



March 2025

NHC Place Farragut - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Soda Fountain (SF) One on One (1:1) Living Room (LR)		<u>Dimensions Of Wellness Legend</u> Social Spiritual Physical Intellectual				10:30 Activity Packets Available (SF) 3:00 BINGO (SF) 5:30 Resident Led- Pool Game (LR)
Activity Packets Available 2 10:30 Sunday Service (SF) 2:00 Catholic Visits with Darlene (1:1) 2:30 Resident Led- Card Games (SF)	9:30 Morning Exercise (SF) 3 10:30 Book Club- Short Stories and Devotions (LR) 2:00 BINGO (SF) 3:00 Afternoon Social (SF)	Mardi Gras 4 9:30 Morning Exercise (SF) 10:30 Piano Music with Jan (SF) 1:30 Friendship Bracelets with Patti (SF)	Ash Wednesday 5 9:30 Morning Exercise (SF) 10:30 Lunch at Longhorn Steakhouse (OF) 10:30 Devotions w/ Chaplain (SF) 2:30 Community Project (SF) 5:30 Diamond Art with Sarah (SF)	9:30 Morning Exercise (SF) 6 9:30 Rosary with Carol (1:1) 10:30 Random Trivia (SF) 2:00 Oreo Cookie Social (SF) 3:30 Devotions and Hymns with Karen and Jeff (SF)	9:30 Morning Exercise (SF) 7 10:30 Mardi Gras Games (SF) 1:30 Pet Therapy with Piper (1:1) 2:30 Mardi Gras Celebration (SF)	10:30 Activity Packets Available (SF) 8 1:30 Talent Show with Farragut High School Seniors (SF) 3:00 BINGO (SF) 5:30 Resident Led- Pool Game (LR)
Daylight Saving Time 9 10:30 Sunday Service (SF) 2:00 Catholic Visits with Darlene (1:1) 2:30 Resident Led- Card Games (SF)	9:30 Morning Exercise (SF) 10 10:30 Book Club- Short Stories and Devotions (LR) 10:30 Crafting Easter Cards with Renita (SF) 2:00 BINGO (SF)	9:30 Morning Exercise (SF) 11 10:30 Arts and Crafts- Door Hanger (SF) 1:30 Operation Christmas Child (SF) 3:15 Diamond Art with Sarah (SF)	9:30 Morning Exercise (SF) 12 10:30 Devotions with Chaplain Austin (SF) 2:00 Gardening Club- Learn about Butterflies (SF) 2:00 Community Project: Make Butterfly Feeders (SF)	9:30 Morning Exercise (SF) 13 9:30 Rosary with Carol (1:1) 10:30 Cranium Crunches (SF) 2:00 Seated Dancing (SF) 3:30 Devotions and Hymns with Karen and Jeff (SF)	9:30 Morning Exercise (SF) 14 10:30 Wheel of Fortune (SF) 1:30 Pet Therapy with Piper (1:1) 2:30 St. Patrick's Day Celebration (SF)	10:30 Activity Packets Available (SF) 15 3:00 BINGO (SF) 5:30 Resident Led- Pool Game (LR)
Activity Packets Available 16 10:30 Sunday Service (SF) 2:00 Catholic Visits with Darlene (1:1) 2:30 Resident Led- Card Games (SF)	St. Patrick's Day 17 9:30 Morning Exercise (SF) 10:30 Book Club- Short Stories and Devotions (LR) 10:30 Crafting Easter Cards with Renita (SF) 2:00 BINGO (SF)	9:30 Morning Exercise (SF) 18 10:30 Active Games (SF) 2:00 Resident Council (SF) 3:30 Diamond Art with Sarah (SF)	9:30 Morning Exercise (SF) 19 10:30 Devotions with Chaplain Austin (SF) 10:30 Shopping at Publix (OF) 2:30 Live Musical Entertainment w/ Timothy (DR)	First Day of Spring 20 9:30 Morning Exercise (SF) 9:30 Rosary with Carol (1:1) 10:30 Jeopardy (SF) 1:30 Butterfly Shadowbox (SF) 3:30 Devotions and Hymns with Karen and Jeff (SF)	9:30 Morning Exercise (SF) 21 10:30 National Park Series- Part 6 (SF) 10:30 Baking Club- Cinnamon Rolls (SF) 1:30 Pet Therapy with Piper (1:1) 2:30 Happy Hour (SF)	10:30 Activity Packets Available (SF) 22 3:00 BINGO (SF) 5:30 Resident Led- Pool Game (LR)
Activity Packets Available 23 10:30 Sunday Service (SF) 2:00 Catholic Visits with Darlene (1:1) 2:30 Resident Led- Card Games (SF)	9:30 Morning Exercise (SF) 24 10:30 Book Club- Short Stories and Devotions (LR) 2:00 BINGO (SF) 3:00 Afternoon Social (SF)	9:30 Morning Exercise (SF) 25 10:30 Guess the Movie Character Trivia (SF) 2:30 Live Music w/ John and Mitch (DR)	9:30 Morning Exercise (SF) 26 10:30 Devotions with Chaplain Austin (SF) 10:30 Lunch at Cracker Barrel (OF) 2:30 Relaxation and Spa Day (SF)	9:30 Rosary with Carol (1:1) 27 9:30 Morning News and Coffee (SF) 2:30 Monthly Birthday Party (SF) 3:30 Devotions and Hymns with Karen and Jeff (SF)	9:30 Morning Exercise (SF) 28 10:30 Gardening Club- Floral Arranging (SF) 1:30 Pet Therapy with Piper (1:1) 2:30 Happy Hour (SF) 3:00 Karaoke (SF)	10:30 Activity Packets Available (SF) 29 3:00 BINGO (SF) 5:30 Resident Led- Pool Game (LR)
Activity Packets Available 30 10:30 Sunday Service (SF) 2:00 Catholic Visits with Darlene (1:1) 2:30 Resident Led- Card Games (SF)	9:30 Morning Exercise (SF) 31 10:30 Book Club- Short Stories and Devotions (LR) 2:00 BINGO (SF) 3:00 Afternoon Social (SF)	Happy St.Patrick's Day				Activity Calendar is subject to change. Please check daily activity signs.