












All activities are subject to change.

Ask your CNA for in-room supplies such as word search, coloring, reading, and magazines when the Life Enrichment Partners are unavailable.

March 2025

Holston Health & Rehabilitation Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00 Weekend Packet 1 1:00 Movie Matinee in West Living Room
1:00 Pet Therapy with Finnegan 2 2:00 Worship with Temple Baptist	9:00 Nails 100-200 3 11:00 Gameshows 2:00 Mardi Gras Traditions 6:00 Creative Coloring	8:30 Focus Paper 4 11:00 Chair Exercise and Brain Games 2:00 Mardi Gras Bingo 	9:30 Beauty Shop 5 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Bourbon Street Festivities	9:15 1:1 Fun! 6 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy w/ Bodie 2:00 Art Session: Shades of Green	9:15 Virtual Laptops 7 10:30 Pet Therapy w/ Jack 11:00 Uplift 1:30 Men's Group 2:00 Concord Brass Band Birthday Party	9:00 Weekend Packet 8 1:00 Movie Matinee in West Living Room 
1:00 Pet Therapy with Finnegan 9 2:00 Worship with Temple Baptist	9:00 Nails 300 10 11:00 Gameshows 2:00 Lucky Limericks 6:00 Creative Coloring	8:30 Focus Paper 11 11:00 Chair Exercise and Brain Games 2:00 Big Bingo Bash	9:30 Beauty Shop 12 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Irish Gold Grab	9:15 1:1 Fun! 13 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy w/ Bodie 2:00 St. Patrick's Day Craft	9:15 Virtual Laptops 14 11:00 Uplift 2:00 Skittle Scatter Game	9:00 Weekend Packet 15 1:00 Movie Matinee in West Living Room
1:00 Pet Therapy with Finnegan 16 2:00 Worship with Temple Baptist	9:00 Nails 400 17 11:00 Gameshows 1:00 Resident Council 2:00 Tea Social w/ Harpist Debbie Cane  6:00 Creative Coloring	8:30 Focus Paper 18 11:00 Chair Exercise and Brain Games 2:00 Bingo	9:30 Beauty Shop 19 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Wild Blue Yonder	9:15 1:1 Fun! 20 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy w/ Bodie 2:00 Greeting Cards w/ Kathy	9:15 Virtual Laptops 21 10:30 Jack the dog 11:00 Uplift 2:00 Basket Ball Challenge	9:00 Weekend Packet 22 1:00 Movie Matinee in West Living Room
1:00 Pet Therapy with Finnegan 23 2:00 Worship with Temple Baptist	9:00 Nails 500-600 24 11:00 Gameshows 2:00 CNA Graduation 6:00 Creative Coloring	8:30 Focus Paper 25 11:00 Chair Exercise and Brain Games 2:00 Bingo	9:30 Beauty Shop 26 9:30 Scripture Cart 11:00 Chair Exercise and Brain Games 2:00 Story Club	9:15 1:1 Fun! 27 10:30 News & Westerns 11:00 Mystery Music 11:00 Pet Therapy w/ Bodie 2:00 Art Session	9:15 Virtual Laptops 28 11:00 Uplift 2:00 Wheel of Fortune	9:00 Weekend Packet 29 1:00 Movie Matinee in West Living Room
1:00 Pet Therapy with Finnegan 30 2:00 Worship with Temple Baptist	9:00 Nails 500-600 31 11:00 Gameshows 2:00 Cliff Atkins Ministry sing along 6:00 Creative Coloring			If you are interested in participating in our Big Bingo Bash, contact Kim or Rebecca! Cards are \$5		