









March 2025

NHC HealthCare Fort Sanders



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY Mardi Gras</p>	 <p>CELEBRATE WOMEN'S HISTORY 2025</p>		<p><u>LIFE ENRICHMENT TEAM</u> Carla Kinser, LE Director Cierra Henry, LE Assistant Emma Kate Wrather, LE (part-time) Kate McCarville, LE Intern Mia Lavi, LE Intern McKenzie Brooks, LE Intern</p>	<p><u>Calendar Legend</u></p> <p>All Day Entertainment Special Events</p>	<p><u>Locations Legend</u></p> <p>Rooms (RMS) Dining Room (DR) 2nd & 3rd Floor (2&3F) 3rd Floor (3FL) Activity Room (AR) Beauty Shop (BS) 2nd Floor (2FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 1</p> <p>2:00 MARDI GRAS PICTURES & PUZZLES (2&3F)</p>
<p>9:00 CURRENT EVENTS (RMS) 2</p>	<p>9:00 CURRENT EVENTS (RMS) 3</p> <p>10:30 MUSICAL MOMENTS (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MASQUERADE MONDAY (AR)</p>	<p>9:00 CURRENT EVENTS (RMS) 4</p> <p>10:30 MUSIC IN ME (RMS)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MARDI PARTY (DR)</p>	<p>9:00 CURRENT EVENTS (RMS) 5</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 WORSHIP WEDNESDAY (DR)</p> <p>ASH WEDNESDAY</p>	<p>9:00 CURRENT EVENTS (RMS) 6</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 BRENDAN BOOHER "Jazz Musician & Singer" (DR)</p> <p>4:00 CARD/BOARD GAMES (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 7</p> <p>10:00 BEAUTY SHOP (BS)</p> <p>10:30 FUN-N-GAMES "Party Pong" (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MARDI GRAS BINGO-FIT WITH THERAPY (DR)</p>	<p>9:00 CURRENT EVENTS (RMS) 8</p> <p>2:00 VISIT WITH PET LACEY (RMS)</p>
<p>9:00 CURRENT EVENTS (RMS) 9</p> <p>2:00 BIBLE STUDY WITH LINDA (3FL)</p> <p>2:30 GAMES WITH LINDA (3FL)</p> <p><small>SPRING FORWARD (Daylight Saving Time Begins)</small></p>	<p>9:00 CURRENT EVENTS (RMS) 10</p> <p>10:30 MOVIN' & GROOVIN' (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MATINEE MONDAY "Open Range" (2&3F)</p>	<p>9:00 CURRENT EVENTS (RMS) 11</p> <p>10:30 MUSIC IN ME (RMS)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 PADDY O' PAINTINGS WITH CARIS (AR)</p> <p>4:00 TEA & STORY TIME (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 12</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 WORSHIP WEDNESDAY (DR)</p> <p>6:30 VISIT WITH PET CASTOR (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 13</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 ST. PATTY'S PICTURES & PUZZLES (2&3F)</p>	<p>9:00 CURRENT EVENTS (RMS) 14</p> <p>10:00 BEAUTY SHOP (BS)</p> <p>10:30 FUN-N-GAMES "Shootin' Shamrocks" (2FL)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 HAPPY GO LUCKY HOUR (DR)</p> 	<p>9:00 CURRENT EVENTS (RMS) 15</p> <p>2:00 MEN'S GROUP (2&3F)</p>
<p>9:00 CURRENT EVENTS (RMS) 16</p> <p>2:00 WORSHIP WITH PASTOR BRAD (2FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 17</p> <p>10:30 SHAKE YOUR SHAMROCK (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MATINEE MONDAY "Wild Mountain Thyme" (2&3F)</p>  <p>HAPPY ST. PATRICK'S DAY!</p>	<p>9:00 CURRENT EVENTS (RMS) 18</p> <p>10:30 MUSIC IN ME (RMS)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 TASTY TUESDAY "Shamrock Shake Pudding Cups" (AR)</p>	<p>9:00 CURRENT EVENTS (RMS) 19</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 WORSHIP WEDNESDAY (DR)</p>	<p>9:00 CURRENT EVENTS (RMS) 20</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 TRAVELING THURSDAY (2&3F)</p> <p>4:00 CARD/BOARD GAMES (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 21</p> <p>10:00 BEAUTY SHOP (BS)</p> <p>10:30 FUN-N-GAMES "Shootin' Shamrocks" (3FL)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 SPRING FORWARD BINGO-FIT WITH THERAPY (DR)</p>	<p>9:00 CURRENT EVENTS (RMS) 22</p> <p>2:00 VISIT WITH PET LACEY (RMS)</p>
<p>9:00 CURRENT EVENTS (RMS) 23</p> <p>10:00 HOLY GHOST CATHOLIC CHURCH (RMS)</p> <p>2:00 BIBLE STUDY WITH LINDA (3FL)</p> <p>2:30 GAMES WITH LINDA (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 24</p> <p>10:30 MOVIN' & GROOVIN' (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MATINEE MONDAY "Cats" (2&3F)</p>	<p>9:00 CURRENT EVENTS (RMS) 25</p> <p>10:30 MUSIC IN ME (RMS)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 TRIVIA TUESDAY "Women's History Trivia" (2&3F)</p> <p>4:00 TEA & STORY TIME (3FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 26</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 WORSHIP WEDNESDAY (DR)</p> <p>6:30 VISIT WITH PET CASTOR (2FL)</p>	<p>9:00 CURRENT EVENTS (RMS) 27</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 RESIDENT COUNCIL (AR)</p>	<p>9:00 CURRENT EVENTS (RMS) 28</p> <p>10:00 BEAUTY SHOP (BS)</p> <p>10:30 FUN-N-GAMES "Horse Shoes" (2FL)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 SPRING BINGO-FIT (DR)</p>	<p>9:00 CURRENT EVENTS (RMS) 29</p> <p>2:00 BINGO-FIT (3FL)</p>
<p>9:00 CURRENT EVENTS (RMS) 30</p>	<p>9:00 CURRENT EVENTS (RMS) 31</p> <p>10:30 MUSICAL MOMENTS (2&3F)</p> <p>11:00 LUNCH BUNCH (DR)</p> <p>2:00 MATINEE MONDAY "A League of Their Own" honoring Women's History Month (2&3F)</p>	<p>BOOKS, PUZZLES, GAMES, MUSIC, CHROME BOOKS, & LIFE SKILLS AVAILABLE DAILY (24/7)</p>	<p><u>SUNDAY CHURCH SERVICES</u></p> <p>*Church Street UMC 8:30am - TV (Channel 8)</p> <p>*St. John's Episcopal Church 10:30am - TV (Channel 12)</p> <p>*First Baptist Church of Knoxville 11:00am - TV (Channel 7)</p>		 <p>CELEBRATE WOMEN'S HISTORY 2025</p>	 <p>Mardi Gras CARNIVAL</p>