SISTER ACT</i>	<div>21</div> Leisure items and family visits.
<div>22</div> Religious programs on TBN (Channel 21)	<div>23</div> 10:30am – Manicures  2:30pm - BingoFIT  <small>Victoria Day (Canada)</small>	<div>24</div> 10:30am – Private Visits  2:30pm – Painting Flowerpots	<div>25</div> 10:30am – Devotions and Prayer  2:30pm - BINGO	<div>26</div> 10:30am – Comfort/Leisure Cart  2:30 – Karaoke Singers	<div>27</div> 10:30am – Reading with Ryan  2:30pm – Patio Time (weather permitting)	<div>28</div> Leisure items and family visits.
<div>29</div> Religious programs on TBN (Channel 21)	<div>30</div> 10:30am – Memorial Day Refreshments  2:30pm – BingoFIT ( <b>RESIDENT COUNCIL after</b> )  <small>Memorial Day</small>	<div>31</div> 10:30am – Tissue Paper Tree Craft  2:30pm – Patio Time (weather permitting)	 <p><b>May 2022</b>                      Leisure items are available all day, every day on Second Floor "Grab N'Go" Board, or in Third Floor Activity Room.</p>			

**ALL ACTIVITIES/EVENTS ARE SUBJECT TO CHANGE.**