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NHC ANNOUNCES NEW CHIEF INFORMATION OFFICER

MURFREESBORO, Tenn. — [National HealthCare Corporation](#) (NYSE MKT: NHC) announced today that long-time health care technology leader B. Anderson “Andy” Flatt has joined the company as Senior Vice President and Chief Information Officer.

Andy Flatt brings more than 32 years of experience in health care technology to NHC. He comes to the company from Corizon Health, an industry leader in correctional healthcare, where he served as Senior Vice President and Chief Information Officer. Previously, he served as Senior Vice President, Chief Information Officer for Cigna-HealthSpring from 2006-2014, and AIM Healthcare Services (now Optum) from 2000-2006. Prior to those roles, Andy served in technology management positions at Hospital Corporation of America (HCA) and Baptist Hospital in Nashville, Tennessee.

In announcing the news, Steve Flatt, Chief Executive Officer of NHC, said, “Andy has established an outstanding reputation for innovation and results in the realm of information technology, an area that will continue to be a critical part of the effective delivery of care for our patients. We are pleased to add him to our NHC team. His knowledge and experience will benefit all of our operations.”

Andy Flatt co-founded MIQS, Inc., an award-winning EMR company after beginning his career as a software developer for Dialysis Clinic, Inc. He has led teams that have been globally recognized for many industry achievements including: Computerworld's Laureate Award Winning Team (2009); Wintercorp recognition for the world's largest Windows-based transactional database (2005); Cisco large-scale VoIP telephony early adoption (2001); and Smithsonian Award Finalist for early use of electronic medical records (1998). He was also recognized by the Nashville Business Journal as a 2015 CIO Award Winner, 2014 Health Care Hero of IT and was named twice (2011 and 2012) a Power Leader in Technology. He was also honored twice at the Nashville Technology Council's 2011 Awards Gala as CIO and Volunteer of the Year.

Flatt serves on the Board of Directors for Ascend Federal Credit Union and Second Harvest Food Bank of Middle Tennessee. He served on the Board of the Nashville Technology Council for ten years, serving as Board Chair for the 2009-

2011 term. During his chairmanship, he instituted a program with MTSU and 12 other Middle Tennessee universities to partner with the Council on technology education.

Flatt has also served his alma mater, Lipscomb University, as the chair of the College of Computing and Technology Advisory Board and the College of Business Alumni Board.

About NHC

NHC affiliates operate for themselves and third parties 74 long-term health care centers with 9,398 beds. NHC affiliates also operate 36 homecare programs, five independent living centers and 21 assisted living communities. NHC's other services include memory care communities, long-term care pharmacies, hospice, a rehabilitation services company, and providing management and accounting services to third parties. Other information about the company can be found on our web site at www.nhccare.com.

Forward-Looking Statements

Statements in this press release that are not historical facts are forward-looking statements. NHC cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. The risks and uncertainties are detailed from time to time in reports filed by NHC with the S.E.C., including Forms 8-K, 10-Q and 10-K, and include, among others, the following: liabilities and other claims asserted against us and patient care liabilities, as well as the resolution of current litigation; availability of insurance and assets for indemnification; national and local economic conditions; including their effect on the availability and cost of labor, utilities and materials; the effect of government regulations and changes in regulations governing the healthcare industry, including our compliance with such regulations; changes in Medicare and Medicaid payment levels and methodologies and the application of such methodologies by the government and its fiscal intermediaries; and other factors referenced or incorporated by reference in the S.E.C. filings. The risks included here are not exhaustive. All forward-looking statements represent NHC's best judgment as of the date of this release.

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